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Trail Blazers guard Brandon Roy goes for two of his 18 points playing on the West team in Sunday's NBA All-Star game.



Trail Blazers forward LaMarcus Aldridge goes up for a shot against Sean Williams of the New Jersey Nets in Friday's Rookie Challenge. Aldridge scored 18 points in the Sophomore's 136-109 win. (AP photos)

Roy, Aldridge Post Triumphs

All-Star weekend glows for Blazers

Trail Blazers guard Brandon Roy performed quite well as the first Portland player named to the National Basketball Association West All-Star team since Rasheed Wallace in 2001 and one of only three new players selected to the team this season.

The East All-Stars beat the West

team 134-128 on Sunday in New Orleans, but Roy tied with teammates Carmelo Anthony and Amare Stoudemire by scoring 18 points. After Clyde Drexler's 25 points in 1992, Roy's point total was the second-highest in Blazers' history for the NBA All-Star game.

Blazers forward LaMarcus Aldridge also scored 18 points and Roy logged another 17 in helping the Sophomores past the Rookies 136-109 Friday in the NBA Rookie Challenge.

Roy entered the game at the be-

ginning of the second quarter and made his first shot—a 16-foot jumper just right of the free throw line. Roy made his next three shots—a reverse layup, a driving layup and a 24-foot three-point shot from the left corner. He finished the first half with a team-leading 11 points by making 5 of 7 shots.

"I wasn't relaxed, but once that first one goes down, you kind of get confident," Roy told the Oregonian newspaper. "I don't think the jitters ever went away. I was nervous, but I tried to be as relaxed as

much as I could."

Roy, who shot 8 of 10 from the field (including 2 of 3 on three-pointers), said he enjoyed his first All-Star experience aside from one-handed dunk attempt that bounced off the back of the rim and straight up into the air.

Now the Blazers have to get back to the business of getting back on track to show that their 13-game winning streak wasn't just a mid-season fluke. The team will have fierce competition for the eighth and final playoff spot over the coming months.

Blood, Sweat and Tears

Exhibit tells story of black college football

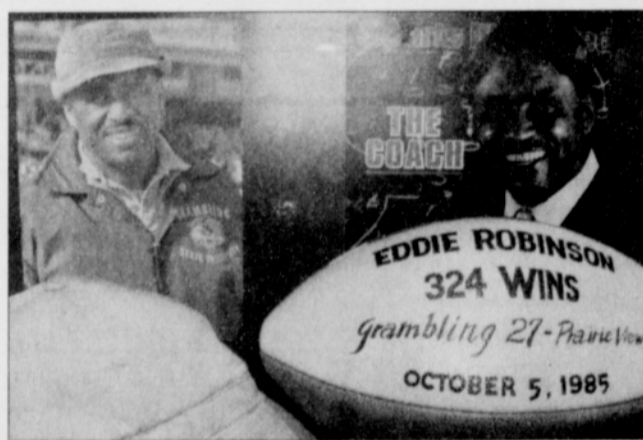
The struggle, hard work and triumph of African Americans who made pioneering contributions to the sport of football and our country are profiled in a new exhibit at the College Football Hall of Fame in South Bend, Ind.

Visitors to the exhibit will have the opportunity to walk through a historic locker room filled with memorabilia representing all 50 historic black colleges and universities, including the rich pageantry of the black marching bands, the hallowed black college All-America teams, and a tribute to the black college national champions.

An interactive video game, Black College Football: The Xperience, marks the centerpiece of the exhibit. The video enables visitors to compete against each other in the unique world of black college football.

"Black college football plays an integral role in the history of our sport," said Kent Stephens, College Football Hall of Fame Museum curator and historian. "With its own unique history and traditions, it's important for us to share the story of black college football with visitors to the Hall, engaging them in the power of our sport to positively transform student-athletes and the communities in which they live and work."

Grambling head coach Eddie Robinson's ubiquitous hat that he wore in almost every photo is part of the exhibit as well as an ancient ceremonial



Legendary Grambling head coach Eddie Robinson and his ubiquitous hat are on display in a new Black College Exhibit at College Football Hall of Fame in South Bend, Ind.

Samurai helmet from the first college game ever played outside of the United States in Japan, a game coached by the legendary Robinson, a 1997 inductee into the Hall of Fame.

Other Hall of Famers with memorabilia on display include Tyrone McGriff from Florida A&M; Jerry Rice from Mississippi Valley State; and Coach Billy Joe from Cheyney State (Pa.), Central State (Ohio), and Florida A&M.

The exhibit also highlights the groundbreaking contributions of African Americans at other universities throughout the country and the obstacles that they faced as football helped integrate our society.

Senior Excels in Three Sports

Lincoln High School Senior Jordan Polk is a true three-sport star and one of the state's top sprinters and all around athletes. He will be attending the University of Washington in Seattle on a full-ride football scholarship under Coach Tyrone Willingham.

A first team all-state selection in football this year, Polk had 73 catches, over 1,200 yards, averaging 17 yards for 21 scores. He's only the second receiver in state history to have over 1,200 or more receiving yards in consecutive years.

Polk spread his wings in track and field this past spring when he ran an impressive 4.46 in the 40 yard dash. He also had a 39.3-inch vertical jump, earning his selection to the All-Nike Combine Team. He is the defending 100-meter district champion from the Portland Interscholastic League, clocking in at 10.8. A year earlier, he was the 100- and 200-meter PIL champion.

Currently, Polk plays point guard and is the leading scorer on his Cardinals basketball team averaging 15 points a game. With his lock-down defense and speed, Polk helped the Cardinals win the 2007 PIL basketball championship.



Jordan Polk



If your youth 6th-8th grade are still looking to play basketball, they still have time through the Portland Parks and Recreation team. We are still looking for a few young men to come and play.

Our practice time is Tuesdays and Thursdays 6:50 p.m. until 8 p.m. at Vernon K-8 School.

Location: 2044 N.E. Killingsworth St.
Contact Person: Coach Miller, 503-933-1763



Dr. Billy R. Flowers

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Q: I always seem to be plagued with headaches. They come up over my head and seem to stop at my eye. What can Chiropractic possibly do to help me?

A: About 70% of all people experience headaches of one sort or another. The type you describe is quite typical. The pain can range anywhere from moderate to nauseating. The top three nerves in the neck go up over the back of the skull in a very similar pattern to what you describe. Any type of pressure or irritation on these nerves can cause extreme pain. Your problems could be

nerve-related and therefore, stand a very good chance of being relieved by Chiropractic.

Q: Why should I go through a full course of Chiropractic when drugs often relieve my headaches?

A: Drugs work primarily on relieving pain, but not on treating the cause of the headache.

What's more, drugs have serious side effects. The only side effects of Chiropractic are relief from pain and a healing of the cause of pain. To find out how Chiropractic could help relieve your headaches or for answers to any questions you might have about your health, please call us at the telephone number listed directly below.

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(Serving the Youth of Inner North & Northeast Portland ages 5-14)

visit our website at: www.eteamz.active.com/peninsulalittleleague
Registration available on-line beginning January 15, 2008



Softball Program

Level	Ages
Minor	7 - 9
Major	10 - 12
Junior	13 - 14

Questions contact:
Mark Washington ~
503-288-0033
markw@portlandobserver.com

Items to bring to sign-ups
Birth Certificate
Proof of Address
Doctor/Insurance Information
Player Fee

Regular Sign-ups

\$64/T-Ball, \$74 All other levels
This fee includes the pepperoni fund raiser.
Sell one bag of pepperoni and get \$24 off fee.
Each bag contains 24 sticks

Peninsula Park Community Center
700 N Portland Blvd
February 2
February 9, and February 16
9:00 am to 1:00 pm

February 21
6:30 pm to 8:30 pm

Registration forms can be picked up Mon-Fri, 9am-5pm at the Portland Observer, 4747 NE Martin Luther King Jr Blvd.

Baseball Program

Level	Ages
T-Ball	5 - 6
Farm	7 - 8
Minor	7 - 9
Major	10 - 12
Junior	13 - 14

Questions contact:
Jjay Lincoln ~
503-823-3692
jlincoln@ci.portland.or.us



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