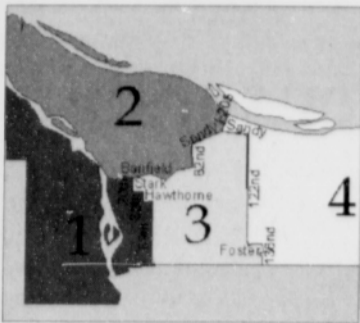


# Candidates Campaign for Credibility



Multnomah County District Two stretches from St. Johns to Interstates 205 and 84. Its diverse population consists of 150,000 residents – of which 105,832 are white, 30,784 are black, 9,122 are of Hispanic origin, 2,481 are American Indian and Eskimo, 8,249 are Asian of Pacific Islander, and 3,066 are other ethnicities.

continued ▲ from Front

"I wouldn't continue to allow a zero-sum game," Frederick said, referring to the county's reorganization of the wide-reaching outreach program into the current intensive case-management approach.

Cogen agrees, saying it was a mistake to cut outreach workers, and that the county can't afford the absence of prevention services.

The candidates disagree when speculating on the fate of the Wapato Jail, a \$58 million facility paid for by taxpayers in 2004, still sitting empty.

Frederick argues that the \$12 million it would cost to open the jail isn't the answer. He would rather see some semblance return to the Inverness Jail, reinstating critical staff.

Cogen says the answer involves



PHOTOS BY MARK WASHINGTON/THE PORTLAND OBSERVER  
Low Frederick would be the only African American elected to a city or county government office if he wins the race for county commissioner.

Clark County, which is on the verge of building a \$100 million jail.

"I've been assured by the sheriff and (County Commissioner) Lonnie Roberts office that Clark County wants to rent half of the jail," Cogen said.

They see eye to eye, however, when calling for the county to stop housing state prisoners, unless the state is willing to pick up the total cost, which costs taxpayers \$6 mil-

lion each year.

Regarding social services, Frederick believes voters should play an important role in libraries, but basic requirements like health care and schools shouldn't be put in front of voters every election. Cogen supports the creation of a library district to provide regular annual funding, but along with his opponent, supports universal healthcare.



Jeff Cogen has stood for families and children in his work inside and outside of City Hall.



**Ask Deanna!**  
Real People, Real Advice  
An advice column known for its fearless approach to reality based subjects!

**Dear Deanna!**

I had a divorce party celebrating the end of my marriage. My ex-husband came to the party with a girlfriend half his age, his family started a fight and the party was a disaster. Things were great until someone got drunk and started talking about the bad things in our marriage that caused our divorce. Initially my husband agreed to help pay for the party but now that we have damages, I'm stuck with the bills. Is it wrong to take him to court to get my money? --Happily Divorced; Washington, D.C.

**Dear Divorced:**

Your husband obviously didn't give you much when you were married so you should expect even less now that you're divorced. You were foolish to make a mockery of marriage and divorce with this party and in essence, you got what you deserved. You're going to face fur-

ther embarrassment, airing of dirty laundry and humiliation if you take this clown show to court. Suck it up, count your loss and keep it moving.

**Dear Deanna!**

I believe you can love two people at once. I have two girlfriends and need to be open and honest with both of them. I get certain things from each woman that helps me have a whole relationship. When I want seriousness and structure, I go to the left and when I want to be laid back and free, I go to the right. I would never disrespect either woman and truly love each one. How do I approach this with these ladies with respect and hopes of keeping them both? --Mason; Oklahoma City

**Dear Mason:**

With the growing issues of infidelity and HIV, you're playing a sloppy game of Russian roulette with your life. No matter how much you love these ladies, you're selfish and living as a liar, a cheater and being deceptive. You can approach them separately with direct verbal communication. If they have low self-esteem and are willing to share a man, more power to you. However, you may get slapped in the face and dumped which may be a blessing in disguise.

**Dear Deanna!**

I've been so in love with one of my best friends for six years. He doesn't pay me any attention and I poured my heart out and told him I want to date him. He laughed at me, rubbed the top of my head

and told me that my confession was cute. I feel embarrassed and it seems as if our friendship isn't the same. Did I make a mistake by sharing my feelings and is there a way I can fix this? I want things to go back to being the way they were. --Michelle; On-Line Reader

**Dear Michelle:**

Your friend views you only as a pal especially since he rubbed the top of your head like a dog. You didn't make a mistake because you at least know that you don't have a romantic chance or hopes for a relationship. Look on the bright side and be glad you didn't throw yourself at him sexually and make a bigger fool of yourself. Get over it, be thankful you have a good friend and be a good sport as you look back on this experience and have a good laugh.


Ask Deanna is written by Deanna M. Write Ask Deanna! Email: askdeanna@yahoo.com or 264 S. LaCienega Blvd. Suite 1283 Beverly Hills, CA 90211. Website: www.askdeanna.com

## New Columbia Celebrates History exhibit part of open house

An open house and celebration for the just-opened New Columbia history exhibit takes place Saturday, Oct. 21 from 10 a.m. to 2 p.m. at New Columbia's Community Education Center, 4625 N. Trenton St.

The free event is part of a neighborhood celebration where the public is invited to learn more about Portland's newest neighborhood, tour Rosa Parks Elementary School, shop, see a range of new apartments and model homes, take a public art tour, and picnic at McCoy Park.

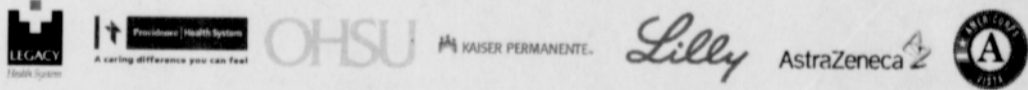
The New Columbia History Project depicts the deep history of the north Portland neighborhood and its people through a series of four sections: Native American culture near the confluence of the Willamette and Columbia Rivers; the WWII shipyard era, including Columbia Villa and Vanport neighborhoods; Columbia Villa's life as a cherished and often maligned neighborhood; and finally its demolition and reemergence as New Columbia, an innovative mixed-income community.



## Annual Wellness Village & Health Disparities Conference

Poor health affects everyone  
so join us for two great events  
because a healthy community starts with you!

Friday Oct. 20th, 10:30 a.m.-2:30 p.m.	Saturday Oct. 21st, 10 a.m.-3 p.m.
<p><b>2nd Annual Health Disparities Conference: We Can Make a Difference</b> Ambridge Event Center (formerly Portland Convention Center) 300 NE Multnomah Street</p> <p>For community members, health care providers, and policy makers to generate solutions to health disparities in Oregon.</p> <p><b>Keynote address by Dr. Joy Leary: "Post Traumatic Slave Syndrome"</b></p> <ul style="list-style-type: none"> <li>10:30 a.m.-11:00 a.m. Registration (\$150 for lunch and the workshop)</li> <li>11:00 a.m.-11:30 a.m. State of Black Health Report by Oregon State DHS</li> <li>11:30 a.m.-1:00 p.m. Lunch &amp; Keynote Address by Dr. Leary</li> <li>1:00 p.m.-2:00 p.m. Workshop by Fred Miller, "African American Health: The Good... the Bad... and the Ugly"</li> </ul>	<p><b>11th Annual Wellness Village</b> at The Blazers Boys &amp; Girls Club 5250 NE Martin Luther King Jr. Blvd.</p> <p><b>Free health services and activities at the Wellness Village include:</b></p> <p><b>Health Screenings &amp; Services</b></p> <ul style="list-style-type: none"> <li>Flu shots</li> <li>Dental</li> <li>Vision</li> <li>Hearing</li> <li>Diabetes</li> <li>Massage therapy</li> <li>HIV &amp; STD screenings</li> <li>And more</li> </ul> <p><b>Activities &amp; Exhibits</b></p> <ul style="list-style-type: none"> <li>African drumming by Chatta Addy</li> <li>Cooking demo &amp; tastings</li> <li>Gospel choir</li> <li>Children's activities</li> <li>Raffle prizes</li> </ul>



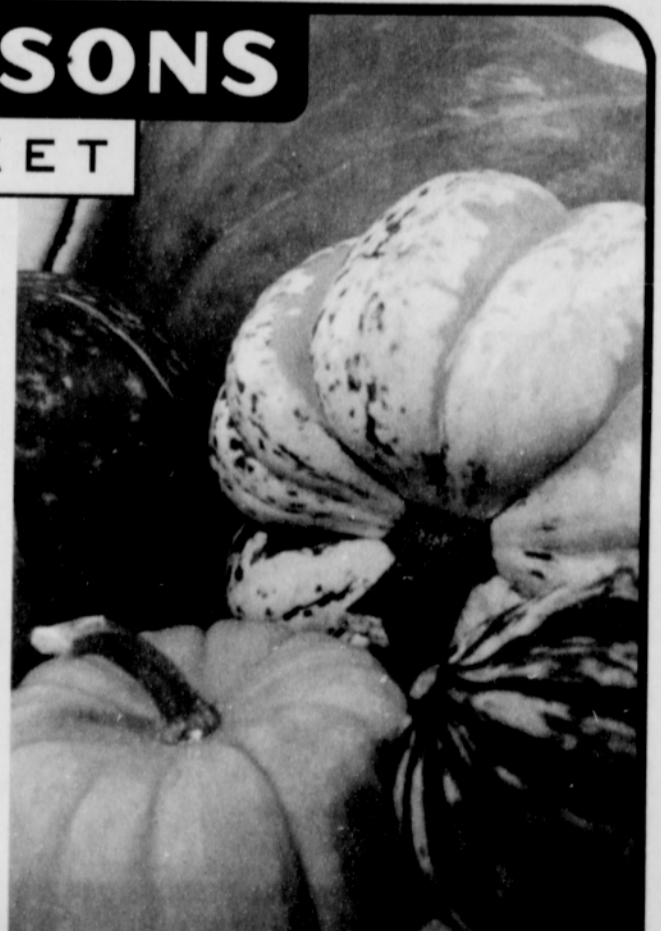
For more information contact the AAHC at 503-413-1850 or visit [www.aahc-portland.org](http://www.aahc-portland.org)

## NEW SEASONS MARKET

### Gourdge YOURSELF

SQUASH & PUMPKIN TASTING THIS WEEKEND

Some of our favorite local growers like Gathering Together Farm, Mustard Seed Farm, and Siri & Son Farm will be stocking our stores with the freshest, most beautiful local winter squash available. These growers wait until their crops have just the right amount of sugar, and are packed with flavor, before they're delivered to our stores. Our Demo Team will be offering you tastes of some old favorites, encouraging you to discover some new gems, and of course, sending you home with the recipes. From butternut to red kuri, sweet dumpling to spaghetti, acorn to delicata, and gold nugget to pumpkin – Enjoy our large assortment of sweet, satisfying squash. Visit us this weekend, 11am until 5pm.



**EASY & FUN TO SHOP • LOCALLY OWNED & OPERATED**

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**CONCORDIA:** NE 33rd & Killingsworth Portland OR 97211 503.288.3838

and six other Portland area locations. Visit us online at [www.newseasonsmarket.com](http://www.newseasonsmarket.com).