#### Celebrating Women's History & Careers

# Women at Intel Oregon are making history



We've been asking "what's next?" from the very beginning.

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your career

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Take



BecomeX graduate Katie Arnold (left) works with Adina Flynn at Ameriprise Financial. Arnold is also pursuing a career in music, a passion she discovered through the 12-week personal development

# **Building Self Assurance**

### Life skills program offers many keys

Pursuing a dream requires courage - often gained through the support of others. Twenty-five yearold Katie Arnold can attest to that aware of how much she enjoys performing and being on stage.

"I had always thought about it, dreams. but was really shy," she said.

thought of performing remained just success. Class topics range from

FARGO

Today, she has a different perwith a local program called BecomeX, she confidently states, "I can do anything!"

BecomeX is a career and life skills personal development program for young women between the ages of 16-26. The organization's mission and purpose is to create a commuwho are empowered to confidently pursue their educational and career

Each quarter, BecomeX brings Like many people, she was afraid together a diverse group of young of venturing out of her comfort women for an 11-week program that zone to try something new, so the teaches the vital components of

esteem building to financial management to career skills and are spective. After her involvement taught by professionals within the community that donate their time to help young women.

Adina Flynn, financial advisor for Ameriprise Financial, volunteers her time to teach BecomeX participants the value of starting good financial habits early on in life.

"I love working with BecomeX fact. A year ago, Arnold wasn't nity of self-assured young women because I find the young women in the class to be inspiring," Flynn said. "They are still young enough to be passionate about pursuing their dreams. It's a good reminder

> To learn more about BecomeX, visitwww.BecomeX.orgorcall503-

### Women's History Museum Wanted

(AP) — Supporters of the National Women's president, "Our mission is to add women's stories History Museum are using the month of March -Women's History Month - to lobby support for a measure to allow them to move into a vacant federal building in Washington, D.C.

The group is stepping up its efforts to generate \$150 million for a museum dedicated to great names and unsung heroines.

to the historic record."

Thirty groups, including the National Association of Women Business Owners and the National Education Association, are urging support of the National Women's History Museum Act, which has already been passed by the Senate.

House approval would clear the way for use of "Half the story of the Old Post Office Annex building on Pennsylva-U.S. history has never nia Avenue, just east of the White House, as a fully been told," said museum site. The facility north of the National Mall Susan B. Jollie, the mu- would provide more than 100,000 square feet of seum organization's exhibit space. It has not been used since 1994.

## **Women Make History** in Technology

#### Intel Oregon engineers offer advice

Thousands of women are making history at Intel Oregon, the state's largest private employer.

Angel Anderson grew up in the suburbs of Chicago. After her first computer-programming course at Illinois Mathematics & Science Academy in high school, she went on to a six-month engineering internship with Intel in Austin, Texas. In 2004, she earned her Bachelor of Science degree in computer engineering at Iowa State University.

Now she's a software and product development engineer at Intel Oregon. Her advice to young women who

want to "make history" by working in the technology industry? "Understand that it won't be easy,"

to grow and move around." It can be difficult emotionally, too, Anderson said.

"As a double minority in the technola woman, I feel that there's power in the diversity, which I add to the group. For most advanced microprocessor fabs. me, the opportunity to make history by being among the 'first' was one of the most appealing things."

Anderson says young women considering a technology career also should be committed to being a lifelong learner and never be afraid to ask questions.

"You cannot and will not learn it all by yourself," she said. "Use the wisdom of those willing to help you because it will save you time and frustra-

If you're still in college, make sure you have at least one internship, Anderson said. "The longer the better."

Salama Freed is another woman making history at Intel. Born and raised in Birmingham, Ala., she earned her de-



Angel Anderson

gree from Vanderbilt University in 2000 she said, "but it will be worth it. It is a and later a master's degree in electrical rewarding field with so much potential engineering from North Carolina State University.

While in undergraduate school, she discovered that one of her passions was semiconductor processing and ogy industry, an African-American and physics. An Intel recruiter lured her to Oregon where she works in one of Intel's

> Freed's advice to young women who want to "make history" in the technology industry:

> Learn the business world along with technology—a lot of technology is still tied to business and having the acumen for it makes the climb easier.

She encourages those entering the field to excel in both work and attitude because a bad perception is a slippery slope and tough climb to change.

Freed also advises those new to the profession to be open to job opportunities different than what you think you want, because sometimes you're surprised at what you enjoy and are good at versus what you think you would enjoy and are good at.

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