

# METRO

The Portland Observer

Everything That  
Lives Must Die  
'Blame it on the Moon'  
brings understanding  
See Focus Section, inside



SECTION **B**

## Community Calendar

### Haunted House

One of the northwest's largest haunted houses takes place each night daily inside the Rose Quarter Exhibit Hall through Monday, Oct. 31. Tickets are \$20 and can be purchased at the door. \$5 off coupons and more information is available at [www.frighttown.com](http://www.frighttown.com). Some material may not be appropriate for children under 15.

### NAACP Meeting

The October general meeting of the NAACP will be held at Terrell Hall on the PCC Cascade Campus at 705 N. Killingsworth Ave. on Saturday, Oct. 29 from 10 a.m. to noon. For more information, call 503-288-3710 or send an email to [naacp1120@aol.com](mailto:naacp1120@aol.com).

### Free CPR Training

The Interstate Firehouse Cultural Center in north Portland is able to offer free training and certification in CPR to 15 area residents. Nic Granum, a volunteer firefighter and exceptional teacher, will lead the class with equipment donated by the Portland Fire Bureau. Call 503-823-4322 to register or send an email to [office@ifcc-arts.org](mailto:office@ifcc-arts.org).

### Catlin Gabel Rummage Sale

Celebrating its 61<sup>st</sup> annual rummage sale, Catlin Gabel School will hold a massive fund-raiser from Thursday, Nov. 3 to Sunday, Nov. 6 at the Portland Expo Center. The fair features literally tons of cheap buys spanning over 88,000 square feet. Hours are 5 to 9 p.m. on Thursday, 10 a.m. to 6 p.m. on Friday and Saturday, and 10 a.m. to 3 p.m. on Sunday.

### Spaghetti Dinner

Those looking to help out a cause by eating some yummy Italian food can visit a spaghetti dinner being held by St. Charles Church at 42<sup>nd</sup> and Northeast Emerson Streets on Sunday, Nov. 6 from noon to 6:30 p.m. Spaghetti and meatballs, salad, garlic bread, a beverage and pie will be served, and wine will be available. For more information, call 503-281-6461.

### Blood Drive

Essence Magazine, a lifestyle publication for African American women, will partner with the Red Cross to host a blood drive at the Portland Donor Center on 3131 N. Vancouver Ave. from 7 a.m. to 2 p.m. on Nov. 19. For more information or to make an appointment, call 1-800-GIVE-LIFE.

### Adult Computer Classes

Portland Impact's Marshall High School SUN program is offering a free computer class for parents. Topics will include basic internet, Microsoft Office and Windows skills. Classes will be held Nov. 9 and 16 from 6:30 to 8:30 p.m. at Marshall High School on 3905 S.E. 91<sup>st</sup> Ave in room A-43. To register for either class, call 971-570-1384.

### Caregiver Resource Fair

A free resource fair for local caregivers will be held Friday, Nov. 18 from 10 a.m. to 3 p.m. at the Providence Medical Center's Social Room at 4805 N.E. Glisan St. The fair will feature information on in-home assistance, adult day programs, support organizations, stress reduction, legal issues and more. For more information, call 503-988-3646.

**35**  
years of  
community service



The cast of 'Voices,' a play about abused inmates searching for identity during the Civil Rights era of the 1960s.

## Local Cast Takes Stage

### A search for identity

A fictional story that follows the lives of a handful of abused inmates searching for identity in the midst of violence will be presented for two weeks only at the Interstate Firehouse Cultural Center in north Portland.

"Voices" was written by Kwik Jones, a Portland author, theater producer and Jefferson High School graduate.

His inspiration for the play is the Soledad brothers and brother George Jackson,

inmates at California's San Quentin Prison during the Civil Rights movement of the 1960s.

While Jackson, a powerful leader among the inmates, speaks on finding and maintaining a voice, the prisoners' ideas are challenged. Can they face their fears to overcome the oppressive ways of abusive guards and will Jackson survive the betrayal from one of his own?

## Ladies and Gentlemen: Enjoy This Play

BY KWIK JONES

If someone goes into cardiac arrest you have up to four minutes to administer CPR, 10 minutes more to administer electric shock and hopefully if these steps are happening, the person has a 40 percent chance of survival.

Unfortunately, when it comes to keeping black art alive in the city, we are falling into the fatality list.

Where are you, cinched in your grave with your remotes? Stuck in the club with

Mike Jones, spinning on that bar stool, too dizzy from your favorite cocktail or cocktails?

What happened to us going to see community plays?

Let me go back in time when it was cool to check out a play; the days of when all the mommies and daddies would get suited from head to toe just to check out a show. When cats would hit the streets with their honey. Those days of Langston, Zora Neale Hurston, W.E.B. Du Bois; "The Negro Movement" aka

The Harlem Renaissance; the days of strong black literature, art, music, and playwriting and support from a community.

We're letting black art die. I don't want to bring back the good old days. I want us to make some new ones.

We must breathe life into our arts community so it will be accessible to those younger ones who want to participate later on in their lives. We must shock the community with our support so black art isn't just appearing during Black History Month.

The African-American cast by Studio 20 Entertainment features Victor Mack, Shuhe, Kenneth Dembo, Andre Barnes, Malcolm Ricks, Kwik Jones, Sean Riley and Brian Jones.

Area residents are invited to a free reading from the play at Reflections Coffee House, 446 N.E. Killingsworth, on Saturday, Oct. 29 at 7 p.m. The community is also encouraged to attend

the 'Voices' production at the IFCC, 5340 N. Interstate Ave. Performances are Nov. 3-13 at 8 p.m. Thursdays through Saturdays and 2 p.m. Sundays. Admission is \$10 and \$7 for seniors and students.

In addition to the play, there will be a free showing of African-American paintings by Mo Jones in the IFCC Gallery.

## Kids Café Feeds Growing Minds

### Boys and Girls Club hosts free meals

BY KATHERINE BLACKMORE  
THE PORTLAND OBSERVER

As anyone with a stomach knows, it can be difficult to concentrate with a growling tummy. Your mind and body either slow down to a standstill or run into hyperactive overdrive when your highest priority becomes figuring out the next time you'll be able to feed yourself.

At the Blazer's Boys and Girls Club in northeast Portland, as many as 500 students are getting help at balancing out their hunger with the newly renovated Kids Café, a program through America's Second Harvest which serves free, nutritious and tasty after-school meals to children and teens ages 6 to 18.

In addition to creative, globally infused cooking, the kids are taught how to keep an eye on food labels, how to replenish their bodies with better alternatives to vending machine fare and how to cook dishes in their own homes.

"Hopefully, starting this early will get the kids in the process of choosing healthy food," said Scott Langen, resource development manager for the Boys and Girls Club.

While the club and the group Social Venture Partners Portland join forces to help low-income households feed their



PHOTOS BY KATHERINE BLACKMORE/THE PORTLAND OBSERVER

Up to 500 local kids are given free, healthy meals every day after school at the Blazers Boys and Girls Club at 5250 N.E. Martin Luther King Jr. Blvd.

children, they're also providing kids with working parents after-school activities.

The cafe serves a hot dinner and evening snack daily during the school year, and a hot lunch and afternoon snack during the summer.

A cook for more than 40 years, Kids Café chef Betty Brain realizes the importance of a healthy, natural meal.

"When they go back to do their homework, they can relax and concentrate on school or have energy for sports," she

said. Brian noted that since most of the food, donated by the Oregon Food Bank, isn't processed, the end result not only

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