

RELIGION

Bishop Henry M. Williamson Sr. and First Lady Doris Williamson of the Christian Methodist Episcopal Church in Los Angeles.



Church Honors Los Angeles Bishop

Portland's Allen Temple CME church will honor Bishop Henry M. Williamson Sr., presiding prelate and Mrs. Doris Williamson at a Christian Methodist Episcopal Bishop Quadrennial banquet on Wednesday, Dec. 7 at the Portland Marriott, downtown.

Local dignitaries and participating CME churches of the Alaska and Oregon districts will attend the celebration.

Bishop Williamson of Los Angeles is the 52nd Bishop of the CME Church. He was elected on July 3, 2002 at the General Conference in Atlanta, Ga. and assigned the Presiding Prelate of the Ninth Episcopal District, covering five regions and over 100 churches on the West Coast.

He served as the National President of PUSH (People United To Serve Humanity) from 1991-1993, helping to stabilize the organization financially and continues to work with Rev. Jesse L. Jackson Sr. on the National Board of Rainbow/PUSH.

As founder and CEO of the One Church One School Community, he established over 200 church and school partnerships across the nation to positively impact children through tutoring and mentoring programs.

Dr. LeRoy Haynes Jr., pastor of Allen Temple CME Church, is the presiding elder of the Alaska and Oregon-Washington District. For more information, call 503-287-0281.

The Divine Art of FORGIVENESS

Justice never healed a broken heart

BY EVERETTE RICE

Every few months our society, especially the spiritual community, goes through a series of letdowns and major disappointments when we find out the people we love, care about, support, look up to, and adore, let us down or have major failings of some type. Why we expect perfection from those we love amazes me more every year I live.

Yes, as spiritual persons, we are to expect virtuous conduct and integrity in all things from those we love, respect and have chosen as leaders. That is a given we all should expect, but there is an even more important given that most of us, especially those with a spiritual base, tend to overlook: The requirement that we not judge and that we must forgive.

Whenever people speak about forgiveness and being non-judgmental, people get those qualities confused with justice, a very different issue. Forgiveness and being non-judgmental is not for the one who has fallen or caused others pain, it is for the one or ones who have been hurt, directly and indirectly by the one who has fallen.

Some falls are private and some are very public. Believe me, all of us, no matter who we think we are, have something in our background and past that if it became public knowledge would embarrass the heck out of our families, everyone that knows us, and would destroy our reputations.

The Bible says it better than I ever could. "For all have sinned, and come short of the glory of God"

Romans 3:23. Always remember, when you point a finger, you always have three fingers pointing back at yourself!

Just over five years ago my stepson, (I call him that only so you will understand our relationship) was killed in a tragic set of circumstances. He was a very loving, robust, handsome, encouraging, spiritual young man that I miss everyday. I never realized that I could love a young man who wasn't

heaven forgive my trespasses." Mark 11:26.

Forgiving is not condoning or saying what someone did or didn't do was okay. Justice for the offense or offenses will come from a higher source humanly and most of all spiritually.

It has been said that every dark cloud has silver lining and that is so true. In losing a son, I gained many others who love and remind me of my son everyday. I gained a good

Forgiveness goes against all logic and everything human because it is from God above and has life changing implications. It is a thousand times more powerful than anger, bitterness and judgment because it can influence so many more people.

Justice is always important and should always be pursued when possible, but justice never healed a broken heart, it never united a family, and it never united the one who hurt with the one who was hurt. Only true forgiveness can do those things! Not everyone will get it, but those who do, will benefit in ways that can't be imagined.

So, has someone you looked up to disappointed you, let you down, hurt you or caused you major pain? Do you want to get on with your life in a positive way with no anger or bitterness? If so, forgive them, pray for them, allow justice to do its work and your life will be better, not bitter!

Everette L. Rice is a minister with Emmanuel Temple Church and a member of the Oregon Commission on Black Affairs. For the complete version of this commentary, e-mail him at everetterice@email.com.



In losing a son, I gained many others who love and remind me of my son everyday.

a natural son so much and we could become so close. In the short years he was in my life, he helped me through my many chronic illnesses. Another young man I love dearly, my nephew, caused his death.

Because of the example of my wonderful wife, daughters, and my son's natural father, I was able to truly and completely forgive this nephew. Both of our daughters were devastated by their brother's death and struggled with it in silence. But recently, our eldest daughter shared something with us that touched me deeply.

In a moment of deep revelation and spiritual significance, she told her mother that the Father above said, "I have to forgive him." My daughter will never know the spiritual lesson she taught me that day and how that lesson carries me everyday. She knew, like many who carry the title, Christian, that we are required to forgive; it is not a request. "But if ye do not forgive, neither will your Father which is in

and close friend in my son's natural father Nehoma who helped me through the grief process like he was a trained psychologist. I couldn't have made it without 1. God, 2. My wife, and 3. Nehoma.

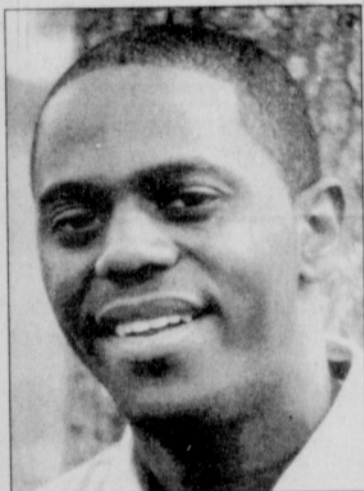
Here is a man who lost his only son, but cared enough for me, to help me through my grief as a stepfather. As he told me, "We both lost a son."

Holiday Charity Bazaar

Homemade candy, desserts, holiday gifts, home decor, stocking-stuffers, beautiful jewelry and more - all at reasonable prices — will be featured at the Church of Scientology Women's League Holiday Charity Bazaar, Saturday, Dec. 3 from 10 a.m. to 4 p.m. at the church located at 709 S.W. Salmon St.

Hot apple cider and live music will be provided. All proceeds benefit the FISH Emergency Center.

For more information, contact Vicki Scherer at 503-228-0116.



Gospel Artist Jarian Releases Album

With his debut album, "He Changed Me," gospel artist Jarian hopes to relay his messages of finding God through modern song. The CD was released by the Meridian Music Group.

Jarian's album was birthed from the maturation process of a young man as he discovered new heights in God. Jarian is a Youth Praise and Worship leader at The Hope Church of Orlando, Florida, and is taking an extensive church tour across the nation.

The CD is high-spirited and refreshing as it offers songs of praise set in an urban contemporary music style that is sure to appeal to even young audiences.

Women's Day at Allen Temple

The King's Daughters of Allen Temple CME Church, 4236 N.E. Eighth Ave., is sponsoring a Women's Day program on Sunday, Dec. 4 at 4 p.m.

This year's theme, "Women of Faith Passing on a Heritage of Faith," features speaker and evangelist Cynthia Moore of Salvation & Deliverance Church of God in Christ.

The program is dedicated in memory of First Lady Rev. Helen Haynes and Minister Ethel Bates. For more information call 503-287-0281.



Best Damn Bones in Portland

True Southern Soul Food

Da Man's Burger • Michael Jackson Burger • Luther Vandross Brisket
Queen Latifah's Cajun Catfish B.L.T • chittlins • pig feet • sweet potato pie
liver • gizzards • greens and other southern delicacies

Bring in this ad for 10% off
3962 NE MLK Blvd & Shaver
503-288-8491

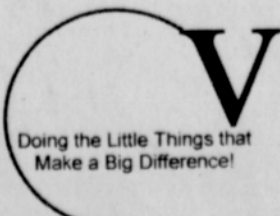
Check out our Daily
Lunch Special \$3.75

Building Dreams

DeJuan Chesterfield, looking for work to support his family, contacted V. West Contracting & Consulting Services to help him get into a construction trade. A few weeks later, DeJuan started working for a bridge building contractor through the AGC Carpenters Apprenticeship Program. Cascade Bridge LLC employed him, and he is still working for the company today, one year later. When asked about his new career, he says that he is very pleased and enjoys most learning the technical aspects of bridge building carpentry. On the job he is gaining skills in concrete curing and finishing, welding, framing and building forms. In the classroom he is receiving instruction in carpentry, building codes, roof building, team building, identifying hardware and blue print reading. What advice does DeJuan offer a young person interested in the trades? "Start early, and never quit", he says emphatically. Very happy with his progress to date, DeJuan adds "I wish I had started earlier in my life." However, he is looking to the future and is very excited about his present participation in the trades. Five years from now, "I would like to be still be building bridges and taking care of my kids."



For information on a career in construction,
(503) 493-6027



on the web,
www.bestojt.com/ihjv.asp

V. West Contracting & Consulting Services, Inc.

The House of Prayer

4936 N.E. Skidmore
Portland, OR 97218

Take N.E. Prescott,
Heading East (toward 60th) to
N.E. 49th and Turn Right,
Go Two Blocks and Turn Left

Sunday School 9:30 am
Sunday Morning Service 11:00 am
Wednesday Prayer 12:00 Noon
Wednesday Evening 7:00 pm

Everyone is Welcome!



Pastor Marcia L. Taylor
Founder/Counselor
Tel: (503) 284-9959

Northeast Portland Chiropractic Center Ferrante Chiropractic Center



- AUTO ACCIDENT INJURIES
- ON THE JOB INJURIES
- NECK PAIN
- BACK PAIN
- HEADACHES
- WELLNESS CARE
- SPORTS INJURIES

• We accept most insurance plans.
• No referral required.

• Treatment for auto injuries covered by most insurance carriers.

Located at:
4317 NE Tillmook St.
Portland, OR 97213

Conveniently located in the Hollywood area, just one block north of Sandy Blvd.

Telephone:
(503) 493-9730

Martin J. Codino, DC

ARE YOU PAYING OVER 7.0% INTEREST RATE ON YOUR MORTGAGE?
HAVE YOU EVER BEEN LATE OR CURRENTLY LATE ON YOUR MORTGAGE?

HAVE YOU RECENTLY FILED BANKRUPTCY?
ARE YOU CASH POOR AND EQUITY RICH?

IF THIS IS YOU,
THEN CALL CHARLOTTE MARTIN NOW!!!

TO SEE IF YOU ARE ELIGIBLE TO REFINANCE YOUR PROPERTY?

TIME IS MONEY AND MONEY IS TIME.

IF I CAN'T FINANCE YOU... NOBODY CAN!!!



CHARLOTTE MARTIN
PHONE: 360-823-1441
TOLL FREE: 888-849-0588
Email: cmartin@home loansource.us
FIRST TIME HOME BUYERS ARE WELCOME TO CALL!

