

# METRO

The Portland Observer



**Schools Switch to Healthy Meals**  
 Replace fast food to fight obesity  
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**38**  
 years of  
 community service

SECTION B

## Community Calendar

### Urban League Dinner

Portland Trail Blazers President Larry G. Miller will deliver the keynote address at the Urban League of Portland's Equal Opportunity Dinner on Tuesday, Nov. 6. A no-host reception begins at 4:45 p.m., followed by the dinner and program at 6:45 p.m. at the Oregon Convention Center. For tickets, call the Urban League at 503-280-2626.

### Pow Wow at Mt. Hood

The fourth-annual Kanawaksooma (Quiet Thunder) celebration at Mt. Hood Community College is Saturday, Nov. 1 beginning at noon and concluding at midnight. A free salmon feed begins at 5 p.m. Grand entry ceremonies will be conducted at 1 and 7 p.m. The celebration offers authentic music, dance, crafts, food and entertainment for the whole family.

### World Community Day

Friday, Nov. 2, all women are invited to attend a day of fellowship, at Allen Temple Missionary CME Church, 4236 N.E. 8th Ave. Registration and coffee begins at 9:30 a.m. For more information contact 503-289-7104.

### Ranger Lantern Tours

Friday, Nov. 2, and Saturday, Nov. 17, from 7 to 9 p.m., with lantern in hand and a skilled ranger leading the way, explore the history of Fort Vancouver, 612 E. Reserve St. in Vancouver. Call 360-816-6243 for more information.

### 4th Annual Turkey Swim

Beginning Thursday, Nov. 1 through Sunday, Nov. 18, the Portland Public Pools will provide an entry form to all paid admissions at any of Portland's Parks and Recreation swimming pools. On Nov. 19, six lucky winners will receive a free turkey.

### Lead Poisoning Prevention

Thursday, Nov. 1, from 6:30 to 8:30 p.m. the St. Johns Community Center, 8427 N. Central, will host the free workshop demonstrating how to protect your family from lead poisoning. Participants receive a free lead-testing kit. To register, call 503-284-6827.

### St. Charles Spaghetti

Sunday, Nov. 4, from noon to 6:30 p.m., St. Charles Church, 5310 N.E. 42nd Ave., invites guest to enjoy the delicious four-course spaghetti dinner and raffle. Take-out service is available; adults \$9, kids \$5. For more information, call 503-281-6461.

### Urban Arts Festival

The Interstate Firehouse Cultural Center, 5340 N. Interstate Ave., awakens multi-cultural awareness through the cutting-edge of art forms including hip-hop dance, spoken word, and television. Classes are offered throughout the year. Contact 503-823-4322 or info@ifcc-arts.org for more information.

### Weatherization Workshops

Thursday, Nov. 1, from 6 to 8 p.m., the Gresham, YWCA, 600 N.E. Eighth St., will host the free educational workshops to self-weatherize your home; qualifying participants will receive a free weatherizing kit. Free weatherization is available for seniors. Call 503-284-6827 to register.

### Annual Rummage Sale

The Gatlin Gable Rummage Sale opens Thursday evening, Nov. 1, and continues with 10 a.m. openings through Sunday, Nov. 4 at the Portland Expo Center. Admission is free.

### Daddy and Me

Saturday, Nov. 17, parents and children age 5 and under, are invited to enjoy this free family event filled with sports, games, food, contests and prizes; the event will be held at the McCormack-Matthews Center, 6930 N. Kerby St., from noon to 3 p.m.

### Helping the Hungry

The Oregon Food Bank desperately needs your donations of nonperishable foods and funds. To find out how you can help, call 503-282-0555.

### Learn to Make Recycled Art

Portland Community College is offering the hands-on training to create art from recycled materials; classes will be held at the ReBuilding Center, 3625 N. Mississippi Ave.; contact 503-731-6622 for more information.

## Mural Forefronts Women's Activism

### Public art celebrates community advocates

BY RAYMOND RENDELMAN  
 THE PORTLAND OBSERVER

More than 50 volunteers celebrated the completion last weekend of a mural that is enormous both in size and scope.

The topic of "Women Making History in Portland" could have easily covered much more than the approximately 20 by 70-foot wall that the group was able to secure near the Interstate MAX station at North Mississippi and Albina Avenues.

The challenge of narrowing down such a topic rested on a painstaking process.

Originally sponsored by Killingsworth Street's In Other Words Women's Books and Resources nearly a year ago, the mural became the collaborative effort of at least a dozen metro-area nonprofits. Each organization nominated women from their communities making a significant impact on the city from the grassroots level.

Sisters in Action for Power, the Oregon Council for Hispanic Advancement, the Native American Youth and Family Center, the Black United Fund of Oregon, the Urban League of Portland and the Cambodian-American Community of Oregon are just a few of the organizations that named women to be represented in the mural.

In orchestrating the city's largest mural to date paying tribute to the contributions of female community leaders, Robin Corbo hopes the piece helps raise the general public's awareness about their important contributions. The 26 activists, artists, writers and elected officials shown on the wall used a wide range of techniques to tackle broad sets of issues.

A few of those honored directly confronting race relations, Amina Anderson,

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PHOTO BY RAYMOND RENDELMAN/THE PORTLAND OBSERVER

Julie Gragg (left) and Robin Corbo add the finishing touches to the "Women Making History in Portland" mural near the Interstate MAX station at North Mississippi and Albina Avenues.



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Waves Hair Design stylists Matt Garlington and Janet Warren are moving on to new locations to cut hair as their landmark Waves Hair Design closes shop after serving the community for 31 years.

## Waves Closes Shop after 31 Years

BY LEE PERLMAN  
 THE PORTLAND OBSERVER

After 31 years of serving the African American community at 1926 N.E. Sandy Blvd., the Waves Hair Design full-service salon is closing up shop and going in different directions.

With a new owner taking over the building and their lease expiring, owner Janet Warren said it was time for her to downsize. She will continue providing salon services from her home and can be reached at 360-882-8042.

Warren, who has owned Waves for

eight years, said "This is not a sad occasion for me. This is by choice. I want to thank everyone for supporting us and welcoming us into the community."

Waves stylist Matt Garlington and two others are setting up their own new shop, Y.G.'s Salon, at 3140 E. Burnside St. The moves should take place by Nov. 6.

The new Y.G. Salon stands for Yvonne Garlington, Matt's mother. The best known member of the family was the Rev. John Garlington, longtime pastor of Mount Olivet Baptist Church and one of the city's leading community

activists.

His father was originally a barber and, Matt recalls, cut his own children's hair when the family lived in Buffalo.

"When I became an adult, I wanted to do something that would allow me to be my own boss," Garlington says. "This was something I knew, so it was the fastest way."

He has been at it for 10 years, specializing in "natural styles - dreadlocks, twists, extensions."

Y.G.'s will be open from 10 a.m. to 6 p.m. Tuesday through Saturday.

## Local Activist Honored

For work at home and abroad

A second-generation Filipina American born and raised in Portland was honored last weekend as one of the 100 Most Influential Filipinas in the U.S. last weekend at the Filipina Women's Network Summit in Washington D.C.

Oliveros, coordinator of Portland Community College's Sylvania Campus Multicultural Center, was nominated by Carmen Caballero Rubio, director of Community Affairs for the Office of Portland Mayor Tom Potter. Oliveros's honor is in the category of "Emerging Leaders and Builders."

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Claire Oliveros