

# METRO

The Portland Observer



## Expecting Glory Days Again

The Boston Celtics look up after major trade for Kevin Garnett

See Sports, page B6

## Toy Warning

Lead paint makes the popular Big Bird, Elmo and Diego toys dangerous

See story, page B3



Mountain 2

SECTION B

## Community Calendar

### Say Hey, NW!

Thursday, Aug. 9, from 5:30 p.m. to 8 p.m., Partners in Diversity host the networking meet and greet to welcome new professionals of color to the business community, to be held at Two World Trade Center-plaza level, 121 S.W. Salmon St. Call 503-516-3505 for more information about the event.

### Estate Planning Made Easy

Saturday, Aug. 11, from 9 a.m. to 11 a.m., East Portland Community Center, 740 S.E. 106 Ave. (Course-244682, Classroom-2), will host the free community workshop providing practical advice to safeguard your assets. Registration available by calling 503-823-3454 or visiting portlandparks.org.

### Providence Bridge Pedal

The one chance a year to bicycle across all 10 of Portland's bridges, from the Sellwood to St. Johns Bridge, kicks off Saturday, Aug. 11. Visit providence.org/bridgedpedal or call 503-281-9198 for more details.

### Creole Jambalaya Dinner

Saturday, Aug. 11, the Martin Luther King, Jr. Loaves & Fishes Center, 5325 N.E. Martin Luther King Jr. Blvd., will host a delicious authentic Creole Jambalaya Dinner. Meals are available for take out. Call David Lomax at 503-988-5211 to order.

### The Hubble Hubbub

Monday, Aug. 13, at 7 p.m. and 8 p.m., the Mt. Hood CC Planetarium Sky Theater explores the mysteries discovered by the Hubble Telescope. This is the last scheduled showing for the season. Admission is \$1.

### Explore the Possibilities

Tuesday, Aug. 14, from 6:30 p.m. to 7:30 p.m., the Boys and Girls Aid Society, 018 SW Boundary Court, hosts an informational session to assist prospective adoptive families, foster parents and mentors. Call 503-542-2392 or visit boysandgirlsaid.org for more information.

### Ice Cream Social

Wednesday, Aug. 15, from 2 p.m. to 3:30 p.m., Holladay Park Plaza, 1300 N.E. 16 Ave., invites seniors to attend a free ice-cream social featuring jazz and delicious ice cream.

### Benson 1996 Reunion

Wednesday, Aug. 15, the Benson class of 1996 reunion will be at the Kennedy McMenamins from 7 p.m. to 11 p.m. For more information, call Shawn Lewis at 971-219-7871.

### In Other Words

An exciting calendar of events is planned for the month of August, at In Other Words Women's Books and Resources, 8 N.E. Killingsworth St. Visit inotherwords.org or call 503-232-6003.

### Elders in Action

Advocate volunteers are needed to assist seniors in finding solutions to current issues. Training classes start in September. For more details, visit eldersinaction.org or call 503-235-5474.

### Tax Help in Rockwood

A VITA tax aide for low-income families will begin to assist clients at the Rockwood Community office, 18709 S.E. Stark St. Clients are seen by appointment only. Appointments will be made on Wednesdays only from 1 p.m. to 5 p.m., by calling 503-816-1530.

### Neighborhood Farm Stand

Locally grown vegetables and bouquets of fresh flowers will be available to the public, from 10 a.m. to 2 p.m. every Sunday, at the Redeemer Lutheran Church, N.E. 20th and Killingsworth St. The stand supports local refugees and immigrant farmers.

### Relationship Transformation

Peace-Making, a local group based on non-violent communication and conscious awareness, hosts a seminar that includes information how to have better relationships both personally and professionally. For more information, call 503-228-7256.

### Washington Park Shuttle

Summer service is every 15 minutes from 10 a.m.-7 p.m. with more than 10 stops including the Oregon Zoo and the Japanese Garden. The shuttle runs daily through Labor Day. Regular Tri-Met fare applies.



PHOTO BY RAYMOND RENDELMAN/THE PORTLAND OBSERVER

North Portland Wellness Center co-founder Lili Scott (left) oversees the finishing touches on their clinic on North Vancouver Avenue, just south of Alberta Street. The house at 4922 N. Vancouver was in a serious state of disrepair when it was purchased two years ago.

## Alternative Therapies Clinic Opens

With house repaired, staff concentrates on the public's mind

BY RAYMOND RENDELMAN  
THE PORTLAND OBSERVER

Many people thought that acupunc-

turist Annabelle Snow was crazy for buying a dilapidated house on Vancouver Avenue.

She told everyone that a youthful spirit would carry through the dream of having an alternative clinic in north Portland. But when two years had to pass before the clinic's grand opening, Snow started to agree slightly with her critics.

"Now I think that we have been a little crazy, seeing how long it's taken us to get

this place running," she says.

Despite all the unforeseen difficulties in restoring a neglected early-20th-century building and converting it, the clinic is now fully operational, ready to offer various forms of naturopathic and Chi-

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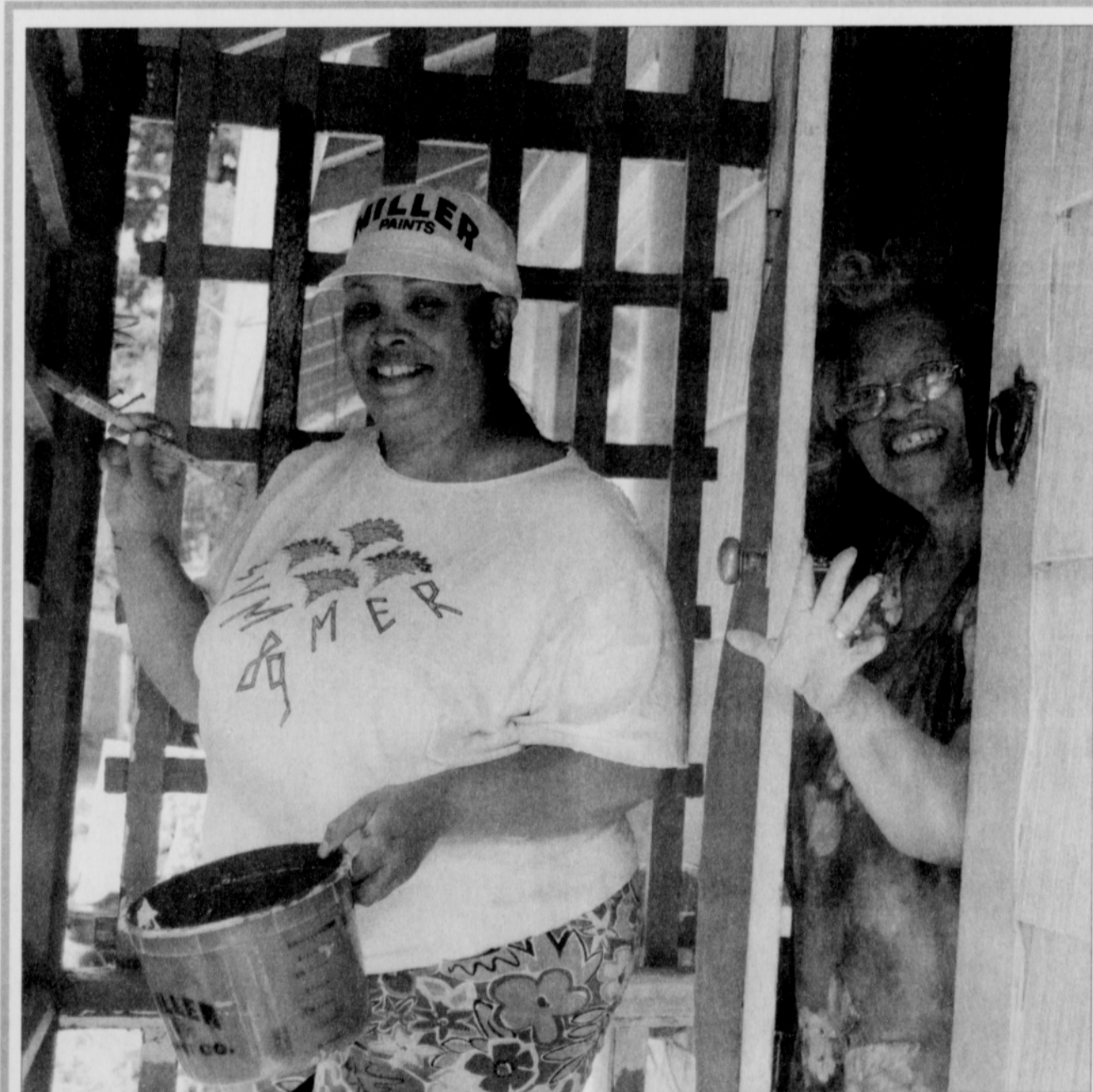


PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

## Helping the Community

Margaree Anderson (right) shows her appreciation as Karen Coleman and a dozen other volunteers put the finishing touches on a new paint job for her Vernon neighborhood home. Saturday's annual Paint-A-Thon was a community service project by the Northeast Workforce Center. Anderson is a 75-year-old widow with an extremely limited income.

## Community College to Lease MLK Site For classroom, exercise facility

Portland Community College has announced it will move into the newly renovated Heritage Building at 3934 N.E. Martin Luther King Jr. Blvd. this September.

PCC will occupy approximately 3,250 square feet on the lower level for a classroom and exercise facility. The college plans to begin offering classes this fall, including ballroom and Latin dancing, photography, Spanish, Italian, sustainability practices for businesses and stretching classes for runners.

"We are pleased to participate in this exciting new PDC-sponsored development on Martin Luther King Junior Boulevard," said Tonya Booker, PCC director of Community Education. "Our lease at the building will give us unique and dedicated space to offer more community education classes in the neighborhood of our students in north and northeast Portland."

The Heritage Building contains approximately 12,600 square feet of office space, 8,100 square feet of retail and restaurant space, and 3,100 square feet of office and service space. Formerly known as the Weimer Warehouse, the two-story building was constructed in the early 1900s, but sat vacant for decades.

Research Into Action, a social marketing and evaluation research firm, was one of the first tenants to move into the renovated building. The company specializes in evaluation research and market assessment design and analysis services in the fields of energy efficiency, renewable energy and natural resource management. It

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