

## BUSINESS RESOURCES

continued ▲ from C5

### Metropolitan Business Association

621 S.W. Alder St.

#940

Portland, Or 97205

503-223-6978

jschoel@mba-pdx.com

www.mba-pdx.com

### Northwest Supply Management Association

147 S.E. 102

Portland, Or 97216

503-253-0253

info@nsma.ws

www.nisma.ws

### NW Women's Directory

PO Box 61903

Vancouver, WA 98666

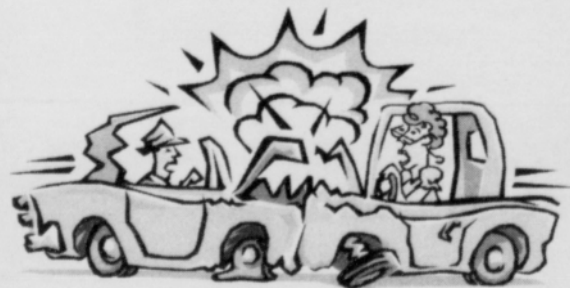
360-750-1622

michele@nwwomensdirectory.com

www.nwwomensdirectory.com

### Chiropractic Auto Injury Clinic

(Corner of MLK Blvd and Russell St.)



*If you haven't been in a recent automobile accident, you probably know someone who has.*

We are *experts* at helping people with problems and injuries associated with accidents

Help Relieve Injury Pains  
Insurance Claim Help

Call:

**(503) 284-7838**

Zehon R. Jones, D.C.  
333 NE Russell #200  
Portland, Or. 97212  
*Se Habla Espanol*



PHOTO BY ISAIAH BOUIE/THE PORTLAND OBSERVER

## Balancing Work With Home

Natalie Monson, a single mother of an 8-year-old and secretary for St. Johns Tires, found a way to balance work with her responsibilities at home. She previously was employed at a bar, but disliked working night and weekends because she never had time to spend with her son. She says the payoff in her new career path came after accepting part-time work at the north Portland business and then being promoted to full-time based on good service and showing up for work on time.