May 11, 2005

The Portland Observer

SPORTS

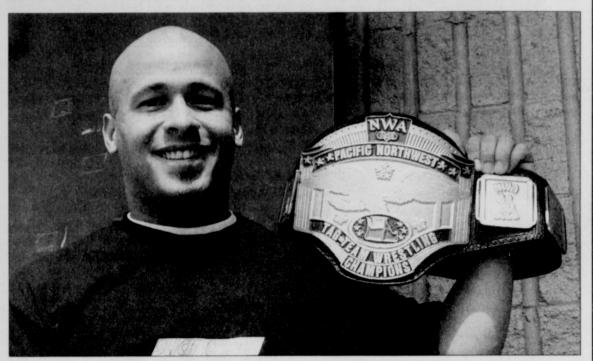


PHOTO BY NICOLE HOOPER/THE PORTLAND OBSERVER)

'Slick Cedric' shows off one of his wrestling championship belts.

Wrestler Goes to Work

One of few blacks in sport

BY NICOLE HOOPER THE PORTLAND OBSERVER

"Slick Cedric" is a local professional wrestler who takes to the mat everywhere from flea markets in St. Johns to championship tournaments in California. He recently won his match at the Portland Northeven if it was by disqualification.

time of it versus 'The DeeVaa' when DeeVaa's partner, Gentleman George Michael, interfered by trying to distract the referee and his opponent used an illegal move its perks. called "The Royal Flush."

Those interesting events are tling federations want diversity in what make many people stay at the ring," said Cedric. After comhome on Monday night to watch muting to Portland many times a World Wrestling Entertainment. month, he felt it would just be better Unlike other professional wrestlers, to move to Portland. Seattle appar-Cedric didn't wrestle in high school; ently has a limited wrestling scene. at an Aloha steakhouse but has an

nation or to hoard off the many exercise and weight lifting 4 times a

Cedric who is black and German is from Santa Rosa, Calif. He relocated Portland only two months ago but had already made a name for himself in the Pacific Northwest.

women fans he sees cheering him week, but his downfall is eating too much food.

"I like to eat, but the most important thing is that you stay in shape," Cedric said.

For aspiring wrestlers, Cedric stresses the important to physi-Being one of the few African- cally train and to watch videos of

Charisma is necessary. It's west Pro Wrestling tournament, almost as important as your Cedric was having a fairly easy moves and technique.

-'Slick' Cedric

other wrestlers to learn the craft. In American wrestlers in Oregon has addition to the physical preparation, Cedric feels it's important to have charisma.

> "Charisma is necessary. It's almost as important as your moves and technique," he said

To pay the bills, Cedric is a server he didn't have fantasies as a child Portland has had active wrestling associate degree in computer re-

Portland Observer Auto Review

2005 Nissan Murano SE FWD

The Nissan Murano is a good example of a crossover vehicle. It was designed to haul cargo like a sport utility, but drive like a car. With stylish exterior shapes and a comfortable cabin that accommodates five, midsize Murano is a of this vehicle is \$29,450.

The futuristic look is backed by sporty performance. The Murano is powered by Nissan's beefy 3.5 liter V6, the same engine found in the 350z sports car, putting out 245 horsepower. It comes with a continuously variable transmission, a three. Seatback splits and reclines and responsive while offering su- area. perior gas mileage within its class. Murano's road-tuned suspension features above the class standard. offers smooth and sporty handling. Standard equipment on all three



fun-to-drive wagon. The base price Tested Vehicle Information: Price: \$33,010; Engine: 3.5 liter DOHC V6; Transmission: Xtronic CVT (Continuously Variable Transmission) with manual shift mode

flanking a large console with covered recesses to stow gear large items like a purse. On the second row a bench is designed to seat two comfortably but can hold high-tech automatic that's smooth or folds down to expand the cargo

All Murano models come with The cabin layout offers a pair versions includes dual-zone autoof bolstered buckets in the front matic temperature control, a high- the SE and optional on the SL.

power AM/FM/CD audio system, power windows with auto up/down feature in front, keyless remote entry, reclining rear seats, and 18inch alloy wheels.

The Murano SE comes with a firmer sport-tuned suspension, a manual shift mode, styled alloy wheels and dark-silver lower bumpers. High-intensity xenon headlights, which have a manual leveling feature, are standard on



of becoming a great wrestler but six entertainment for over 30 years. years ago he just happened to be at the right place at the right time.

eration in Seattle area and a friend took me with him to an audition. I tall and over 200 pounds," he said. just happened to be there and decided to try out."

Slick Cedric does not reveal his actual name. Under advisement of tag team competition. A tag-team his mentor, he will not reveal his age match consists of four wrestlers either. The reason is unknown. comprised of two teams. Maybe it's for fear of age discrimi-

"I keep real busy because wres-

Cedric simply wants to be the best wrestler he can be; at 5 feet 7 "I got pulled into it," he said. inches tall and 200 pounds he is "There was a tryout for a new fed- smaller than the average wrestler. "Most wrestlers are over six feet

Luckily for him, there is a wres-

tling federation for people of his size. In 2004, Cedric won an Oregon

He tries to keep fit with cardio

pair.

After his wrestling days are over, he wants to work in promotions or advertising within the wrestling federation.

Slick Cedric is just one of the 10 wrestlers that meet at the Sandy Barr's Flea Mart, 7220 N. Burlington Ave. in St. Johns every Tuesday at 8 p.m. On June 5, he will return for another PNPW tournament, which will be held at the Milwaukee Elks Lodge. For more information, visit www.pnpw.net.

Join US! for the

6th Annual Cory Washington MEMORIAL ALL-STAR BASKETBALL GAME

presented by

The Portland Observer





Saturday, May 28th, 2005 Doors open at 2pm, Games begin at 3pm

Admission: \$3 Adults ~ \$1 for 16 and under

LOCATION: Self-Enhancement Inc (SEI) 3920 N. Kirby Avenue Portland, OR 97227

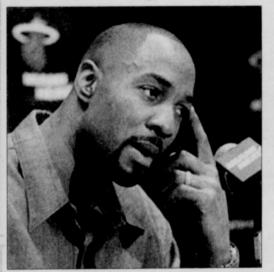
Main Attraction: Cory Cougars vs Jammin' 95.5 Nike Big Ballers

Followed by a playoff between four 7th grade teams: Portland Disciples, Oregon Thunder, Urban Sports, Above the Rim for the 7th grade championship (going to the overall winner).

Proceeds benefits the amateur athletics and education program.

For more information call Mark Washington at 503-288-0033 www.news@portlandobserver.com

Mourning Donates Salary to Charity



Miami Heat's backup center and former All-Star Alonzo Mourning is getting accolades for donating his entire season's salary to charities.

Donating his minimum salary of \$1 million, \$300,000 will go to organizations that promote literacy and education for underprivileged youth in Miami, as well as providing food to poor kidney dialysis patients.

Other donations will go toward charities that provide food to poor kidney dialysis patients. Mourning once received a kidney transplant, interrupting this career in December 2003.

Mourning said his hope is to help publicize the work being done by these organizations.

Alonzo Mourning

Las Vegas Makes **All-Star Bid**

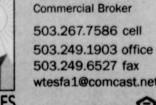
Las Vegas could be the home court for the 2007 NBA All-Star Game if a bid put out by the Las Vegas Convention and Visitors Authority goes through.

Tim Frank, spokesman for the NBA, said the league is looking at other cities too, but wouldn't tell which ones they were.

He said for the game to come to Las Vegas, the casinos would have to take the game off their sports books.







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