

## Columnist Shares 'Life on my Own Terms'

continued from Metro

the mildly erotic "Bad Mamma Jamma."

The CD, though, is just the first step in starting a women's empowerment project surrounding the issue of emotional and verbal abuse.

Mitchell, who was selected this year as one of BrainstormNW magazine's 15 Fascinating People in Oregon, has also written a play, called Tanging With Tornados. It is scheduled to be performed on Jan. 28-Feb. 5, 2005, at the Interstate Firehouse Cultural Center.

The multicultural cast will be directed by Portland native Brenda Phillips, who is well-known to local theatre audiences for her impassioned singing and strong performances, both acting and directing. During intermission, theatergoers will be treated to massages, live jazz music and other self-pampering surprises.

Tanging With Tornados is

being co-produced by Nappy Roots Press, a small publishing company owned by Mitchell, and Sabin Community Development Corp., which will be offering community workshops as a part of the women's empowerment project.

"This is not just about releasing a CD or acting in a play," Mitchell says. "My mission is to empower more women with knowledge so they don't have to go through what I went through. And if they already have, to teach them how to heal from it."

Mitchell, a longtime community volunteer, plans to donate a portion of the sales from her CD and her play to locally based organizations that offer mental-health services and self-esteem building programs to women of color.

A release party for the CD was held Saturday at Reflections Coffee and taped for a later broadcast on cable television. For more information, call Black on Track Records at 503-975-7455.

# RELIGION

## Gospel Concert at New Hope

The Light of God will shine at New Hope Missionary Baptist Church's Gospel Music Celebration, Sunday, Sept. 18 at 6 p.m.

The service will include voices of the citywide Workshop Mass Choir and national recording artist Lillian Lilly, as well as local gospel artists Friendship Christian Church Choir, Genesis, The Sermonettes, MaryEtta Callier, and others.

The church is located at 3725 N. Gantenbein. For more information, call 503-281-0163.



## Celebrating Lasting Love

A 50<sup>th</sup> anniversary celebration was held in honor of Mr. and Mrs. Robert E. Bailey Sr. at the Benson Hotel Sunday.

Mr. Bailey is a retired truck driver and Mrs. Bailey has run a licensed day care in northeast Portland for more than 30 years. The couple has lived in Portland since the early 1960s and has been a positive influence on the community. They have six children and nine grandchildren.

Congratulations to Mr. and Mrs. Bailey on this milestone in their lives.

Bob and Joan Bailey

### Happy Birthday Ron Washington



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## Annual Day at Fellowship Missionary

Harvest time is a time to praise at Fellowship Missionary Baptist Church as the north Portland congregation celebrates Annual Day, featuring The Voices of Praise Reunion Choir.

The service, under the direction of Pastor Johnny Pack IV, begins at 4 p.m. Sunday, Sept. 26 at 4009 N. Missouri.

Special guest speakers include Rev. Derrick Traylor of Rehoboth World Healing Center and others.

For more information, contact Sister Roslyn Wilder-Cain at 503-254-1425 or Brother Dionsai Riley at 503-422-3476.

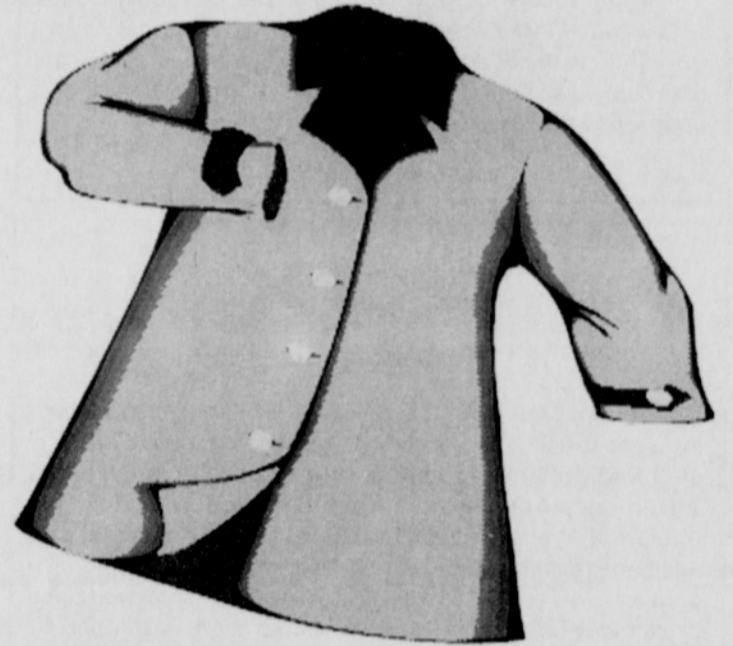
## Mission Seeks Winter Clothing

Union Gospel Mission's "Operation Overcoat" clothing drive is underway. Volunteers are collecting clothing, new undergarments, and hygiene items to give away to homeless and needy men, women and children.

The donation drive culminates on Saturday, Sept. 25 when the street in front of the Mission at 15 N.W. Third Ave. is closed for a street party that includes a free barbecue meal, Christian outreach and music.

"People in need can get clothing for the coming winter months in a caring and fun environment," said Mission Executive Director Bill Russell. "This event has grown a great deal since it began five years ago. We are expecting to serve over 2,000 people."

Donated items may be dropped off at the mission or



any greater Portland area Christian Supply Store. Cash donations are also needed to provide for the meal, and donations may be made securely online at [www.ugmportland.org](http://www.ugmportland.org), or by mail to 222 N.W. Couch St., Portland, OR 97209. For more information, call 503-274-4483.

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### Fred Hammond, Radical for Christ and the Worship Alive Tour 2004 will visit Portland on Sunday, Sept. 26 at 6 p.m. at Maranatha Church.

For the first time ever, Fred Hammond and Radical for Christ along with their entire band will be in full concert live in Portland at a local church. Tickets are \$20 in advance and \$25 the day of the concert at the door. Tickets can be purchased at Geneva's Shear Perfection, Jehovah Shammah Salon, Walt Hair Affair in Vancouver and Heavenbound Church. For more info call 503-288-9608

**Voting is Your Right**

Any citizen who is 18 years old on Election Day is eligible to vote. Even convicted felons can vote if not currently in custody of the Oregon Dept. of Corrections. If you are in any other part of the criminal justice system, such as a county jail, you have not lost your voting privilege.

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