

Dear Deanna:

I accidentally saw something I wasn't supposed to see. My best friend's husband was at a restaurant with another woman. I don't know if anything's going on but by the way they looked, it wasn't business. They were cuddled close, kissing and drinking. I've been best friends with his wife for over 8 years and want to know if I would be out of line if I tell her? --Closed Eyes; Chicago



Real People, Real Advice
An advice column known for its fearless approach to reality based subjects!

wanted attention. If the shoe fits, wear it.

Dear Deanna!

I've been dating my boyfriend for 8 months. I love him because he's attractive and popular among other things. He hasn't said he loves me, but I tell him that I love him and he responds by telling me I am infatuated with him and my heart is lying to me. What does that mean? --Hopeless in Love; Lanham, Md.

Dear Hopeless:

Time to head back to biology class. The heart has nothing to do with love. The primary function of the heart is to pump blood throughout the body. Love is mental and requires maturity, emotional balance and common sense. He's arrogant and full of himself to tell you that you are infatuated. Unless you have time to waste, get away from this man and his smoke screens and get on a train that's really going somewhere.

Ask Deanna is written by Deanna M. Write Ask Deanna! Email: askdeanna1@yahoo.com or write: Deanna M, P.O. Box 88847, Los Angeles, CA 90009. Website: www.askdeanna.com

Good-Natured Fundraiser
Paul Knauls roasted for a good cause

The Interstate Firehouse Cultural Center is hosting a good-natured roast as a major fundraiser for the organization.

Paul Knauls, the African American affectionately known as the mayor of inner north and northeast Portland, will be the subject of some hearty belly-laughs and affectionate prodding at the third annual Community Leader Roast on Thursday, Oct. 21 at IFCC, 5340 N. Interstate Ave.

Knauls came to Portland and made the former Cotton Club a premier hotspot for jazz. He established the former Geneva's nightclub that also attracted prominent local and national jazz and contemporary musicians. Through his other business ventures he has mentored and sponsored various men and women. Knauls is known as a community icon, trend and style setter, and a generous, gracious man who loves Portland.

The event is from 6 to 9 p.m., and features Oregon wines, elegant hors d'oeuvres and dessert, with a special souvenir booklet commemorating the event.

Tickets begin at \$50 each. For more information, visit www.genevas.net or call 503-823-4322.



Portland businessman Paul Knauls.

Monique Douglass-Andrews



Journey of Recovery

Author Monique Douglass-Andrews shares her story "From Ghetto to Glory," a book about survival, healing and glory during a book-signing, Saturday, Oct. 9 from 2 p.m. to 4 p.m. at Reflections Coffee House in northeast Portland.

A Portland native who attended Mt. Hood Community College, Douglass-Andrews tells all in the autobiographical fiction, with photos from her hometown. This is the only book of this kind that is said to get past the trauma of sexual abuse and into breaking the curse that follows families for generations.

Minority Business Conference

A conference especially designed to help minority and women business owners understand the process for contracting with the state and other government agencies will be held Thursday, Oct. 21 from 7:30 a.m. to 4:30 p.m. at the Holiday Inn in Wilsonville.

Gov. Ted Kulongoski will open the Governor's Marketplace Conference and African-American Sen. Avel Gordly will offer the keynote address.

The Department of Human Services will present information on its client service contracts like foster care, child care and healthcare. Transportation department representatives will discuss contracting in bridge, highway and other projects. Other topics include marketing your business, managing your business risk and much more.

Pre-registration is required. Visit www.govmp.org for full program schedule and on-line registration.

Governor's Marketplace Conference
"Road To Success" 2004



If you are a **small business owner** interested in doing business with government agencies, this event is for you! This is your one opportunity each year to **untangle the complex system of bidding** on government contracts. Meet with industry and government buyers; learn firsthand how other small businesses found **success in competing for government contracts**. Expand your business opportunities!

Keynote Speaker: Senator Avel Gordly

Workshops:

- Client Service Contracts- "Foster Care, Health Care Providers"
- Marketing Your Business- "Get Your Business Noticed"
- Doing Business With Government- "Federal, State & Local Reps Tell All"
- How To Control Risk Management Costs- "Map Out Your Plan"
- Understanding Prevailing Wage Rate Laws- "What Are The Rules"
- ODOT Presentation on \$2.9 Billion Bridge/Highway and Other Projects

Register Online:

\$35.00 Before October 8th - \$65.00 October 9th To October 17th
October 21st - Wilsonville, OR

503-378-5336 | 503-378-3506 | www.Govmp.org

NEW SEASONS MARKET

FIND THE **Perfect Match**

wine & cheese pairing
saturday & sunday • 11am-5pm



Whether it's a romantic dinner for two, a low key alternative to a cocktail party, or a late night snack, you really can't go wrong with the harmonies of wine and cheese. Anyone can prepare and serve this twosome in a matter of minutes.

You may be hesitant to experiment with these complex foods because you're afraid of "breaking the rules." Forget about the rules. It just comes down to what you like and what you don't. Some of our favorite pairings might seem a little unusual - like fine sharp cheddar with Champagne - but are really wonderful together.

Not sure where to start? Open your tried and true bottle of red, cut a few slices of your favorite cheese, and try them together. Or, consider matching a wine with a cheese that comes from the same region. The two have often developed together and complement one another since they grew in similar soils and climates.

Stop in this weekend and let us tempt you with our favorite pairings. Our team of wine and cheese enthusiasts will offer you suggestions and tastes to enhance that wine or cheese you're particularly interested in. You may find a combination of ours you like, or you might want to switch them around and create your own duo.

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