

CLASSIFIEDS / BIDS



"KBOO Community Radio is looking for a "Full-time Membership Coordinator" to increase membership by managing KBOO's membership system and coordinating membership drives. For a full job announcement and application instructions, see our website at www.kboo.fm, call 503-231-8032 to request a job announcement and application packet be mailed to you, or stop by the station at (20 SE 8th Avenue and Burnside) Monday through Friday between 9 a.m. and 5 p.m. to pick up a job announcement and application packet. KBOO Radio is an Affirmative Action employer - Women and people of color are encouraged to apply. Job

closes: February 11, 2005"



WASHINGTON COUNTY

Technology continuity & Security coordinator
\$4,857 - \$5,902 / month
Closes February 4, 2005

Call (503) 846-8606/TTY (503) 846-4898 for information or see our website: www.co.washington.or.us. County application and supplemental application forms required. Women, minorities, and people with disabilities are encouraged to apply.

APPLY TO:
Washington County Human Resources Division
155 N. First Avenue, Suite 320
Hillsboro, OR 97124



Girl Scouts.
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Neighborhood Program Manager

Recruit, train, supervise, and support neighborhood volunteers/program consultants to ensure that quality Girl Scout program is delivered. Requires BA/BS or equivalent and minimum 2 years experience in volunteer/program management or a closely related field. Must be a productive team member with effective communication skills. Bilingual (English/Spanish) candidates a plus. Need reliable transportation, ability to work afternoon/evening hours (4-9 pm.)

25 hrs/wk, @\$18K +benefits. Closes 2/9/05. Send resume and cover letter to: HR, PO Box 2427, Lake Oswego, OR 97035-0096. Fax (503) 598-6556. GwytheJ@Juliette.org. Equal Opportunity Employer. Committed to Diversity.

Room Available for rent comfortable, good location, no smoking/pets, \$400/mo including utilities. 503-449-5065



METRO

Operating Engineer, Oregon Convention Center. \$24.05/hour, FT. Deadline: 2/4/05. Maintains all heating, cooling, plumbing, electrical and mechanical equipment.

This opportunity is open to First Opportunity Target Area residents (Columbia Boulevard on the north; 42nd Avenue on the east; the Banfield Freeway on the south, and North Chautaugua Boulevard on the west), whose total annual income does not exceed \$25,000 as an individual, or \$40,000 for an entire household, for the past 12 months.

To access the complete job announcement and required application materials, visit our website at www.metro-region.org/jobs, or pick up a complete packet at Metro Human Resources, 600 NE Grand Avenue, Portland. Resumes are not accepted.

AA/EEO Employer

ADVERTISEMENT FOR BID

Sealed bids for the Kerr Administration Building Elevator Modernization project. Project will be received by the Oregon State Board of Higher Education until 2:00 PM local time, February 15, 2005. Bids will be opened and publicly read aloud on February 15, 2005 at 2:00 PM local time. All bidders must be registered with the Construction Contractor's Board.

Additional information may be obtained by contacting Procurement and Construction Contracting, 644 SW 13th Street, Corvallis, Oregon 97333-4238 or telephone 541-737-6995.

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CALL FOR APPOINTMENTS
(503) 281-3949

Individual Donor Developer - Western States Center is seeking an experienced and passionate development professional with a successful track record in individual donor strategies to work with our Executive Director to raise the organization's annual operating budget. The successful candidate will assist in developing, implementing and managing individual donor, special fund-raising and communications/publications projects. Must have the ability to coordinate multiple tasks and work effectively with demands of deadlines. This is a senior management position in a dynamic, progressive organization with an annual budget of \$1.2 million. Excellent benefits, salary \$35,000 to \$40,000. Send cover letter/resume/references and writing samples by 2/15 to Administrative Director, Western States Center, POB 40305, Portland, OR 97240. Women and minorities encouraged to apply.

Grading Diets at Kaiser

continued ▲ from Metro

attention to energy consumption. They also claim that more conventional high-carbohydrate, low-fat diets (such as the DASH diet) are responsible for our obesity epidemic.

On the other hand, detractors of the low-carbohydrate, high-fat diets argue that such diets increase the risk of heart disease, diabetes and other chronic diseases, and do not lead to long-term weight loss.

"At this point, there are no valid scientific data either to support or refute claims on both sides of the debate," says Njeri Karanja, PhD, principal investigator for the study at CHR.

"Our new study will rectify this situation by comparing a low-carbohydrate, high-fat diet and a more conventional weight loss diet for 30 months in a randomized clinical trial."

The goal is to find out which diet better promotes both short-term and long-term weight loss, and which reduces or increases risk of cardiovascular and other chronic diseases.

Individuals who are interested in joining the study can call 503-528-3917 or send an e-mail to insight@kpchr.org for more information about the study and the criteria for joining.

People who have diabetes or take cholesterol-lowering medications are not eligible to join this study.

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Old Site Gets New Life

continued ▲ from Metro

the 32,000 sq. ft. building currently on the site and will add significant parking and landscape improvements.

The redevelopment plan calls for conversion of the older section of the building along Martin Luther King Jr. Boulevard into a bright, naturally lit, open-area office space with the installation of new windows and awnings.

Proposed site improvements include resealing and striping the existing parking lot, and construction of new interior sidewalks, fencing, landscape plantings and a rain water run-off bio-swale feature along MLK Jr. Boulevard.

"Due to the nature of our business, NMC requires a highly creative and skilled staff and a site that combines both office and storage functions," said Patrick Eckford, senior vice president of National Meeting Company.

"NMC seeks to own and develop a facility that creates a signature image for our clients and a dynamic, creative interior environment for its staff. This property was ideally suited to achieve those objectives."

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