



'Zaina: Rider of the Atlas,' a beautiful, timeless tale from Morocco about a girl who discovers her power and her destiny alongside the horsemen of the Atlas mountains, opens this year's Cascade Festival of African Films on Friday, Feb. 6.

Film Festival Honors Black History

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ers from the African Diaspora. The film will be shown at 2 p.m., Saturday, Feb. 7 in the Moriarty Arts and Humanities auditorium on the Cascade Campus, 705 N. Killingsworth.

Alrick Brown will open the Thursday Evening Documentary series with his film, "Death of Two Sons."

The screening, documenting the death of a Guinean immigrant who was shot to death by a New York City policeman and the death of an American Peace Corps volunteer who lived and worked with Diallo's family in Guinea, will be at 7:30 p.m., Thursday, Feb. 12 at the Moriarty auditorium at Cascade. Brown was recently named



Charles Burnett

one of America's top young documentary artists, and will answer questions and discuss the film's quest for cross-cultural understanding.

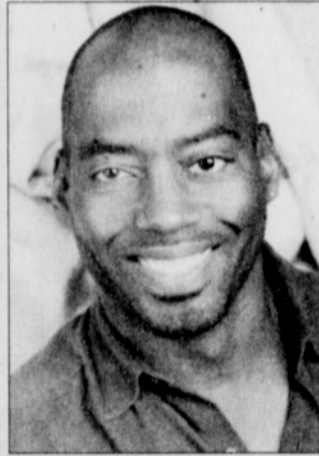
Family Film Day on Saturday, Feb. 21, will feature the



Alrick Brown

animated film, "Azur and Asmar: The Princes' Quest." It tells an enchanting tale that has captivated the imaginations of children and adults alike.

The festival will conclude with Women Filmmakers Week,



Kevin Akadie

which is set to go from March 5 through March 7. It will feature films by women directors that will be shown in the Moriarty auditorium at Cascade.

For listings and information, visit africanfilmfestival.org.

Police Precinct Closures Considered

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buildings will be staffed by a desk clerk so that citizens can still walk in with questions or concerns.

City Commissioner Dan Saltzman, who oversees the police bureau, described it as "a good solid response" to economic times. Saltzman said that the reorganization will take about 21 or 22 officers off of desk jobs and put them on patrol. He added that it will save \$3.6 million.

The Oregonian reported that the bureau would lose 34 positions and will result in some demotions. However, when asked who would be cut from the force and how the decision would be made, Wheat said that plans to shed any officers have not been finalized.

Wheat stressed that just because two precincts would close it doesn't mean that there would be less police officers on the streets in southeast and north Portland. She said it also won't affect response time.

"Officers don't hang out at the precinct," she said. The number of officers assigned to patrol each

area of the city should stay about the same, she added.

"We're pretty much reassured," said Catherine Benson, a member of the Laurelhurst Neighborhood Association who attended an informational

meeting on the subject. She said that she appreciates why this plan is being proposed.

The reorganization needs to get the final nod from City Council.

Saltzman said that so far, the

rest of council has appeared understanding.

"We're not home free," he added, explaining that it's hard to be certain with budgetary matters in such volatile economic times.

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Part 5. WHIPLASH: It doesn't take a serious accident to cause serious damage.

Q: How bad an accident does it take to actually cause whiplash?
A: While most people think of whiplash only as the result of a rear end collision, it can occur as a result of a fall or other sudden jolt. In car collisions, speeds as low as 5 MPH (a brisk walk) have caused whiplash. What's more, major studies show there is virtually no correlation between damage to the car and its occupants.

Q: How can I tell if whiplash has happened to me?
A: Whiplash often exhibits its symptoms such as a sore neck, arm or shoulder, nausea, blurred vision and headaches. If not treated immediately, these problems can lead to other more severe ones. To complicate matters, it sometimes takes years before whiplash symptoms occur.

Q: What should I do if I've had a fall or a car accident?
A: Don't take any chances. Schedule a complete chiropractic exam immediately. Our office specializes not only in relieving whiplash symptoms, but also in making sure those problems don't become bigger ones down the road. For diagnosis of possible whiplash, or answers to any questions you might have about your health, please call us at the number listed right below.

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Peninsula Little League 2009
(Serving the Youth of Inner North & Northeast Portland ages 5-14)
visit our website at: www.eteamz.active.com/peninsulalittleleague
Registration available on-line beginning January 15, 2009

Softball Program

Level	Ages
Minor	8 - 10
Major	10 - 12
Junior	13 - 14

Questions contact:
Mark Washington - 503-288-0033
markw@portlandobserver.com

Items to bring to sign-ups
Birth Certificate
Proof of Address
Doctor/Insurance Info
Player Fee

Regular Sign-ups
\$64/T-Ball, \$74 All other levels
This fee includes the pepperoni fund raiser
Sell one bag of pepperoni and get \$24 off fee.
Each bag contains 24 sticks

Peninsula Park Community Center
700 N Portland Blvd

Saturdays:
February 7, and February 14
10:00 am to 1:00 pm

Thursdays:
February 5, and February 19
6:30 pm to 8:30 pm

Registration forms can be completed in advance by downloading from our website.

Baseball Program

Level	Ages
T-Ball	5 - 6
Farm	7 - 8
Minor	8 - 10
Major	10 - 12
Junior	13 - 14

Questions contact:
Jjay Lincoln - jlnks@gmail.com

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