



PHOTO BY KATHERINE KOVACICH/THE PORTLAND OBSERVER
Jeff Iding, 9, practices piano with his instructor Allison Couch at northeast Portland's Ethos, Inc.

Bringing Music Back to Children

continued from Metro

in front of a crowd is now flourishing," Lewis said. "He started off playing 'Hot Cross Buns' and is now playing seven minute classical pieces.

"A couple kids have been taking lessons for awhile, trying out different instruments every session," Lewis said. Because Ethos offers free instrumental to underprivileged children, experimenting with and finding an instrument that "fits" isn't an expensive ordeal.

Jeff Iding is a 9-year-old piano player and has been tickling the ivories for two years with Ethos. "It just seemed like the right instrument for me," he said. "It's nice to be around pianos."

Iding prefers warming up his music lesson by playing the can-

"He's doing an excellent job," said his instructor, Allison Couch.

"I think it helps to create discipline," Jeff's mother, Stephanie Lucas said. "He's expected to practice and do his homework every day."

Meanwhile, Skye Knoche practices "Twinkle, Twinkle, Little Star" on the violin as a 7-year-old. She describes her instructor, Laurita Jauregui, as "really nice."

"She loves to learn," said mother Maya Knoche. "She's more attentive to music and recognizes violins in music more now." Knoche said the first time her daughter missed a music class because of illness, she was visibly upset.

Beyond being in the space on Killingsworth Street, Ethos has started after-school programs on location.

Lewis went on to explain that it's been statistically proven that music benefits scholastic achievement. Children with a musical background tend to score 105 points higher on the SATS and have an increase in spatial I.Q. levels than those without.

"Sometimes music can be a better way to teach math than math is," Lewis said, explaining how music theory uses fraction and beat counts.

Ethos has volunteer opportunities that include helping with instrument repair, teaching or supervising a "Mentors for Music" program, painting and cleaning. As needs change, so do volunteer opportunities. For more information, send an email to volunteer@ethos-inc.com or call 503-241-8824.

Grass Roots Business Help Offered

continued from Metro

smaller amount of similar grants may also be available again in the spring of 2006.

"A small business in a community is something tangible that you can pass on, it's a legacy," Burch said.

"This is the first time that we have had a real strong emphasis on small local businesses. We are going to be working with them to make sure they get full benefit out of the funds and that they have a clear and present need for the funds," Holden said. "We've made it a lot simpler than the typical process but are being very

practical in the review of the information so they need to articulate what their need is and how they're going to utilize funds."

Hard copies of these Requests for Proposals are available at the Black United Fund Office at 2828 N.E. Alberta St. or can be downloaded from the Portland Bureau of Housing and Community Development website at www.portlandonline.com. Proposals must be turned into the Black United Fund Office by 4 p.m. on March 15.

For more information, call Shelia Holden at 503-784-7899.

Governor Orders Affirmative Action

Called valuable tool in state government

Gov. Ted Kulongoski was recently joined by state agency directors, legislators, and his Affirmative Action Committee for the signing of Executive Order 04-07, which reaffirms the State of Oregon's commitment to affirmative action, cultural competency and the right of all persons to work and

advance on the basis of merit, ability and potential.

"Affirmative Action is a valuable tool that may enable the state to mitigate the effects of past and present discrimination, intended or unintended, on the basis of race, religion, national origin, age, sex, marital status or disabilities," said Kulongoski. "The Executive Order I am signing today continues to move us forward to make state government the most inclusive employer in Oregon and to ensure equal employment and retention

opportunities for all citizens in public service."

The order directs the Governor's Affirmative Action Director to work with state agencies to ensure the principles of equal opportunity and affirmative action is widely communicated and practiced, and that executive service and management service employees have cultural competency training and assessments to uphold their responsibilities to create a work environment where all individuals are welcomed, respected and valued.

Vaccination Clinics Offered

The deadline for school children to get up-to-date with their vaccinations was Wednesday, Feb. 16. The Multnomah County Health Department will offer School Exclusion Immunization Clinics on Saturday, Feb. 19 from 10 a.m. to 2 p.m. at Our Savior Lutheran Church at 11100 N.E. Skidmore St. and on Saturday, Feb. 26 from 10 a.m. to 2 p.m. at Community Immunization Clinic at 727 N.E. 24th Ave.

There is also an ongoing clinic Tuesdays, Wednesdays and Thursdays at Community Immunization Clinic from 9 to 11:30 a.m. and 1 to 4:30 p.m.

There is a \$20 office visit fee per person, although no child will be refused service if unable to pay. For more information, call 503-988-3816.

Public Notice New Government Loan Program For Seniors 62 & Older

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Email: quickloan@hotmail.com



Carolyn Corthell, MSW
Reverse Mortgage Specialist

Future Music Center Gains Support

continued from Metro

Once completed, Ethos Executive Director Charles Lewis said the academy would reach 5,000 youth a week with 20 high tech music classrooms, a theater with 350 person capacity, administra-

tive offices and an 80 student dormitory for rural youth.

"There's a limited space and a huge demand," Lewis said. In one week, 300 children come through the small space of Ethos, which has recently had to turn some offices into classrooms out of

Lewis notes that they have a few grant applications out and have won financial support from the Kreske Foundation and the Portland Children's Investment Fund among many others - but they still have a long way to go.

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Open Jam with Kenny and the Sundowners

Wed 2/16/05 \$3 cover

DJ Chata Man

Thu 2/17/05 \$3 cover

Ken DeRochie Band

Fri 2/18/05 \$3 cover

Chata Addy and Susuma

Sat 2/19/05 \$3 cover

Johny Martin

Sun 2/20/05 No Cover

Kareokie

Mon 2/21/05 No Cover

Peninsula Little League 2005

(Serving the Youth of Inner North & Northeast Portland ages 5-15)
visit our website at: www.eteamz.active.com/peninsulalittleleague



Softball Program

Level	Ages
Minor	7 - 9
Major	10 - 12
Junior	13 - 15

Questions contact:
Mark Washington ~
503-901-1722

Saturday, February 5, 2005
Early Bird Sign-ups (\$10.00 discount, 2/5/05 only)

Saturday, February 12, 2005

Saturday, March 5, 2005

Peninsula Park Community Center

700 N Portland Blvd

10:00 am ~ 2 pm

&

Portland Observer

4747 NE MLK Jr Blvd

503-288-0033

Hours: 10 am ~ 5 pm (Mon ~ Friday)

Participation Fee - \$85.00 (per player)
\$150.00 Family Maximum (2 or more children)
The fee includes prepay of fundraiser.

Baseball Program

Level	Ages
T-Ball	5 - 6
Farm	7 - 8
Minor	7 - 9
Major	10 - 12
Junior	13 - 15

Questions contact:
Michael Mangum ~
503-957-6274



Items to bring to sign-ups:
Birth Certificate
Proof of Address
Doctor/Insurance Information
Player Fee

ONLINE Registration NOW AVAILABLE!
Go to our website listed above and click on Register Now!

Managers, Coaches & Umpires Needed
Coaches Clinic TBA
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Denyse O. Peterson

Caldwell's Colonial Chapel

20 N.E. 14th Avenue
Portland, Oregon 97232
(503) 232-4111

The Pre-arrangement Concept

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Denyse Peterson represents funeral homes and cemeteries in the Portland Metropolitan area. Many families have a difficult time getting through all the associated decisions, questions, grief and financial responsibilities that follow when a loved one dies. Denyse's responsibility is to provide information. Pre-arranging lessens the burden before the time of death with challenges such as emotional overspending, indecision, haste and worry.

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- Killingsworth Little Chapel of the Chimes
- Ross Hollywood Chapel
- Skyline Memorial Gardens & Funeral Home



For more information or to schedule an appointment, please call Denyse Peterson at (503) 232-4111.