

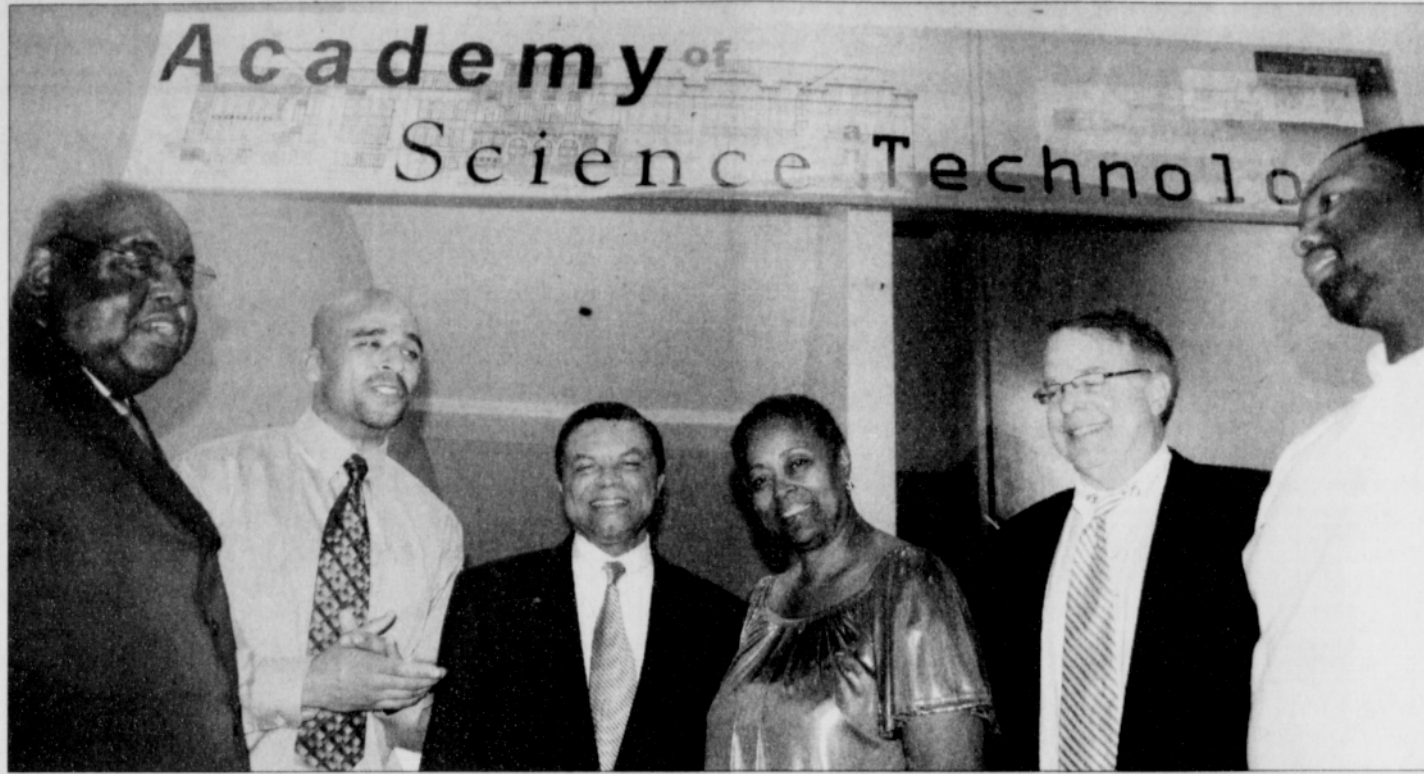
Local Leaders Form New Partnership with Jefferson

A non-profit organization run by a prominent local African American family and two giant institutions in education and government have entered into a unique partnership to provide mentoring, career and educational opportunities to students at Jefferson High School.

The collaboration involves the Portland Development Commission, Portland Community College and the Diversity Institute, an organization charged with promoting diversity, education and bridging the gap between the disfranchised and enfranchised in north and northeast Portland.

The institute is headed by Harold Williams Sr. and his son Harold Williams Two. The senior Williams brings prestige to the effort as a long time community advocate, business owner and member of the Portland Community College Board of Directors. Williams Two is also an executive with his father at CH2 & Associates and the Diversity Institute who has worked in the field of child development and social work.

Beginning this fall, the pilot program will provide mentoring,



Local business owner and community advocate Harold Williams Sr. (from left); Damon Hickok and Algje Gatewood of Portland Community College; Jefferson Principal Cynthia Harris; John Jackley of the Portland Development Commission; and Harold Williams Jr. usher in a new partnership to give career and educational opportunities to students at Jefferson High School.

career mapping and tracking help, internships and other exposure to career and educational opportunities for Jefferson high school students, with special emphasis on the school's Young Men's

Academy. It expands on a Jefferson partnership that already exists with PCC and its Cascade Campus, across Killingsworth Street from the high school.

PCC will help students with coursework and build school credits, giving them added college exposure, career counseling, and tutoring, both during and after school hours. The PDC will provide

internships and job shadowing for the Jefferson kids, along with mentoring in a variety of careers and trades, summer jobs with other partners and business exposure.

Jefferson Principal Cynthia Harris said the next step is for the backers to establish timelines, roles, and responsibilities, with training and implementation to follow.

"The mentoring piece is very important and it augments partnerships we already have in place," Harris said.

Williams Two said the purpose of the collaboration is to provide a 21st Century Educational Model to Jefferson students that coordinates and collaborates with local schools, government agencies, unions, private entities, social agencies and community colleges and universities.

"We all share the understanding and know the importance of public involvement and giving back to the youth in our communities," he said. "We believe strongly in the five keys of success: Access, accountability, communication, education and relationship building."

"The key to changing the world is that you must be willing to change your mind," he said.

For more information, contact Harold C. Williams Two at 503-490-0755 or email haroldtwocha@msn.com.

Dear Deanna!

I broke up with my boyfriend over something silly and now I regret my actions. I thought he was cheating on me with my best friend but they were actually buying me a gift. I said some horrible things to both of them and they're not speaking to me. I want to get back with him but I think he is looking at my friend because she seems more mature than me. What should I do if they start dating? I know it's my fault but it's going to tear me apart. --Made a Mistake; Atlanta

Dear Mistake:

You obviously have trust issues if you can't feel secure with your mate or your friends. Your foolish tongue has caused you to lose your relationship and your friend. The only thing you can do is apologize to both parties and ask your boyfriend for another chance. If he says no and goes with your buddy, then you learned a valuable lesson and if they'll do this in your face, you didn't need them anyway.

Dear Deanna!

I allowed myself to get pregnant because my boyfriend convinced me that we would be together and we were going to get married. Now I am almost ready to deliver the baby and he has changed his mind. He moved out of my house and now he's not working and living with his mother. I am so upset and don't know what to do. How do I handle this situation? -

Ask Deanna!
Real People, Real Advice
An advice column known for its fearless approach to reality based subjects!

-Anika; On-Line Reader

Dear Anika:

You lost your sense when you decided to fall for the oldest trick in the book. There is no way you should've become pregnant without a husband and a plan. You're getting ready to be stuck with a baby, a bill for 18 years and a stupid looking dead beat dad. You need to look at your resources, get your money and education together and grow up. When the baby is born, have a DNA test, get your child support and be ready to raise your child and keep it moving.

Ask Deanna is written by Deanna M. Write Ask Deanna! Email: askdeanna1@yahoo.com or 264 S. LaCienega Blvd. Suite 1283 Beverly Hills, CA 90211. Website: www.askdeanna.com

Creole Jambalaya Dinner

The Martin Luther King, Jr. Loaves and Fishes Center, 5325 N.E. Martin Luther King Jr. Blvd., is hosting its third annual Authentic Creole Jambalaya Dinner on Saturday, Aug. 9, from noon to 5 p.m. The event will include music and

dance demonstrations. Teletha Benjamin and Joan Smith, both of whom have connections to southern Louisiana, will be using a traditional Creole-style recipe passed down in Teletha's family. The event raises money to help serve hot meals to

in northeast Portland.

"The daily menu at the Martin Luther King, Jr. Center has evolved to include a variety of soul food entrées," said David Lomax, center manager. "The food has received such good reviews that we decided to make it available to the general public for one special night. We guarantee a

sumptuous feast to delight the taste buds!"

The menu includes authentic Creole-style jambalaya (a non-seafood version is available), along with bread, salad, beverage and dessert. Cost is \$10 for adults and \$7 for children. Tickets are available from the center. Meals are available for take-out.

Restaurant Hosts Local Crawfish Feed

Po'Shines: Cafe de la Soul, a non-profit soul food cafe in the Kenton neighborhood of north Portland, will be hosting a community crawfish feed and block party on Friday, Aug. 8th from

6 p.m. to 10 p.m.

With live music and art, spoken word, art exhibits, family activities and food, the event hopes to be a unique community celebration to create a

stronger, safer and more united neighborhood.

For more information or to reserve your plate, you can call Po'Shines at 503-978-9000 or email poshines@gmail.com.



6th Annual AAHC HEALTH Walk

Please Join
Chip Shields, Oregon State Representative & Ken Coleman, former contestant on NBC's Biggest Loser
for the
6th Annual AAHC HEALTH Walk!

Saturday, Aug. 16th at 9:00 AM
in Dawson Park (at N. Vancouver & Stanton)

1.5 mile loop and 5K Walk!
Music, food, & fun!

\$20 registration, children under 6 FREE (must be accompanied by an adult)!

Interested in forming a team? Discounts available!

Contact the AAHC
at 503.413.1850 or www.aahc-portland.org

6th Annual AAHC HEALTH Walk Registration

Participant Number: _____

first name _____ last name _____

address _____

city _____ state _____ zip code _____

phone number _____

email _____

2008 AAHC HEALTH Walk T-Shirt

*One free T-shirt with paid registration. Please check T-shirt size.

small medium large X large XX large XXX large

Non-refundable registration fee is \$20.00 per person.
Please send registration and check to: African American Health Coalition, Inc.
2800 N. Vancouver Ave. Suite 100 Portland, OR 97227 ph: 503-413-1850
To pay by credit card go to www.aahc-portland.org

Amount paid for registration fee (\$) _____ Tax-deductible donation to AAHC (\$) _____

signature of participant _____ date _____

signature of parent or legal guardian (for participants under age 18) _____ date _____



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