

FOOD

It's Time For Sweet Potato Pie *Layered Cream Cheese-Sweet Potato Pie*



While sweet potatoes abound, delight your family and guests with this tasty pie. It's an easy recipe made even easier with a frozen pie crust that's ready to bake in its own disposable pan. Bake ahead and refrigerate for your next fall gathering.

- 1 Pillsbury Pet-Ritz frozen deep dish pie crust
- Cream Cheese Layer
- 1 package (8 oz.) cream cheese, not softened
- 1/4 cup granulated sugar
- 1 egg
- 1 teaspoon grated orange peel
- Sweet Potato Layer
- 1 cup mashed, cooked sweet potatoes (about 3/4 lb. uncooked)
- 2/3 cup half-and-half
- 1/2 cup packed brown sugar
- 1 teaspoon grated orange peel
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground ginger
- 1/4 teaspoon ground nutmeg
- 1/8 teaspoon salt
- 1 egg

Place cookie sheet on oven rack. Heat oven to 350° F. In small bowl, beat cream cheese and sugar on low speed until well blended. Add egg; beat well. Stir in orange peel. Set aside.

Place sweet potatoes in food processor; cover and process until smooth. In large bowl, beat sweet potato layer ingredients with wire whisk. Spread cream cheese mixture in frozen pie crust. Carefully spoon sweet potato mixture over cream cheese mixture.

Bake on cookie sheet 50 to 60

minutes or until set and knife inserted near center comes out clean. Cool 30 minutes. Refrigerate until chilled, 3 to 4 hours. Store covered in refrigerator. 8 servings.

Tip: To prevent the layers from blending, do not soften the cream cheese prior to mixing. If preparing the recipe with the Pumpkin Spice Packet (included in Pet-Ritz pie crust packages during winter 2005), eliminate the spices and salt. Serve with sweetened whipped cream, if desired.

Thanksgiving Fixings



Macadamia Nut Stuffing

You may want to begin your own stuffing tradition by trying this easy recipe. It includes a treasure from Hawaii — macadamia nuts, and tastes wonderful cooked in the bird or as a casserole. *From Mrs. Cubbison's Best Stuffing Cookbook by Leo Pearlstein and Lisa Messinger.*

Ingredients:

- 1/2 cup butter
- 1 1/2 cups coarsely chopped Macadamia Nuts
- 1 1/2 cups chopped onion
- 1 cup chopped celery with a few leaves
- 1/2 cup chopped mushrooms
- two 6-ounce bags Seasoned Dressing or Corn Bread Stuffin' mix
- 1 carrot, grated
- 1/4 cup chopped parsley
- 1 1/2 cups chicken broth

In a large skillet, melt 1/4 cup butter. Add macadamia nuts and toss with butter over moderate heat about 5 minutes, until lightly browned. Remove nuts and set aside. Melt remaining butter and add onion, cel-

ery and mushrooms, cook 3 to 5 minutes until tender. Add stuffing mix. Gradually add chicken broth until lightly moistened. (Add extra broth if moister dressing is preferred or dressing is baked in a casserole.) Stir in carrot, parsley and reserved macadamias. Cool thoroughly before stuffing turkey.

Fill turkey cavity and neck area lightly with dressing, sew or skewer shut. Wrap any extra dressing in foil or place in baking dish to roast last 45 minutes along with turkey. For an interesting edible garnish, stuff halves of scooped-out baked squash.

Makes enough dressing for 12 to 15-pound turkey.

Apples - Pick of the Season

Apples provide eating satisfaction without a lot of calories as well as being a quick and easy way to get some tasty nutrition. One medium apple has about 70 calories. Apples also provide fiber, with the amount of fiber doubling when the skin is eaten. They contain less than 1/4 gram of fat and 150 milligrams of potassium.

Tangy Apple Salad

Makes 6 servings

- 4 heads Boston lettuce, washed, dried and torn
- 2 medium apples, pared, cored, and diced

- 1 cup halved seedless red grapes
- 2 tablespoons canola oil
- 1 tablespoon cider vinegar
- 1 tablespoon Dijon-style mustard
- Pinch salt and white pepper

1. In large salad bowl combine lettuce, apples, and grapes.

2. In small jar with tight-fitting lid, combine oil, vinegar, mustard, salt, and pepper; cover and shake well.

3. Pour dressing over salad; toss to coat.

Weight Watchers POINTS value per serving: 2; 120 Calories, 5g Fat, 4g Fiber.

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Thanksgiving celebration



Manor House Tom Turkeys
17 to 22-lb. size range. Frozen. Limit 1 with \$25 minimum purchase, not including turkey. While supplies last. **SAVE up to 80¢ lb.**

Manor House Hen Turkeys
9 to 15-lb. size range. Frozen. While supplies last. **SAVE up to 50¢ lb.**

Honeysuckle Tom Turkeys
17 to 22-lb. size range. Frozen. Limit 1. While supplies last. **SAVE up to 60¢ lb.**

Honeysuckle Hen Turkeys
9 to 15-lb. size range. Frozen. While supplies last. **SAVE up to 40¢ lb.**

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Thanksgiving Day Open Regular Hours

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Boneless. **SAVE up to \$4.69 per lb. on 2nd package**

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Whole Boneless Pork Loin
Sold whole in the bag. **SAVE up to \$3.80 lb.**

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31 to 40-ct. per lb. Sold Frozen in 2-lb. bag @ \$11.98 ea. **SAVE up to \$2.00 lb.**

5.99
lb
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Random weight: 6.49

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59 to 64-oz. Chilled orange juice. Selected varieties. Club Price: \$2.00 ea. **SAVE up to \$3.70 on 2**

2 for \$4
CLUB PRICE

Del Monte Cut Vegetables
13.5 to 15.25-oz. Selected varieties. Club Price: 40¢ ea.

5 for \$2
CLUB PRICE

Sara Lee Frozen Pies
37-oz. Selected varieties. **SAVE up to \$6.19 on 2**

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Beauregard Yams
Large size. Club Price: 33¢ lb. **SAVE up to \$3.48 on 3 lbs.**

3 lbs. 99¢
CLUB PRICE

Lay's or Wavy Lay's Potato Chips
11 to 11.5-oz. Selected varieties.

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100% Whole Grain Wheat Thins

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CLUB PRICE

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7 to 10-oz. Selected varieties. Club Price: \$1.25 ea. **SAVE up to \$6.96 on 4**

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CLUB PRICE

Buy 6 Bottles or more and your price per bottle:

8.99
CLUB PRICE

Single bottle price \$9.98 ea.

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Club Price: \$1.00 lb. **SAVE up to \$9.99 on 10 lbs.**

10 lbs. \$10
CLUB PRICE

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1.75-qt. Selected varieties. **SAVE up to \$5.99 on 2**

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