

# EL OBSERVADOR



A 23-year-old medical student from Argentina travels across South America with his friend in "The Motorcycle Diaries."

## 'Motorcycle Diaries' Sweeps

(AP) — "The Motorcycle Diaries," the tale of revolutionary Che Guevara's life-changing 1950s journey across Latin America, swept top honors recently at the Imagen Awards, including best picture, director and supporting actor.

The film, based on Guevara's diaries of his 1952 trip with Alberto Granado, also garnered Jose Rivera

the Norman Lear Writer's Award. The awards show honored contributions by and about Latinos and Latino culture.

"We created the Imagen Awards 20 years ago because at the time there was no other formal awards show to recognize top Latino entertainment talent," said Helen Hernandez, president and founder of the Imagen Foundation.

## Local Latina Participant in Pageant

Southwest Portland resident Kiara Aguillon, 16, participated in the Miss Latina of Oregon Pageant last weekend. Aguillon, going into 11<sup>th</sup> grade in the fall, has been involved with the Pacific Youth Choir, Become X and ad campaigns for Portland General Electric and Telecom.

"It's helped me grow as a person and empower me to do things that I didn't think I could do before. I'm very connected with my Mexican heritage because of my grandparents, and I want to be a role model for others. I want to show that there are no boundaries," Aguillon said.



PHOTO BY KATHERINE BLACKMORE/  
THE PORTLAND OBSERVER

## Hispanics See Historic Chance With Nominee



Attorney General Alberto Gonzales and President Bush joke with the press during their visit to the FBI Academy in Quantico, Va., Monday, July 11. (AP Photo)

## Minority vote coveted by politicians

(AP) — The possibility of two Supreme Court vacancies — following Sandra Day O'Connor's planned retirement and speculation surrounding Chief Justice William Rehnquist — increases chances that President Bush will nominate the court's first Hispanic justice, observers say.

That nomination would be a milestone for America's fastest-growing minority group, whose vote is heavily coveted by politicians. At the same time, it could magnify the split between conservative and liberal Hispanic groups if a battle breaks out over the nominee's ideology.

Sens. Mel Martinez, R-Fla., and Ken Salazar, D-Colo., say a qualified Hispanic shouldn't have a problem being confirmed.

"I think that all of them have to live up to the same standards, and that is: Are they qualified? Are they going to be fair and impartial people on the bench?" Salazar said recently. Martinez added: "I believe a

good, qualified Hispanic who happens to be a conservative will get a fair hearing."

Court observers say it becomes more likely that Bush will pick a Hispanic if there is more than one position open on the high court. O'Connor announced her retirement last week; Rehnquist, 80 years old and fighting cancer, has not made any announcement but is being watched closely.

The names most often mentioned as possible Hispanic nominees are Attorney General Alberto Gonzales — the first Latino attorney general and a close friend of the president — and Judge Emilio Garza of the New Orleans-based 5th Circuit Court of Appeals. Garza was President George H.W. Bush's second choice for the Supreme Court after Clarence Thomas.

A possible Gonzales nomination has already drawn fire from some conservatives, including Hispanics, who don't think he's conservative enough.

## National Council of La Raza to Help AmeriCorps

### Hoping to recruit greater number of Hispanic volunteers

The National Council of La Raza (NCLR), the nation's largest Hispanic civil rights and advocacy organization, will be assisting the AmeriCorps national service program in its efforts to reach an important goal: increasing the number of Hispanic Americans who serve as members.

"The AmeriCorps values of volunteerism, hard work, and giving back to one's community reflect the values shared by Hispanics across the country," said NCLR President and CEO Janet Murguía. "NCLR is pleased to partner with them to increase our community's numbers in a program that plays a significant role in increasing the civic engagement of young Americans, and offers incalculable benefits to its participants."

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—Janet Murguía, National Council of La Raza CEO and President

The recruitment initiative, called "NCLR Compañeros de AmeriCorps" was announced recently during a youth community service event in Philadelphia sponsored by NCLR. NCLR has been a national grantee of AmeriCorps since 1995. Currently, about 200 NCLR AmeriCorps members provide educational and workforce development opportunities to members of the Latino community at 10 sites located across the country.

This represents a new collaboration specifi-

cally designed to increase the number of Hispanics taking part in AmeriCorps National Civilian Community Corps, a team-based program for men and women between the ages of 18 and 24.

Participants in AmeriCorps<sup>®</sup>NCCC serve at one of five regional campuses located across the country. Over the course of 10 months, each AmeriCorps NCCC member completes 1,700 hours of service on such projects as tutoring inner-city schoolchildren, building houses in low-income neighborhoods, restoring parklands, and responding to natural disasters. In exchange for their service, members receive \$4,725 to help pay for college, or to pay back existing student loans.

Service with AmeriCorps NCCC has been shown to have other benefits, as well. According to a 2004 survey, 83 percent of former members reported that the skills they learned while serving in AmeriCorps NCCC helped them in their current job, educational pursuit, or civic engagement activity.

## What to take for arthritis pain?



Take a walk. A bike ride. A swim. Studies show that 30 minutes of moderate physical activity three or more days a week can relieve pain and help you move more easily. If 30 minutes at once is too much, try 10 or 15 minutes a few times a day. To make it fun, invite a friend or family member to join you. Stick with it, and in just four to six weeks you could be hurting less and feeling better.

### Physical Activity. The Arthritis Pain Reliever.

Call 1-800-283-7800 to learn more.

Physical activity helps manage your arthritis pain. Take it slow. Take it easy. Come and try one of the classes below. Classes are free for qualified participants. Please contact the African American Health Coalition for more information at: 503-413-1850 or visit [www.aahc-portland.org](http://www.aahc-portland.org).

**Low Impact Aerobics**  
Wild Oats Market - 3535 NE 15th  
Tue, 7:30-8:30pm

**Water Aerobics** (Contact the AAHC)  
Columbia Pool - 7701 N Chautauqua  
Matt Dishman - 77 NE Knott

**Walking Group**  
Peninsula Park - 700 N Portland  
(Saturday group will resume in the summer)  
Lloyd Ctr, 1st Fl. in front of Sears  
Tue, Thu, 6:30pm

**Tai Chi** (Contact the AAHC)  
St. John's Community Center - 8427 N. Central  
Tue, 6:30-7:30pm

**Seniors Physical Activity**  
Allen Fremont Plaza - 221 NE Fremont  
Mon, 10:30-11:30am, Tue, Thu, 10:30-11:30am  
Multicultural Senior Center - 5325 NE MLK  
Mon, Wed, 10:30-11:30am  
Irvington Village - 420 NE Mason St.  
503-546-9292 x121

**3rd Annual Wellness Within REACH Walk.** Saturday, September 10th at Dawson Park, located at N. Vancouver and Stanton in Portland, OR. To register or volunteer, please contact the African American Health Coalition, Inc. at 503-413-1850 or [ninan@aahc-portland.org](mailto:ninan@aahc-portland.org).

A MESSAGE FROM THE CENTERS FOR DISEASE CONTROL AND PREVENTION • THE ARTHRITIS FOUNDATION  
THE DEPARTMENT OF HEALTH & HUMAN SERVICES • AFRICAN AMERICAN HEALTH COALITION, INC

