September 26, 2007

Sunrise: July 19, 1955 Sunset: Sept. 14, 2007

Sharon Scott-Johnson

Sharon Dernice Scott-Johnson was born in Portland on July 19, 1955, the third of five children born to Albert Scott Sr. and Elnetta Huff Scott. The only daughter in the family, she was the apple of her father's eye, a jewel in her brothers' hearts and shared an extraordinarily close relationship with her mother.

She was raised in the church, spending many years in activities at Bethel A.M.E. She attended Highland Grade School and Girls Poly-James Monroe High School where she participated in various school activities and organizations including the cheerleading squad, the Black Student Union, and was elected class president, winning many awards and accolades along the

way. During those teen years, Sharon was well known for her "fro" and she wore it well.

She spent several years working in the family business-Coast Industries-before moving to the Bay Area where she began a new career in the insurance in-

dustry. She returned to Portland in the early 80's

and in 1990 met the love of her life, Robert "Bob" Johnson. They married on Feb. 12, 1991 and remained together until death separated them on April 15, 2004 when Bob was called home to be with the Lord.

Sharon inherited the family's comic gene, arming her with the gift of a quick wit and a particularly wicked sense of humor, of which, if you weren't careful, you might find yourself the victim, lovingly so, of course. She had an uncanny ability to find the humor in almost any situation and was the epitome of someone who had little difficulty making lemonade when life handed her a bowl of lemons.

Sharon was also preceded in death by her father. She leaves to cherish her memory, her mother; brothers: Montie Scott (Cynthia), Albert Scott, Jr. (Charneall), Kenneth Scott (Amy) and Timothy Scott (Lynette); two stepsons: Daniel and Robert Johnson all of Portland; and a host of nieces and nephews, aunts, uncles, cousins, extended family and friends.

褶 Minority & Small Business Week



The warehouse shelves are nearly empty at the Oregon Food Bank distribution center facility in northeast Portland.

Oregon Food Bank Runs Empty

The Oregon Food Bank Network needs your help.

"Oregon Rachel Bristol, the food bank's chief executive officer, said Thursday that the "Food Bank's warehouse shelves are as empty as I've ever seen them."

She said in the last few weeks, weekly offerings have dropped by 25-75 percent and statewide deliveries are down 200,000 pounds per week.

Bank Network of regional food banks and the 900 local agencies we serve throughout Oregon and southwest Washington are feeling the impact," she said.

The combination of a strong consumer market, high commodity prices, increased biofuel demand, increased efficiency in food manufacturing and international markets mean both na-

harmacy

Meet your Pharmacist,

Melinda Butler

AT ARBOR LOD

"The entire statewide Oregon Food tional and local sources of food are way down.

> Last month, due to a major, nationwide recall of products from a foodprocessing plant, OFB returned twoand-a-half truckloads of product to the manufacturer and has additional twoand-a-half truckloads of product on hold that OFB can't distribute.

"All of this means we have a big gap to fill - even before the holiday giving

season - and need your support more than ever to help people in need," Bristol said.

To help, Bristol said that you can line donate on at oregonfoodbank.org, organize a food drive, donate part of your harvest, or write your U.S. Senators asking them to support increased funding for TEFAP (USDA emergency food) in the farm bill.

Dr. Clarence Ing is the Medical Director of the NEWSTART

Lifestyle Program at Wein stitute in Weimar, C

FREE SEMINARS

In Loving Memory **Iva Joy Collins**

The Washington, Kyles, Hickman and Huff families announce the death of their beloved family member Iva Joy Collins.



Is your LIFEstyle killing you?

Blood Pressure? Cholesterol Concerned about Diabetes? Weight?

The long-time Portland resident died Monday, Sept. 24, 2007 just two days before what would have been her 69th birthday. She was born Sept. 26, 1938 in Manhattan, Kan.

Funeral services are pending.

Dear Deanna!

a senior in college dumped me. He told me that he's grown up now and ready to start a career and doesn't want a relationship to hold him back. I was crushed because I didn't see this coming. I supported him by working two jobs and many late nights helping him study. He lied to me and I thought he was going to marry me and support me as I got my degree. How do I tell my parents I messed up their money? -- Foolish in College; On-Line Reader

Dear Foolish:

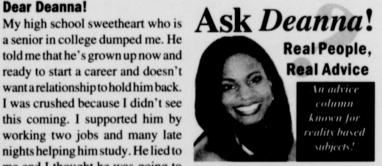
Your selfish boyfriend used you like toilet paper and reaped all the benefits. There is no way you could've been very close to this man without an idea he was growing apart from you. Unfortunately that's the way the college love story goes and you could've prevented some of this by putting yourself first. You must tell your parents immediately because they'll be more upset and embarrassed if you wait and tell them when graduation arrives without you.

Dear Deanna!

I had a party and invited a few coworkers. Our boss surprised us by bringing a woman that wasn't his wife. He was the highlight of the party and didn't care that we knew he was having an affair. I felt the secret would be safe, but the bomb dropped when his wife called and asked about his date. I feel betrayed that someone from the office discussed what goes on in my house. This is an uncomfortable situation and I don't know what to do when I go to the office. -- Anita; Tacoma, Wash.

Dear Anita:

You should keep your work life



separate from your personal life. Your boss only needs you to make money for the company and he isn't interested in being a moral compass for you, his wife or anyone else. Your co-workers are people you see during office hours and as humans, they won't resist an opportunity for gossip and drama. You can't do anything but tell the boss his wife called, do your job and remove the office staff from your next party invitation.

Dear Deanna!

My marriage is in shambles because my husband is a slob. I'm stressed because I find myself cleaning the house 3 or 4 times a day and I never know what I'll get when I walk in the door. We argue about this on a regular basis because he refuses to change. Once, I didn't clean and his dirty underwear stayed in the same spot for a week. His hygiene is bad as well and we're not intimate. How can I get him to choose his marriage before it's too late and I leave him? --Joyce; Dallas, Texas

Dear Joyce:

It's amazing you were so in love with Pig Pen that you didn't smell or see any of this coming. You need to realize he has always been a slob, this is who you married and he's comfortable. The next time you clean, toss everything in the gar-

bage including clothes, personal items and dishes and let him know that you're tired and have a new cleaning method. Make it clear that from this point forward everything out of place has a new place called the garbage and keep it moving.

Ask Deanna is written by Deanna M. Write Ask Deanna! Email: askdeanna1@yahoo.com or 264 S. LaCienega Blvd. Suite 1283 Beverly Hills, CA 90211. Website: www.askdeanna.com



Don't miss FREE valuable information on how to reverse disease naturally through lifestyle!

Friday, September 28 at 7:00 pm LIFESTYLE AND DISEASE I

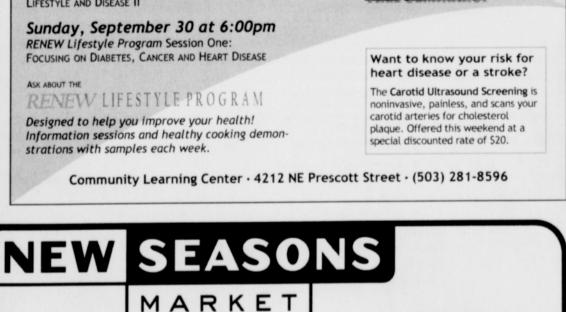
Saturday, September 29 at 4:00 pm LIFESTYLE AND DISEASE II

Sunday, September 30 at 6:00pm **RENEW Lifestyle Program Session One:** FOCUSING ON DIABETES, CANCER AND HEART DISEASE

ASK ABOUT THE RENEW LIFESTYLE PROGRAM

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