

To make life easier for meal preparations, the 'Food Section' will present an assortment of hearty, healthy and user-friendly winter and holiday recipes. **For recipe requests or suggestions contact:** SharonS@portlandobserver.com **Subject:** Food Section

FOOD

Black History Month ~ Community Recipe Collection

To honor Black History Month and the heritage of 'our' community, the Portland Observer respectfully requests family recipes that have been passed down through the generations. The 'Black History Month ~ Community Recipe Collection' will be published throughout the month of February.

Submission Requirements:

- Recipes must be legibly printed or typed with a photo of the prepared dish. As a substitute you may use an old or historical family photo relating to the recipe.
- Include a brief timeline of when and where the recipe originated and how and who passed the recipe to you. Note: If using a family or his-

torical photo, include information relating to the photo.

Submission Deadline:
February 1, 2007

Email:
SharonS@portlandobserver.com
Subject: Recipes ~ Black History Month

Mail: The Portland Observer
Attn: Recipes ~ Black History Month
4747 MLK Blvd.
Portland, OR 97211

* The Portland Observer reserves the right to print or reprint recipe and photo submissions at our discretion.



Tastes just like the real thing, especially with vanilla ice cream on top!

Easy Apple Pie Calzone

Ingredients

- 1/2 of a 15-ounce package (1 crust) folded refrigerated, unbaked pie crust
- 1-1/2 cups thinly sliced, peeled cooking apples
- 3 tablespoons water
- 1 teaspoon lemon juice
- 1/4 cup packed brown sugar
- 1 tablespoon all-purpose flour
- 1/4 teaspoon ground cinnamon
- Dash ground allspice
- 1 tablespoon margarine or butter
- 1 teaspoon milk
- 1 teaspoon granulated sugar
- Vanilla ice cream (optional)

Directions

1. Let pie crust stand at room temperature according to package directions.
2. Meanwhile, in a medium saucepan combine apples, three tablespoons water and lemon juice. Bring just to boiling. Reduce heat. Cover and simmer about five minutes or until apples are tender. Combine the brown sugar, flour, cinnamon and allspice; stir into apple mixture. Cook and stir until thickened and bubbly. Remove from heat; stir in margarine or butter. Cool for 15 to 20 minutes.
3. Unfold pie crust. Place on a

lightly greased baking sheet. Spoon apple mixture evenly over half of crust to within 1/2 inch of edge. Moisten edges of dough with water. Fold dough in half over filling. Seal by pressing with tines of a fork. Flute edges, if desired. Cut slits in top. Brush with milk; sprinkle with the granulated sugar.

4. Bake in a 375 degree F. oven for 25 to 30 minutes or until golden. Serve warm or cool. Cut into wedges to serve with a scoop of vanilla ice cream, if desired. Makes three to five servings.

Ingredients for life. SAFEWAY

4.99
lb
CLUB PRICE

Rancher's Reserve Angus Beef New York Strip Steak
Bone-in.
SAVE up to \$4.00 lb.

1.99
lb
CLUB PRICE

Boneless Whole Pork Loin
Sold whole in the bag.
SAVE up to \$3.80 lb.

10 FOR \$10
CLUB PRICE

Red Seedless Grapes
Imported.
Club Price: \$1.00 lb.
SAVE up to \$2.99 on 1 lb.

59¢
lb
CLUB PRICE

Fresh Whole Chicken Twin Pack
Butcher's Cut.
Grade A.
SAVE up to 80¢ lb.

3.99
lb
CLUB PRICE

Fresh Whole Cooked Dungeness Crab
Weather permitting.
SAVE up to \$3.00 lb.

1.99
ea
CLUB PRICE

4-lb. Bag Navel Oranges
SAVE up to \$2.00 ea.

2 for \$4
CLUB PRICE

Fresh Express Salad Blends
5 to 12-oz. package. Selected varieties. Club Price: \$2.00 ea.
SAVE up to \$2.58 on 2

Exclusively for Safeway Club Members

IT'S BACK! 10¢ OFF PER GALLON OF GASOLINE

Every time you spend \$50* at your Safeway store with your Club Card in a single transaction.

*See store for details.

SAFEWAY GASOLINE

BBQ on Broadway

Odessa's Cafe

Authentic Southern BBQ

Slow Cooked Homemade Sauce
Traditional Southern Sides
Now Serving Beer & Wine

3445 NE Broadway - 503-288-3369
11am-3pm Mon-Thurs & 11am-9pm Fri & Sat
Dine-In or Take Out

Subscribe! 503-288-0033
Fill Out & Send To:
The Portland Observer
Attn: Subscriptions, PO Box 3137, Portland OR 97208
subscriptions are just \$60 per year
(please include check with this subscription form)

NAME: _____
TELEPHONE: _____ ADDRESS: _____

or email subscriptions@portlandobserver.com

2.99
for
CLUB PRICE

Signature Soup
25-oz. container. Selected varieties. Club Price: \$4.50 ea.
SAVE up to 98¢ on 2

1.98
EVERYDAY LOW PRICE

Dairy Glen Milk
Gallon. Whole, 2%, 1%, or Fat Free.

2 for \$5
CLUB PRICE

General Mills Cereal
12.9 to 20.25-oz. Selected varieties. Club Price: \$2.50 ea.
SAVE up to \$7.44 on 2

20 for \$8
CLUB PRICE

Lucerne Yogurt
8-oz. Selected varieties. Club Price: 40¢ ea.
SAVE up to \$4.00 on 20

2 for \$4
CLUB PRICE

Nabisco Chips Ahoy! or Handi-Snacks
5.7 to 16-oz. Selected varieties. Club Price: \$2.00 ea.

2 for \$10
CLUB PRICE

Gatorade
8-pack, 20-oz. Selected varieties. Club Price: \$5.00 ea.
SAVE up to \$4.38 on 2

14.99

24-Pack Budweiser, Miller or Coors
12-oz. cans or 30-Pack Miller Lite. Selected varieties. Plus deposit in Oregon. SAVE up to \$4.53

4.49
CLUB PRICE

Safeway SELECT Softly Bath Tissue
12 Double, 24 Single or 8 Triple Roll. SAVE up to \$2.50

4.99
CLUB PRICE

Tillamook Baby Loaf
32-oz. Selected varieties. SAVE up to \$3.00

Safeway Gift Cards
Your shopping shortcut

JANUARY
WED THU FRI SAT SUN MON TUE
17 18 19 20 21 22 23

Prices good thru January 23 on your Safeway Club Card

ALL LIMITS ARE PER HOUSEHOLD, PER DAY.

Items & prices in this ad are available at your local Safeway stores. No sales to dealers, restaurants or institutions. Sales in retail quantities only. Quantities of some items may be limited and subject to availability. Not responsible for typographical or pictorial errors. We reserve the right to correct all printed errors. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only - not on free items. ©2007 Safeway Stores, Inc.