

# SPORTS

## Congratulations State Champs

South Salem boys and Oregon City girls are celebrating 4A basketball championships.

Jeremiah Dominguez missed everything in the first three quarters, but he never stopped shooting, scoring 14 of his 16 points in the fourth quarter to lead South Salem to the state championship

in the boys tournament.

South Salem's 54-43 victory against defending champion Redmond was before 6,460 at McArthur Court on March 14.

Kristen Forristall and Jessica Richter scored 17 points each as Oregon City defeated Lakeridge 59-46 on March 7 at the Chiles

Center in Portland to win its fourth straight girls state championship. It was the 10th title in 13 years for the Pioneers.

The game was close for almost three quarters. But Oregon City broke the game open with a 15-0 run at the end of the third quarter.

## Serena Seeded No. 1 at Key Biscayne

Ends eight month absence due to injury

(AP) — Sidelined by knee surgery, Serena Williams spent most of the past eight months designing dresses and dabbling in acting.

Now that she's ready to get back on a tennis court, it's as if she never left: Williams will be seeded No. 1 at the Nasdaq-100 Open, which begins Wednesday in Key Biscayne, Fla.

"I really, really am excited about getting back," said Williams, the two-time defending champion at Key Biscayne. "I've been in a lot of pain watching a lot of players play when I really want to be out there."

The tournament will be her first since she won her sixth Grand Slam title by beating older sister Venus at Wimbledon in July.

Despite the long layoff, Williams returns as the favorite - thanks to a series of withdrawals. The four top-ranked women are missing, including Justine Henin-Hardenne and Kim Clijsters.

Williams underwent surgery on



Serena Williams, sidelined by a knee operation, returns to the tour to seek a third consecutive title at the Key Biscayne tournament, which begins Wednesday. (AP photo)

her left knee Aug. 1, and said that she had been advised by four doctors to delay her return until now for fear of more serious injury.

"That's been my battle, fighting with the doctors," she said.

Williams had a 38-3 record in 2003, winning the Australian Open and Wimbledon, and reaching the

French Open semifinals. She said she spent her time off focusing on other pursuits, but was back to practicing by November.

"I enjoy doing a lot of stuff like acting and fashion, but my true love has always been tennis," she said. "So I've just been desperate to get back to the court."

## Baseball Legend Honored with Day

(AP) — Jackie Robinson will be honored every April 15 by Major League Baseball, starting with a national celebration at Shea Stadium in New York paying tribute to the Hall of Famer's legacy.

Commissioner Bud Selig announced Jackie Robinson Day, saying "we are further ensuring that the incredible contributions and sacrifices he made — for baseball and



Jackie Robinson

society — will not be forgotten."

Robinson will be honored each year at all Major League ballparks hosting a game on April 15, the anniversary of the date he broke baseball's color barrier in 1947 by suiting up as a Brooklyn Dodger.

Selig and members of Robinson's family will be on hand in New York for the Atlanta-Mets game.



Keir Dillon at last year's U.S. Open halfpipe competition. PHOTO COURTESY OF BURTON SNOWBOARDS

## Snowboarder Gets High Marks

Keir Dillon, the leading African-American professional snowboarder, won third place honors and \$5,000 in the men's halfpipe competition in the Phillips U.S. Open, held on Stratton Mountain, Vermont.

Dillon, of Vancouver, British Columbia, won the gold at the World's Superpipe Competition in Salt Lake City at the end of February and the bronze in the Men's Superpipe at the X Games in January.

## Blazers Host Fan Forum

In the 25-point pledge to fans this summer, the Portland Trail Blazers promised to hold forums for fans to ask questions and share ideas with Blazers management.

In keeping that promise, Blazers President Steve Patterson and Coach Maurice Cheeks will be avail-

able to answer questions at a fan forum from noon to 1 p.m., Friday, March 26 at Memorial Coliseum's Georgia Pacific Room.

Fans are welcome to bring a lunch or to purchase food at the event. Parking is free in the Garden Garage.

## FREE Tax Help Offered

continued ▲ from Metro

When coming to a Tax-Aide site, taxpayers should bring all relevant information, including Social Security cards (or Individual Taxpayer Identification Number cards) for each person shown on the return; all wage and earning statements

(Forms W-2); interest and dividend statements (Forms 1099); any other information concerning income and expenses for 2003; and copies of last year's tax returns and this year's federal and state tax packets, if available.

For e-filing joint tax returns, both spouses must be present

to sign the required forms. E-filing provides the highest degree of speed, accuracy and security in filing tax returns. Last year, more than 22,400 Oregon residents e-filed their federal tax returns through this volunteer program, and more are expected to use e-file this year.

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## Wellness Within REACH Activity Calendar

### Aerobics

Mallory Ave. Christian Church  
Mon, Wed, Fri, 6-7am, Pierce • 5:30-6:20pm,  
Granville • 6:30-7:30pm, Nickerson

Humboldt Elementary  
Tue, Thu, 6-7pm, Keller

### Low Impact Aerobics

Daniel's Memorial Church  
Tue, 7:15-8:15pm, Granville

### Water Aerobics (Contact AAHC)

Salvation Army  
Matt Dishman

### African Dance

Matt Dishman  
Sat, 10-11am, Addo

### Body Conditioning

Wild Oats Market  
Sat, 9:30-10:30am, Nickerson

### Pilates

Matt Dishman  
Mon, 12:15-1:15pm, Jenkins

### Stretching/Body Sculpting

(Class courtesy of Matt Dishman)  
Matt Dishman  
Tue, Thu, 7-8am, Lois

### Walking Group

Peninsula Park  
Sat, 12:30pm, Woods

### Weight Mgmt./Conditioning

U. of Portland Indoor Track  
Tue, Thu, 9-10am, Hasan

### Yoga

Wild Oats Market  
Tue, Thu, 7:30-8:30pm, O'Rourke

Daniel's Memorial Church, 1234 NE Killingsworth  
(12th & Killingsworth)

Humboldt Elementary, 4915 N Gantenbein

Mallory Avenue Christian Church (Gym), 126 NE  
Alberta

Matt Dishman, 77 NE Knott

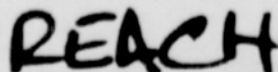
Peninsula Park, 700 N Portland

Salvation Army, 5325 N Williams

U. of Portland Indoor Track, 500 N Willamette

Wild Oats Market, 3535 NE 15th

\*\*Must be 21 or older to participate. Please contact AAHC before showing up to the first class and for more information at 503-413-1850 or [kdempsey@aahc-portland.org](mailto:kdempsey@aahc-portland.org). Please receive approval from your doctor before beginning exercise class.



Racial and Ethnic Approaches to Community Health  
A Program of the African American Health Coalition, Inc.  
Sponsored by the Centers for Disease Control and Prevention (CDC)



Contact AAHC at 503-413-1850 or visit our web site at [www.aahc-portland.org](http://www.aahc-portland.org)