



## Midwives Share Healing

Health advocates connect at PSU conference

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## Dancing Through Struggle

Sickle cell doesn't stop teen from achieving dreams

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## Week in The Review

### Hussein Could Be in Hometown

Saddam Hussein is believed to have been hiding out recently in Tikrit, influencing the anti-American insurgency, the U.S. military said. Fresh attacks by resistance forces across central Iraq were reported to have killed three American soldiers and wounded five others. "We have clear indication he has been here recently," Maj. Troy Smith, a deputy brigade commander, told reporters in Tikrit, the fugitive former president's hometown.

### Palestinian PM May Resign

Palestinian leader Yasser Arafat delivered yet another blow to his new premier, appointing an acting security chief over interim Prime Minister Ahmed Qureia's opposition. Qureia, in office about a week, already has threatened to resign several times because of disputes with Arafat. The latest threat came Sunday, when Qureia said he will not be part of a new government.

### Twins still in 'Danger Zone'

Two-year-old Egyptian twins whose fused heads were surgically separated over the weekend were doing remarkably well but were still not out of the danger zone, a doctor said. Doctors warned that the risks include stroke and infection, and said there are also concerns about how the wounds heal and long-term questions about brain damage.

### Low-Carb Diets Working

The dietary establishment has long argued it's impossible, but a new study offers intriguing evidence that people on low-carbohydrate diets can actually eat more than folks on standard low-fat plans and still lose weight. Perhaps no idea is more controversial in the diet world than the contention - long espoused by the late Dr. Robert Atkins - that people on low-carbohydrate diets can consume more calories without paying a price on the scales.

### Sniper Defense Nears \$1 Million

With the first trial in the Washington sniper case set to begin on Tuesday, the court-appointed lawyers for the two defendants, have submitted nearly \$900,000 in bills so far for reimbursement by Virginia taxpayers.

### Tiger to Remain at Mirage

The tiger that mauled magician Roy Horn of the "Siegfried and Roy" duo will be released from quarantine Tuesday and will continue to live at an animal habitat at the Mirage hotel-casino, officials said.

## Dutton Plays Moose in Movie

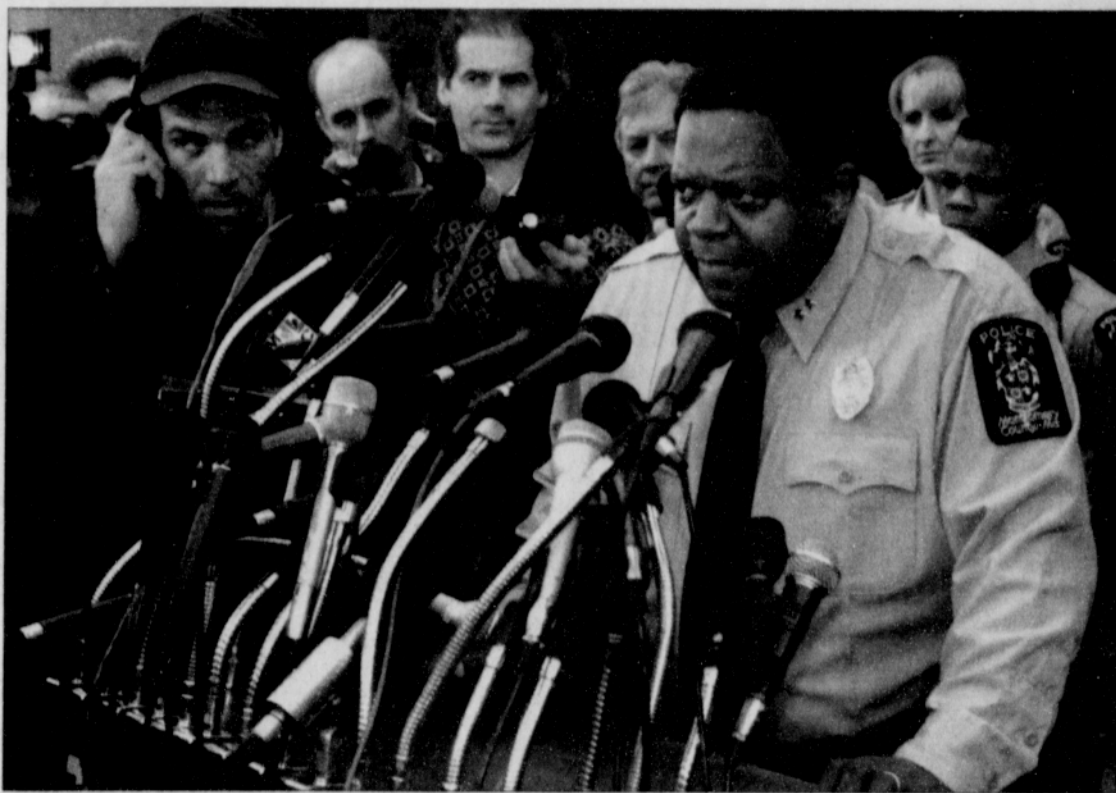
'DC Sniper' premieres on the TV

Shortly after former Portland Police Chief Charles Moose and his staff at the Montgomery County, Maryland, Police Department caught sniper suspects John Allen Muhammad and John Lee Malvo, Moose caught the jokes, "Who's going to play you in the movie?"

One year later, the answer is Charles Dutton, in a made-for-TV film for the USA Network that premieres at 9 p.m. on Friday.

"D.C. Sniper: 23 Days of Fear" follows the three weeks that D.C.-area residents lived in fear during an apparently random shooting spree from the perspectives of the killers, investigators and the community.

The subject is particularly close to Dutton's heart as he lives on a Maryland farm only 20 miles from where the suspects were captured. He said he studied Moose's complex character during press conferences and tried to capture his temper, along with his concern as he led what is now called the largest manhunt in law enforcement history.



Actor Charles Dutton portrays former Portland Police Chief Charles Moose in the docudrama "D.C. Sniper: 23 Days of Fear." The movie airs on the USA Network at 9 p.m. on Friday.

## Wellness Village Saturday at Blazer Club

The African American Health Coalition is holding its 8th Annual African American Wellness Village from 9 a.m. to 4 p.m. Saturday, Oct. 18 at the Blazers Boys and Girls Club, 5250 N.E. Martin Luther King Jr. Blvd.

The special day of activities and free

health screenings marks the close of African American Wellness Week.

Festivities begin with an opening drum ceremony at 10 a.m., followed by a talk by keynote speaker Joyce Dougherty, Ph.D., a gourmet cooking demonstration, Salsa dancing, a gospel choir and a wellness walk.

The free health checks include tests for arterial stiffness, high blood pressure, prostate cancer, bone density, diabetes, cholesterol, body fat and HIV. Immunizations and TB and lead screenings will also be offered.

For more information, call 503-413-1850.

## No Excuse for Abuse

Survivor brings down walls hiding domestic violence

By MARTHA RAYE

As a second-generation survivor of domestic violence, I know oh so well the effects of physical pain and anguish suffered from the assaults of a male batterer.

From my earliest recollections as a very young girl, until just seven years ago, I was a victim of domestic violence.

Often the term is used interchangeably with spousal abuse and battered women's syndrome. Regardless of which term is used, the meaning is the same.

Various forms of battering and abuse were the norm of my daily existence, just as it was for my surviving, now 71-year-old mother, who still suffers today with great mental anguish.

I obtained my mother's permission to publicly recount this portion of our lives in recognition of "Domestic Violence Awareness" week. My mention of her suffering is done with tender sensitivity due to the nature of this topic. Graphic descriptions of the assaults committed against both of us will not be disclosed.

After suffering through silence for nearly 53 years, I now speak for my mother and others who are silent victims and survivors. We join the thousands of other battered women and children who must be heard!

During the Vietnam era, as many as 58,000 male soldiers were killed in battle while on foreign soil. Compare that to the 54,000 women killed in domestic situations on American soil during the same period. Now, do you feel my passion for social reform?

Statistics further state that one in three adult women are regularly beaten by their male partners. Add to those proportions, the estimated 3.3 million children who witness their mothers and female caretakers being assaulted at some point in their lifetime.

It's estimated that 40 to 60 percent of men who abuse women, also abuse children.

And 57 percent of homeless women and children identify domestic violence as primary cause of their homelessness.

Many victims will never show their

*The physical, psychological and emotional repercussions are long-standing and often irreversible for the victims.*

wounds to a medical examiner; often they go missing and become all but forgotten.

Many victims will never file a police report out of fear of retribution from their abuser.

Further still, many will never stand before a jury in a court of law in order to convict their abuser. It's not unusual for acts of violence against women and children to go unreported and un-prosecuted because family and friends don't want to get involved. There's the erroneous belief that "women and children" are the property of their male counterparts and therefore can be handled, (for lack of a better term) in any form or fashion deemed necessary to their assaulter.

The physical, psychological and emotional repercussions are long-standing and often irreversible for the victims. Often they become abusers of others, open themselves to promiscuity and such, or worse.

How do you recognize a batterer or

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PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Martha Raye of Vancouver joins Troy Steele, the manager of the Safeway Food and Drug on Northeast Martin Luther King Jr. Boulevard, to promote domestic violence awareness week. The grocery chain has printed domestic violence awareness information on its grocery bags at 120 stores in Oregon and Washington.



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Meek Elementary School, 4039 N.E. Alberta Court, sits vacant after its closure last spring, but may become the future home of Vocational Village High School or a charter school.

## Suitors Romance Meek

Closed school may open as alternative education site

By JAYMEE R. CUTI  
THE PORTLAND OBSERVER

Two different educational institutions have descended on the recently closed Meek Elementary School property to solve their location troubles. The Portland School Board may announce as early as this week, what it plans to do with Meek, the quaint building that sits empty on Northeast Alberta Court.

District officials are pushing to move Vocational Village High School from its current Glen Haven location at 8020 N.E. Tillamook because the building needs seismic upgrades and other repairs that contractors say aren't worth the investment.

One relocation option is Meek, which closed last June because of budget cuts.

Meek would need extensive renovations to accommodate Vocational Village, including building an automotive and metal shop that come at a \$1.5 million price tag. The cost of upgrades could be covered by the sale of Glen Haven property, according to a district spokesman.

Vocational Village serves about 180 students, many who have dropped out of larger high schools. The school offers eight job-training programs designed to keep students in school and transition them easily to jobs upon graduation. Students, teachers and Vocational Village faculty are touring Meek to determine how well it will suit their needs.

The Vocational Village site may already

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