

Dear Deanna!

I feel as if I'm always treated like dirt. I play by the rules, respect people, and stay out of trouble. Every time I turn around, a girlfriend is stabbing me in the back and men always play me or think I'm stupid. What am I doing wrong to continue attracting people that hurt me like this. Am I a bad judge of character? --Anonymous; Dallas, Texas

Dear Anonymous:

Yes, you're a bad judge of character because you've placed your need for acceptance higher than your personal self-respect. People treat you the way you allow them. You need to look in the mirror and seek happiness in yourself rather than people. At the end of the day, don't lose any sleep, hold your head high and



Real People, Real Advice

An advice column known for its fearless approach to reality based subjects!

realize you deserve better.

Dear Deanna!

I'm losing my husband to a co-

worker. I understand that men and women work together but I think something else is going on. He spends too much time with this woman, gives gifts to her children and constantly brags about her accomplishments. When I talk to him about this, it causes an argument and he accuses me of being insecure. How do I deal with this situation because I can't take it anymore? --Sad Wife; Detroit

Dear Sad Wife:

If your husband is providing and you don't have any evi-

dence then you need to get a grip. Obviously you're not content with your placement in life and the other woman is making you get your A-game in order. However, if he's taking money out of the household and getting defensive when you address it, then yes, something is going on. Put your foot down, give him an ultimatum about his behavior and keep it moving.

Dear Deanna!

My ex-wife has remarried and I don't like anything about her new husband. What goes on in their

household is none of my business but we have children and I'm concerned. The children don't like him either and they tell me that he mistreats them by yelling and making physical threats. Their mother is so in love that she looks past this and chooses the man over the kids. What options do I have before I talk to this man? --Paul; Jacksonville, Fla.

Dear Paul:

High emotions, jealousy, distrust and unhappiness occurs when families split and start new ones. You need to have a meeting with

your ex-wife and her husband immediately. Let them know your concerns and present the children's information and make sure the children aren't playing games. Avoid jail, and embarrassment by handling this like a mature adult or you'll make matters worse and it simply isn't worth it.

Ask Deanna is written by Deanna M. Write Ask Deanna! Email: askdeanna1@yahoo.com or 264 S. LaCienega Blvd. Suite 1283 Beverly Hills, CA 90211. Website: www.askdeanna.com



New Bikes for Christmas

Marty Kehoe, a local real estate developer, delivers new bikes and helmets to 30 deserving students from Boise Elliot Elementary School. In all, about 400 bikes were delivered to Portland area school children for the holidays as part of a program created by Radio Cab employee David Yendell and other supporters. Kehoe is the president of MK Development.

Free Rides on New Year's Eve Next Day fare increase begins

TriMet's offer of free rides on all MAX trains and buses on New Year's Eve starting Saturday at 8 p.m. is especially inviting, since an increase in fares will be put in place on New Year's Day, Sunday, Jan 1. Rising fuel costs over the last 16 months caused TriMet to fall \$4.4 million short in expected revenues. The deficit is being passed on to passengers by increasing regular adult cash fares by 15-cents and youth and honored citi-

zen fares by 10-cents. A new 7 day-rolling pass will provide convenience and savings of a monthly pass, but allows a rider to purchase it in smaller increments. For TriMet tickets, passes and more information, visit www.trimet.org or by call 503-238-RIDE weekdays between 7:30 a.m. and 5:30 p.m. You can also buy fare tickets at TriMet's Ticket office in Pioneer Courthouse Square or at Fred Meyer, Safeway and most Albertsons stores.

SAFeway advertisement featuring various food items like Rancher's Reserve Angus Beef, Pork Shoulder Blade Roast, Twin Pack Game Hens, Fuji or Braeburn Apples, Hass Avocados, and Imported Bing Cherries with prices and club prices.

Open New Year's Day Hours differ by store on New Year's Eve and New Year's Day. See store for details.

Advertisement for The Portland Observer newspaper, featuring 'diversity in Print' and 'Participate in Democracy Vote'.

Large Safeway advertisement featuring a variety of products including Tender Crab & Shrimp, Minute Maid, Coors Light, Nabisco, Progresso, and Red Baron Deep Dish Pizza with prices and club prices.