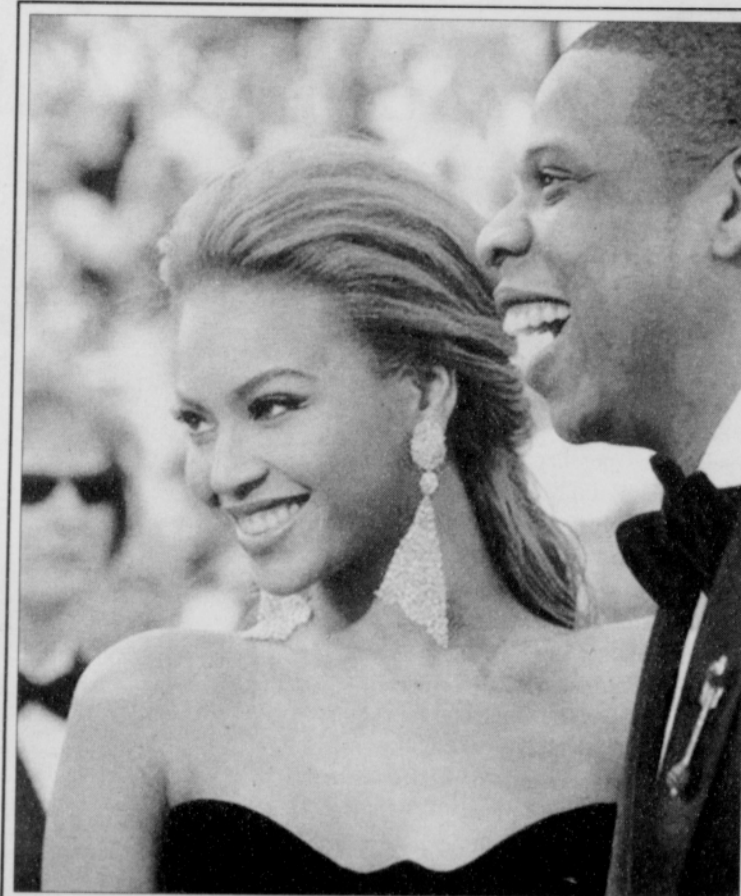
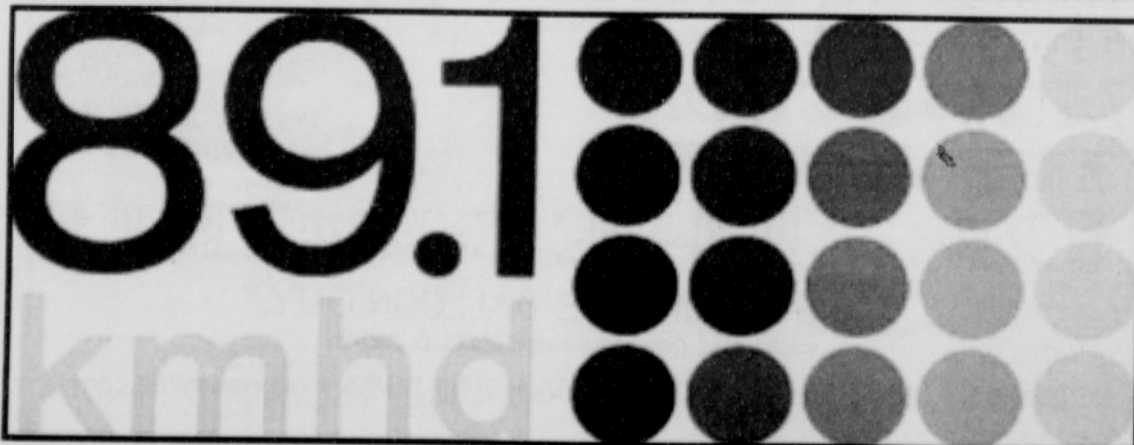


Dizzying Movements

Extraordinary dance of the Montreal-based Compagnie Marie Chouinard moves with extreme kinetics on stage. The remarkable company returns to Portland for the White Bird/Portland State University Dance Series on Thursday, Oct. 13 through Saturday, Oct. 15 at 8 p.m. in the Lincoln Performance Hall. Tickets are available at all Ticketmaster outlets.

ONGOING & UPCOMING MUSIC -- *The Blue Monk on Belmont* plays live jazz every Sunday night at 9 p.m. For a schedule, visit www.thebluemonk.com. Thorn City Improv, featuring members of Old Dominion, Quivah, The Chosen and The Black Notes perform Tuesdays at 10 p.m. at Conan's at 3862 SE Hawthorne. *Interstate Bar and Grill* has mature live music at 4234 N. Interstate. The Black Notes play Thursdays at the Candlelight Room. *Mel Brown* plays jazz at *Jimmy Meks* on Tuesdays and Thursdays and Fridays and Saturdays at *Salty's on the Columbia*. A Community Unity Breakfast is held every third Thursday at SEI at 7:30 a.m. *Skip Elliott Bowman Jazz Trio* plays Saturdays from 10 a.m. to noon at *Hannah Bea's*, on northeast MLK Jr. Blvd. and *Shaver*. R&B and live funk bands perform weekends at Interstate Firehouse Cultural Center. *After work*, stop by *The Red Sea*, 381 S.W. 3rd Ave. from 5 to 9 p.m. Wednesdays. Don't miss Reggae Thursdays at *Savannah's* during First Thursday at 8 p.m. *DJ OG ONE* spins R&B at *Savannah's* Fridays. *Savannah's* Restaurant welcomes Ron Steen Jam Session Sundays at 8:30 p.m. *Live Reggae Fridays* and Saturdays at *Montego Bay*, 1239 S.W. Jefferson. Politics and Poetry is every first and third Thursday at *AJ Java's Internet Café* from 6 to 8:30 p.m. *Chicago Style Steppin* is from 6:30 to 7:30 p.m. Fridays at *Matt Dishman Community Center* and Sundays from 7 to 11 p.m. at *Flirts Holiday Inn Airport*. DJ Vance spins on Saturdays at *Bookies Sports Lounge* on North Lombard and Albina; no cover before 10 p.m.



Beyonce Knowles and Jay-Z at the Academy Awards last February. (AP photo)

Beyonce Opens Up to Vanity Fair

(AP) — As if Beyonce wasn't enough to satisfy audiences, now the secret of "Sasha" is out. That's the name Beyonce has given her stage persona, according to the November issue of *Vanity Fair*. "I always held back in *Destiny's Child*, because I was comfortable in a group and felt that I didn't have to do anything 100 percent, because there were other people onstage with me. I would not lose myself or go all the way," she told the magazine.

"The first step to (going all the

way) was 'Dangerously in Love.' I just wanted people to really hear me, hear my voice and my tastes. For the first time, I wasn't afraid, I didn't feel limited. I wanted people to hear my range, because I can sing like a rapper, I can flow, I can sing soul songs, I can do rock, and I wanted people to hear that."

As usual, she was coy about her relationship with Jay-Z, although she did say they're not engaged, let alone secretly married as some have claimed.

Mardi Gras in October

The Portland Jazz Festival presents "Mardi in October!" as part of the effort to bring in New Orleans jazz musicians to Portland and offering them performance opportunities while New Orleans rebuilds. The Tuesday, Oct. 18 concert begins at 8 p.m. with doors opening at 7 p.m. at the Crystal Ballroom, downtown.

The party will feature musicians, stilt walkers and Mardi Gras Indians, including New Orleans musi-

cians Bill Summers, jazz sax legend Donald Harrison, and Troy "Trombone Shorty" Andrews.

Proceeds event will benefit New Orleans musicians already relocated to Portland or those on the way to help offset their travel, housing and living expenses.

Tickets are available at ticketswest.com, at all Ticket West/Safeway Outlets, or by calling 503-224-8499.