September 21, 2005

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Concordia **Offers Dual** Enrollment With PCC **Program makes** transition between colleges easier

Portland Community College will partner up with Concordia University to offer a new program of dual enrollment and co-admission, beginning January of 2006. The decision, made earlier this month, marks the first dual agreement in Oregon between public and private educational institutions.

"This will give community college students more opportunity and motivation to complete a degree. We are striving to make college accessible," said Preston Pulliams, district president for Portland Community College.

The benefits of co-enrollment mean students can take courses at both schools, which streamlines admissions, applications and transcripts, and gives students more access to the services of both colleges. Tuition rates and fees will be set by the enrolling institutions.

"The data shows that students in the Portland metro area do not follow a single, linear path from the two-year to the four-year institution. This agreement will help reduce the barriers so students will be better assured of a successful undergraduate experience," Pulliam said.

Columbia Gorge Community College and Tillamook Bay Community College will also be part of agreement, making Concordia University more accessible to those beyond Portland boundaries.

Lil' Kim Reports to Prison Musician begins 1-year sentence

for lying in court

(AP) - Rapper Lil' Kim began serving a 366-day prison sentence Monday for her conviction on charges stemming from a 2001 shootout outside a New York City radio station.

The 30-year-old entertainer, whose real name is Kimberly Jones, was whisked into the federal detention center past a throng of media, fans and passers-by at about 4:45 p.m.

Earlier, she issued a statement saying she had "unfortunately" been assigned to the concrete, high-rise Philadelphia facility instead of to a prison camp "as discussed."

She added: "I am not certain that this constitutes fair and equal treatment."

Her lawyer, L. Londell McMillan, said a celebrity like Lil' Kim could be in danger in the detention center.

"Why should a female hiphop artist have to spend time in an urban concrete jungle while other female prisoners are assigned to rural, suburban-type prison camps?" said would seek to have his client reassigned.

Calls to the federal Bureau cry and to stay strong." of Prisons and the U.S. Marturned Monday.



was convicted of lying about the months with good behavior. gun battle to a federal grand jury and in the subsequent trial, in my life which I expect to brought about 20 to 25 people to strengthen me and allow me Philadelphia with her in two RVs. Her mother, brother and lawyer were allowed to accompany her briefly into the detention center McMillan, adding that he to say goodbye, McMillan said.

She was upbeat, smiling," he said. "She told her mom not to

Lil' Kim will be assigned to a shals Service were not re- female work cadre at the coed prison, McMillan said, noting The 4-foot-11 rapper, who that she could be out in nine

Sculpting With Steel

to physically touch the images,

backgrounds.

greater than I thought it was Red Bull, One Wolf Soccer and lief in Oregon.

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how it was going to be. It was sioned by such companies as

Mayes said people tend to want while they wait.

Featuring

and many more ..

itian Performing Arts Cer located at 8131 N. Denve

THE

which seem to pop out from their ganic Brewery on 1520 S.E. Sev-

"Today begins a new saga time for reflection," Lil' Kim said in her statement. "I plan to write music while in prison, read and pray regularly and will come out a stronger, more confident woman."

The gunplay erupted outside WQHT-FM, known as Hot 97, in Manhattan when Lil' Kim's entourage crossed paths with a rival rap group, Capone-N-Noreaga.

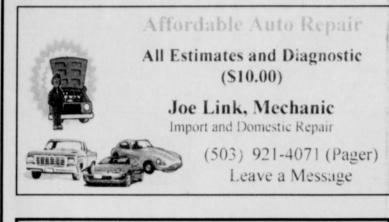


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continued A from Metro

Mayes said, "It has this pow-

erful aura. It just emanated a

lot of power and I visualized

Students Helped Into Health Careers

continued A from Metro

and comprehensive study materials available. The prospective medical leaders of tomorrow get a rare opportunity to pick the brains of the dean and assistant deans of the medical, pharmacy and physician assistant schools; financial aid experts; career planners; learning specialists; faculty members and them expert advice on what it takes to be a competitive applicant.

In addition, the students will pair weekly, learning what a day in the Health Education Centers. life of a physician or physician assistant is really like.

to be doctors before they know what it's really like. This program either affirms that you want to do it or not. It's a reality check," said Adams. "I wouldn't have been able to afford the materials necessary for preparing for the MCAT. Without this opportunity, I would be half as prepared."

OHSU also offers a Springboard Program to introduce students to medical profession role models, health care certification classes, job shadowing and research opportunities.

Understanding the nuances of various cultural beliefs and practices, otherwise known as cultural competency, is an integral part of the program, along with interpersonal relationship development and negotiation skills to enhance their competitiveness and improve retention.

Following high school and before entering college, the students are invited to participate in the HCOP Early Success program, which offers a no-cost introduction to college math and science

classes at Portland Community College for four weeks during the summer. Students in the program are paid stipends to offset wages they might have earned during the summer working at a minimum-wage job, and receive room and board at Portland State University.

Formal partners in the OHSU School of Medicine HCOP inhealth career students, who give clude Benson, Roosevelt and Jefferson high schools; Portland State, Oregon State and Willamette universities; Portland up with a faculty member in various Community College Cascade specialties for four hours once Campus; and OHSU's Area

For more information, visit www.ohsu.edu/som/dean/oma/ "A lot of students say they want hcop.shtml, e-mail hcop@ohsu.edu orcall 503 494-1681.



An ongoing series of questions and answers about America's natural healing profession. Part 24. Osteoarthritis: you needn't be frightened about a frightening problem anymore

pain in my neck. The doctor said that it was osteoarthritis and that I would have learn to live with it. What is your opinion?

: As you might know, there is A a tremendous amount of health research going on today Much relates to the spine and nervous system. You might ask your doctor if he has read the latest study on osteoarthritis. The study showed that there was no correlation between the amount of osteo-arthritis and the amount

: I have been having a lot of of pain a person suffers. In fact it joint and bones are stresses. Our has been found that pain and osteochief purpose then is to remove arthritis are both caused by the the stress or irritation from the same problem. Mechanical stress joint (and nerves) - not only to on the bone and joints is the bigreduce pain but to allow the bones gest cause of pain and also the to be as healthy as possible as cause of that deformity of the joint well. If you have joint pain, isn't your doctor calls osteoarthritis . In it time you stepped up to , effec-Chiropractic we evaluate where the tive Chiropractic?

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 	FALL 2005 TERM SCHE September 26 - Decem lasses are held Monday through Thurs	ber 8
Monday OT 101	*Old Testament Survey I Genesis through II Samuel	Jim Sellers, M.Div
CM 203 UM 202	0	Fred Woods, M.Div
<u>Tuesday</u> GE 090	Basic English Review basic writing skilla and oral	Connie Stanton, B.A presentations.
PM 220	Biblical Lay Counseling "Caring for People God's Way" I	Carol Chism, MSSA
Wednesda PM 101	¥ *Equipping the Saints 1 A Navigator couse in discipleship an	Dave Brown, M.Div d disciple-making.
<u>Thursday</u> BI 101	*Inductive Bible Study Develop skills for independent Bible	Geoff Hartt, M.Div
NT 101	*New Testament Survey I Matthew through John	Dan Hoffman, B.A
PM 205	*Christian Ethics Addresses Christian attitude and bel	Deborah Loyd, M.A.E.T havior toward the world.
	no (group and individual lessons) nd Thursday, by appointment only	Zetta Burton, B.A
Affi	*Required for the ACM degree in C NPBC has received State Certification liated Institute of the Association for B	on to offer a degree

Other people think so, too. eateries hoping to give their cus- where his next exhibit will be, cal Because of it's textural nature, tomers something to ponder at Mayes at 503-547-7355.

U.S. Bank, in addition to local

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\$30 toward Hurricane Katrina re-