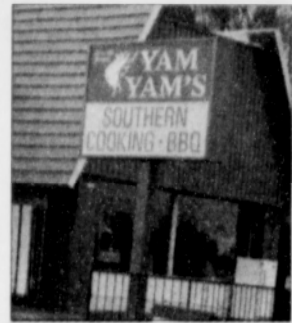




**Daylight Savings Time Ends**  
Clocks fall back 1 hour  
Sunday at 2 a.m.

**Drug Network Busted**  
Police say a major drug  
dealer used a local eatery  
for money laundering  
See page A2, inside



# The Portland Observer

'City of Roses'

Established in 1970

Committed to Cultural Diversity

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## Week in The Review

### Pilot Licenses Revoked

Government regulators Tuesday revoked the licenses of the two airline pilots who flew an Airbus passenger jet past their Minneapolis destination by 150 miles last week. The pilots told investigators they lost track of time and place while working on their laptop computers.

### Afghan War Dead Climbs

Roadside bombs -- the biggest killer of U.S. soldiers -- claimed eight more American lives Tuesday, driving the U.S. death toll in Afghanistan to a record level for the third time in four months.

### Gordly Supports Recall

Former state Sen. Avel Gordly has signed up as chief petitioner and spokesperson for the second attempt to recall Mayor Sam Adams. Gordly says voters should have a say in whether Adams keeps his job.



### Sex Trafficking Sting

Federal and local agencies rescued four children in a sex trafficking sting, authorities reported Monday. Eight adult "pimps" at five sites throughout the Portland area were taken into custody.

### Blazers' Batum Out

The day before their season opener, the Trail Blazers lose one of their starters. Nicolas Batum said he will be out three to five months, which means he'll miss most, and possibly, the entire season.



### World Series to Begin

The storied New York Yankees face off against the defending champion Philadelphia Phillies for game one in the World Series Wednesday. The potentially compelling matchup on Fox KPTV Channel 12 is expected to drive strong TV ratings.

### Jackson's Last Bow

Michael Jackson fans around the world readied for the singer's last bow Tuesday in a film that captures rehearsals for his aborted concert stand last summer. "This Is It" shows an enthusiastic King of Pop meticulously crafting his moves and performing some of his most beloved hits.

### Economic Worries



In a sign that talk of an economic recovery has yet to soothe a recession-battered nation, consumer confidence fell in October and came in well below what analysts were expecting.

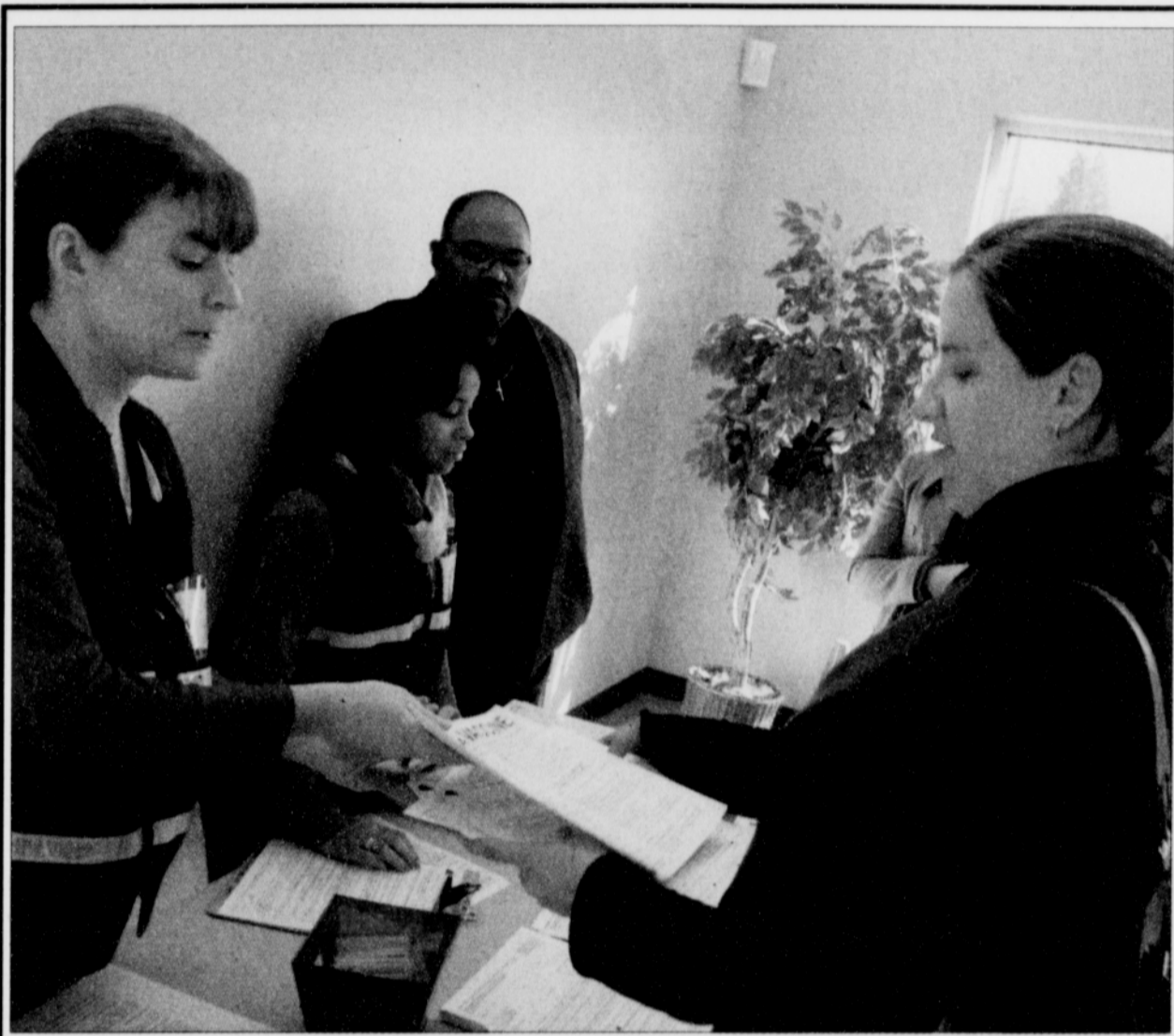


PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

## H1N1 Flu Emergency Declared

People line up for a H1N1 flu vaccine Saturday at Emmanuel Temple Church in north Portland. The Multnomah County Health Department was limiting the vaccines to pregnant women and children until more shipments of the vaccines arrive. On the same day, president Obama declared a health emergency to respond to the illness. See story, page A3.

## Investment in Bicycling Pays Dividends

Success now tied to early promotion

BY JAKE THOMAS  
THE PORTLAND OBSERVER

When Mia Birk took a job in the city of Portland's Transportation Bureau managing its new bike program in 1991, she knew promoting bicycling was something no other city had attempted, and wasn't sure it would work.

"It was an experiment, to be honest with you," she said.

But nearly two decades later, the experiment seems to have worked.

After the city poured money into bicycle infrastructure, over six percent of Portlanders now say two wheels are their primary means of transit. Portland regularly receives coverage from national media outlets for its unusual usage of bikes, and a slew of other cities are following the City of Roses' lead.

But city hall wants even more. Earlier this month the city's



Mia Birk avidly endorses bicycle commuting.

Transportation Bureau unveiled plans that aim to make Portland the Amsterdam on the Willamette, with up to a quarter of people relying on two wheels to get around by the year 2030.

The city cites a simple set of reasons for launching such an unorthodox transportation strategy: Bikes reduce global warming. More bikes mean fewer cars, which mean less carbon emissions.

Bikes are more affordable and accessible than budget-busting cars, and the infrastructure to support them is much cheaper too.

Bikes are healthier and safer. The Transportation Bureau cites a Center for Disease Control study that on its website states that encouraging people to bike contributes to their physical well being. It also asserts that people experience fewer car-related injuries when there are fewer cars on the road.

Bikes keep money in the economy. The Transportation Bureau cites numbers that show that bicycle-related businesses have sprung up in Portland,

contributing to economic growth.

The city also argues that bikes strengthen ties between people and their neighborhoods.

The bike plan establishes a hierarchy of projects for city funds that will deliver the best results for the money. It states that polling shows that one of the biggest impediments that keep people from cycling is lack of safe infrastructure.

"Portland has already demonstrated that bicycles and cars can co-exist peacefully," said Birk, who cites numbers that show that cycling accidents have gone down over the years.

Birk, now a consultant and professor at Portland State University, said that having more bikes on the road gets drivers accustomed to them, making everyone safer.

She doesn't expect the bike plan to produce a "radical alteration" of existing bike infrastructure. Instead, she

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## Umoja Center Bounces Back

Lifeworks partners with youth program

BY JAKE THOMAS  
THE PORTLAND OBSERVER

Over the last two decades, northeast Portland has seen its neighborhoods and social landscape dramatically altered by rapid renewed economic interest in the area.

But a brick building, on the corner of Northeast 17th Avenue and Alberta Street, has housed a social institution that has steadily limped along through the area's metamorphosis -- and might now be enjoying some stability.

Since 1991, House of Umoja has strived to combat gang violence in Portland while strengthening social ties in the city's African American population.



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER  
Counselor Walter "Tiny" Butler (right) works with local youth at the Umoja Center on Northeast Alberta Street.

But at times it has flirted with collapse.

Recently it began a new chapter after coming under the control of Lifeworks NW, a culturally-responsive social service provider, which aims to bolster the long-standing community institution, both fiscally and administratively.

When the House of Umoja opened its doors Portland was riddled by gang violence to the point where people made appeals for Mayor Bud Clarke to call in the National Guard to quell the discord.

Umoja was seen as an innovative step to addressing the problem. It was based on a Philadelphia program that offered gang-affiliated youth a way to chart a new course for their lives.

It housed a 15-bed facility where former gangsters would live under traditional Swahili social principle that stressed purpose, cooperation, self-

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40  
years of  
community service