



**Ask Deanna!**  
Real People, Real Advice  
An advice column known for its fearless approach to reality based subjects!

**Dear Deanna!**

I'm in love with a married man I've known for several years. I know that he and I would be together, but he got someone pregnant and had to marry her. He stays in his marriage because of the child, but it's getting hard for him to not commit adultery with me. We've had dates here and there, but we haven't crossed the line. I'm at the point of no return and if we become intimate, he'll leave his marriage. Should I feel bad if this happens? --Legal Mistress; Raleigh, N.C.

**Dear Mistress:**

Did you enjoy the trip when you fell and hit your head? He is with the woman he wanted, and it isn't you. He is a real man and did the right thing by giving his child a family and a home that doesn't include homewreckers like yourself. He's just as wrong as you, but if you really care about him, stop being a temptation trying to claim forbidden fruit. He's not leaving his wife, and you need to stop the madness before someone gets hurt and keep it moving.

**Dear Deanna!**

I have two best friends that are always talking about each other. I listen to what they say, but I never repeat anything that I hear. They're going back and forth right now harder than ever and I'm being forced to choose sides. I don't have

an issue with either one of them and I think they're being unfair. How do I choose who I want to be friends with because I can't be friends with both of them?  
--Nicki; Buffalo, N.Y.

**Dear Nicki:**

Do yourself a favor and lose some weight by dropping both of them. If they don't value your friendship enough to shield you from their drama and games, then they don't deserve your friendship. You're not part of the problem now, but if you choose one over the other, you become a target from the other one. Before you make a decision, see if you can help your friends resolve their issues and if not, call it a three-way split and keep it moving.

**Dear Deanna!**

I walked away from a long marriage, a new home and a family because I wasn't happy. My husband and kids took me for granted and walked over me. I did all I thought was necessary such as counseling, hiring babysitters for the kids and losing weight. No one in the family has noticed or cared about my pain, or cries for help or attention. Now that I'm gone, ignoring everybody, they don't know what to do and are begging me to come home. What do I do? --Torn Wife; St. Louis, Mo.

**Dear Torn Wife:**

You need to have a major discussion with your husband who appears to be part of the problem. Your children don't have a choice but to fall in line because they don't pay any bills. Provide a list of your needs and wants and present them to your husband so you can get on the same page. If he's willing to accommodate the important things on your list then you have a chance of restoring your marriage and regaining personal balance and footing in the household.

Ask Deanna is written by Deanna M. Write Ask Deanna! Email: askdeanna1@yahoo.com or 264 S. LaCienega Blvd. Suite 1283 Beverly Hills, CA 90211. Website: www.askdeanna.com

# Critical Moment for Voters

continued ▲ from Front

year ago, Barack speaks to the survival mode of us all as we struggle in this economy," Hall said.

Last week, Obama did not rule out selecting Clinton as a vice presidential running mate if he ultimately wins the race against her.

According to a CBS/New York Times poll, a majority of both Obama and Clinton voters favor this so-called "dream ticket" making a formidable team against Republican John McCain in the November election.

Clinton campaigners have vowed to continue fighting for the nomination to the end if necessary. A sense of urgency drew dozens of volunteers to work phone banks at her state campaign headquarters in downtown Portland this week.

"We know Oregon is a little bit of a long-shot for us, but every single vote is important, every single state is part of this process and should be counted," says Julie Edwards, state Clinton campaign communications director.

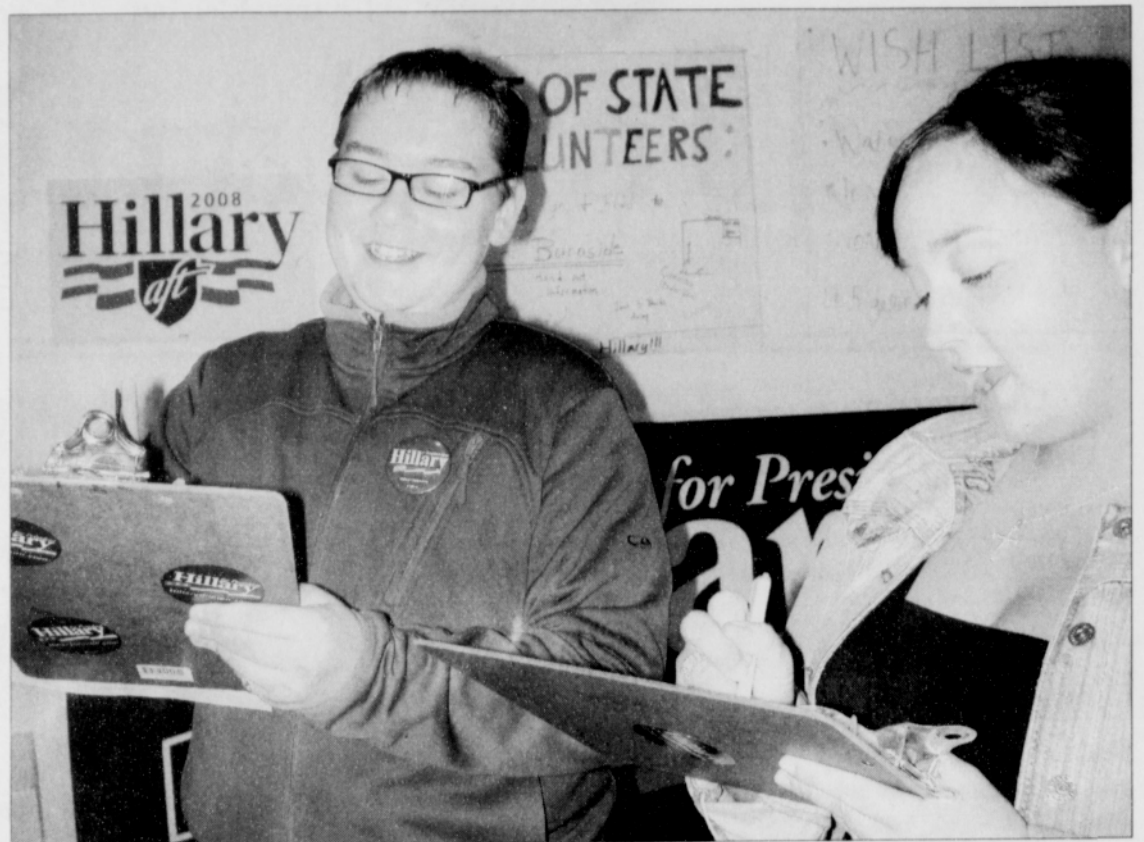


PHOTO BY RAYMOND RENDLEMAN/THE PORTLAND OBSERVER  
Northeast Portland residents William Miller and Anna Freidhoff volunteer at Hillary Clinton's Oregon campaign headquarters in downtown Portland, 32 N.W. 5th.

Clinton diehards hope that a meeting of Democratic National Convention at the end of the month will validate the calculation of delegates that includes Florida and Michigan, which were excluded from the count

when the states moved primaries to dates that were too early for party rules.

Others, including many super-delegates who support Obama, argue that Obama's momentum has produced an in-

surmountable lead. "It's not just political theatre," says Hall, who's taking 10 hours a week amid his already fulltime schedule to campaign for Obama. "This guy is bringing everyone together."

## Mental Health Services Continue

In a move to stabilize services to clients of Cascadia Behavioral Healthcare, Multnomah County Board of County Commissioners and state officials last week announced a plan that will allow the mental health system to operate through June while

transition plans are finalized.

"Our top people are working with the state, local service providers and Cascadia to develop a plan that ensures vulnerable people are not harmed and that services continue," says Multnomah County Chair Ted Wheeler.

Under the terms of an intergov-

ernmental agreement, the state is providing Multnomah County \$1 million towards a \$2.5 million loan the County will issue to Cascadia. Cascadia operates in Clackamas, Lane, Marion and Washington Counties, as well as Multnomah.

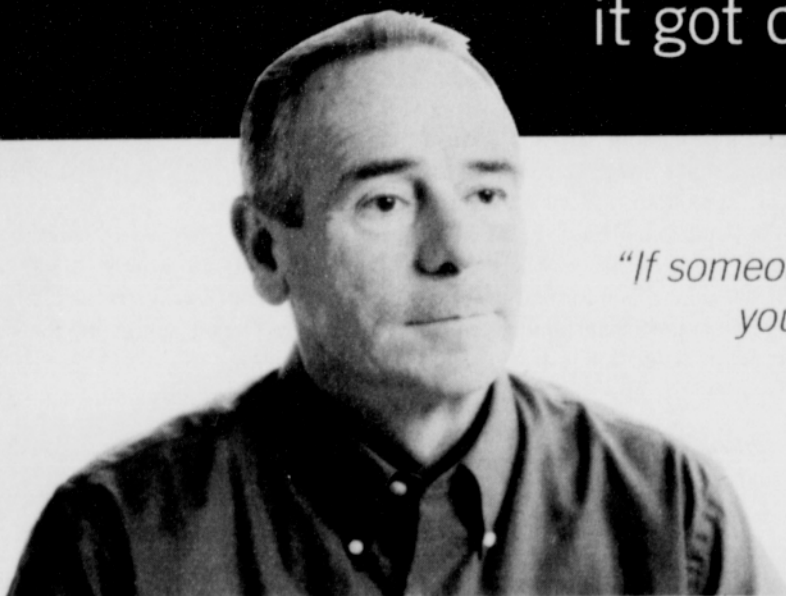
The Department of County Human Services' Mental Health and

Addiction Services has activated contingency transition plans, and has deployed their top mental health management team to ensure continuity of care.

Clients who have questions or concerns may call the county's 24-hour Mental Health Call Center at 503-988-4888.

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## Mayor Returns to Jefferson

Students bring up proposed cuts

Mayor Tom Potter stopped at Jefferson High School Monday following up on a week long visit by city officials last January, finding proposed cuts in staffing and leadership adjustments have students wondering if the learning environment will ever stabilize.

Because of even smaller enrollment figures, the Portland Public Schools are planning on cutting four staff positions at Jefferson next year.

The city has set more than 10 projects into motion to help the north Portland school, including uniforms and instruments for Jefferson's band, financial incentives for school volunteers, free TriMet passes for students and job-shadow opportunities with city

employees.

Many students say the developments don't amount to enough to turn around the troubles Jefferson faces in dropouts and test scores. A group of students calling themselves "Concerned Demos" posted thousands of fliers around the neighborhood with a laundry list of complaints.

Principal Cynthia Harris responded by correcting certain assertions and pointing to ways that the administration and staff have been working to improve the quality of education at Jefferson.

Potter and Harris hope to continue brainstorming programs that will make some difference under tight budgets.

## Grad Party Turns Ugly

(AP) — Police arrested seven people after a graduation party turned rowdy in northeast Portland.

Sgt. Brian Schmautz, the police spokesman, says officers arrived early Sunday to find people fighting inside and outside the building. When police tried to stop the event, some partygoers became hostile and threw bottles and beer cans at officers.

Schmautz says officers used pepper spray before arresting seven

people between the ages of 17 and 22. They were charged with riot, attempted assault, interfering with a police officer, resisting arrest and disorderly conduct.

Organizers told police the party was for new graduates of Warner Pacific College. They tried to provide security at the rented space, but became overwhelmed when people crashed it through side doors.

Schmautz says there were no serious injuries.

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