



CAREERS *special edition*

Nursing Careers Begin at Concordia University

Students heal with minds, hands and hearts

Each and every one of us will place our well-being in the hands of a nurse someday. Whether we face a long-term health crisis or simply an unfortunate minor injury, the clinical competence of the nurses who care for us is vital to our comfort and recovery.

But how important is compassion, understanding, and listening? Concordia University in northeast Portland, which welcomes its first class of 27 nursing students on June 13, has developed its entire nursing curriculum around the belief that not only do the hands heal, but also the heart.

The Bachelor Science in Nursing program, accredited by the Oregon State Board of Nursing in

February, focuses on fostering both clinical competence and reflective compassion while preparing future nurses to promote health, offer expert bedside care, and provide leadership within healthcare organizations and the community.

Fundamental to the Concordia education is the opportunity to deepen spiritual roots. The faith-based University offers a caring community that encourages students and faculty to reach out to one other, while developing a life of Christian service.

From the very first course, Concordia's nursing program emphasizes sensitive interpersonal communication that deepens un-

derstanding of the human experience of illness and suffering.

The Concordia nursing program is also distinguished by its emphasis on building strong clinical skills. All first-year nursing students will be proficient in the performance of common hands-on nursing procedures. Concordia will assure that all students to become certified as nursing assistants while they take a nursing course in fundamental nursing interventions and basic communication skills.

For more information on Concordia University's Bachelor of Science in Nursing program, visit www.cu-portland.edu or call 503.280.8501.

Making a Seasonal Job Hunt Easier

Job openings come and go with the seasons, and being prepared to jump on those opportunities is vital if you plan to work temporarily. Resumedoctor.com has compiled suggestions on how to get the most from your job search.

A resume is the key to communicating your skills to a potential employer. Whether you are seeking a job as an accountant or a retail clerk, a resume is a must-have; don't expect to get far without one. Tailor each resume to the specific demands of each position to which you apply. Showcase any relevant similarities between your prior experiences and the job opening.

Where are the jobs? Identify companies in your area that traditionally see a spike in business during sum-

mer. Do not wait until you're out of school. Begin your search several weeks before things get busy.

Temporary staffing agencies earn their livelihood from the seasonal employment needs of area businesses. Leverage this expertise by letting them place you where your skills are needed the most.

First impressions matter as much as your resume. When you secure an interview, demonstrate your professional attitude and enthusiasm for the job. At a minimum, present yourself in business-casual attire. Be flexible with shifts and work assignments.

The best part - seasonal help can often turn into full-time permanent employment.

De La Salle Builds Resumes Early

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to life skills they wouldn't be exposed to otherwise," said Matt Powell, president of De La Salle North Catholic High School and founding employee. "They're having lunch with CEOs and lawyers. It's taught them how to be responsible. The kids work very hard to be here, and that transfers into their work ethic."

What's more important to Powell,

though, is that the school reaches out to students who haven't had a lot of opportunities.

"We take kids from really diverse learning abilities. We take kids that want to be here and want to do better. Many of our kids came in a couple of levels below grade level but now we're seeing an extremely high college rate," Powell said.

They're making sure that even after college, their students don't get stuck in the quarter-life crisis of

having a degree with no experience.

"Working with people who are high in the corporate ladder has helped me mature. I'm forced to grow up," said senior Rashida Saunders, who will be attending Seattle University in the fall as a biology major. "They look at me like I'm an adult. I've been networking. I have contacts."

For more information on De La Salle North Catholic High School, visit www.delasallenorth.org.

Getting The Most Out Of A Resume

Tips on targeting the job you want through words

The most effective pitch ... involves demonstrating how you fit the specific requirements for the job opening.

Job recruiters don't need to know what you want to do, they need to know what you're qualified to do.

Experts say more than half of all job seekers begin their resume with a career objective statement that can narrow your focus too much or be too vague to offer any meaningful information.

ResumeDoctor.com gives the following guidelines to replace your career objective:

Begin with a concise statement conveying your title, industry background, and area of expertise. If an employer were skimming hundreds of resumes for a specific type of professional, what headline would entice them to read further?

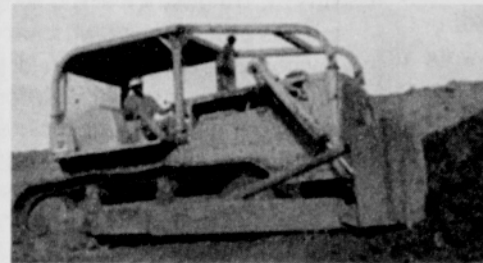
The most effective pitch to a potential employer involves demonstrating how you fit the specific requirements of the job opening. Determine the primary factors that the hiring decision will be based

upon, then present your relevant qualifications clearly and succinctly within the top quarter of the resume.

Get rid of vague and subjective language. Instead, focus on quantifying your accomplishments and expertise. Also, don't make your resume a repetitive list of job duties; rather showcase what distinguishes you from the other candidates for the job.

HEAVY EQUIPMENT OPERATORS

FIND OUT HOW YOU CAN DEVELOP SKILLS FOR A CAREER IN CONSTRUCTION THROUGH APPRENTICESHIP



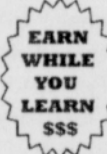
HEAVY EQUIPMENT OPERATOR



HEAVY DUTY REPAIRER

SKILLS NEEDED TO BE SUCCESSFUL

- Math
- Good work ethic
- Good Attitude
- Problem Solving
- Communication
- Writing
- Willing to learn



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life,
BECOME A NURSE.*



Nursing is a rewarding career choice, and Concordia University is the right place to prepare for the challenges of the job. Concordia's Bachelor of Science in Nursing emphasizes:

- Strong clinical skills
- Compassionate practice
- Proficient critical reasoning
- Solid spiritual grounding

Contact us for more information locally at 503-280-8501 or long distance 800-321-9371 or visit www.cu-portland.edu.



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