Area Kids **Get Noggin Protection**

The staff at Legacy Health Systems knows how easily a summer afternoon of riding bikes can land kids in the emergency room. To combat these potential accidents, trauma nurses are sponsoring a series of helmet sales at discounted prices.

The nurses gathered at Emanuel Hospital last week to sell helmets for just \$5 and a variety of bicycle and pedestrian lights, too.

The next sale is from 3 to 5 p.m., Thursday, Aug. 21, in the atrium at the Winstar Morris Room of Legacy Emanuel Hospital. Helmets will also be on sale from 10 a.m. to 2 p.m. Saturdays Sept. 13 at the Legacy Mount Hood Medical Center and from 11 a.m. to 3 p.m. Sept. 21 at the Legacy Meridian Park Hospital.

But having a helmet doesn't cut it if the fit isn't just right. The helmets are sized to fit and protect each kid's head. Kids can also bring in their own helmets for correct fitting and adjustment.

For more information, call 503-415-5725



PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

An affordable helmet sale at Legacy Emanuel Hospital.

Benjamin O. Davis - Generals Times Two

Father and son changed how the military views men of color

If you were to look at their military jackets, you might get confused in a hurry. Both Benjamin O. Davis and his son Benjamin Jr. have long, successful military careers.

The senior Davis was born in Washington D.C. on May 28, 1877 and died a celebrated U.S. Army war hero in Chicago on Thanksgiving weekend in 1970. After attending Howard University and Wilberforce University, Davis was said to have been the most educated African American of his era. By the end of the war Davis Jr. had He joined the Army as a private in earned not only the Distinguished major, the highest enlisted rank, Star. Although many military men before becoming a junior officer quit or retired after the horrors of and ultimately a general, an un- the war, Davis Jr. continued, beheard status for an African American at that time.

Davis also became the U.S. mili- the Korean War. tary attaché for Liberia. Through-



Like his father, Benjamin O. Davis Jr. showed that regardless of skin color, a person could fight as well as any other soldier, graduate from college just like anyone else, and elevate themselves to powerful positions in the work force.

ily, and northern Italy. His bravery and relentless pursuit of the enemy gained him an appointment as commander of the 332nd Fighter Group. 1899, went on to become a sergeant Flying Cross, but also the Silver coming the commander of the 51st Fighter Interceptor Wing during

After Korea, he became Director out his years in the military and of Operations and Training of the civilian government he taught mili- Far East Air Forces. Finally in 1954, tary science at Wilberforce and Davis Jr. made the rank of Brigadier

Renjamin O. Davis' contribution to America proved, beyond a shadow of a doubt, the true make up and ability of the African-American race.

became the Inspector General in Washington D.C.

Davis' contribution to America proved, beyond a shadow of a Davis Jr. was promoted again. This doubt, the true make up and ability of the African-American race. His exemplary career is also credited highest achievement. Five years with drawing many African-Americans into military service, including his son, Benjamin O. Davis Jr.

also many military officials, the 38 years, bringing the total service younger Davis decided to join the time of father and son to 88 years. Air Force. Davis Jr. was also born in Like his father, he showed that re-Washington D.C., on Dec. 18, 1912, gardless of skin color, a person when his father was 35-years-old could fight as well as any other and had already served in the military for 13 years. One of their proudest moments came when the older Davis pinned the Distinguished Flying Cross onto his son in Italy during World War II.

Davis Jr. graduated from the United States Military Academy at West Point in 1936, only the fourth tion security for the U.S. Departblack person to complete the academy. He was then transferred to the Air Academy and got his wings to father and son African-American fly in 1942, just as the World War II was in full force.

His first assignment was commander of the 99th Fighter Squad- America and its rich history must ron, with campaigns in Africa, Sic-never be forgotten.

Howard University. In 1948, he General. He would be the first African American to earn this rank in the Air Force.

> Five years before his father died, time it was to the rank of Lieutenant General, one rank above his father's later, about the time his father died, Davis Jr. retired from the military.

Including his years at West Surprising not only his dad, but Point, Davis served the military for soldier, graduate from college just like anyone else and elevate themselves to powerful positions in the work force.

> After the military, Davis Jr. served as Director of Public Safety in Cleveland, Ohio and assistant secretary; in charge of civil aviament of Transportation.

Never before or after has any team done so much in the name of their race for the United States military. The Davis's contribution to

Paddle Through the Slough

Craft Regatta will make a splash from 9 a.m. to 1 p.m. Sunday, July 27 at the Multnomah County Drainage District Headquarters, 1880 N.E. Elrod Dr.

The ninth annual event cel-

The Columbia Slough Small ebrates the Columbia Slough, a kayakers. waterway with unique history, abundant wildlife and many opportunities for summer fun. The regatta is the largest community paddling event in the northwest, attracting hundreds of canoeists and 2934.

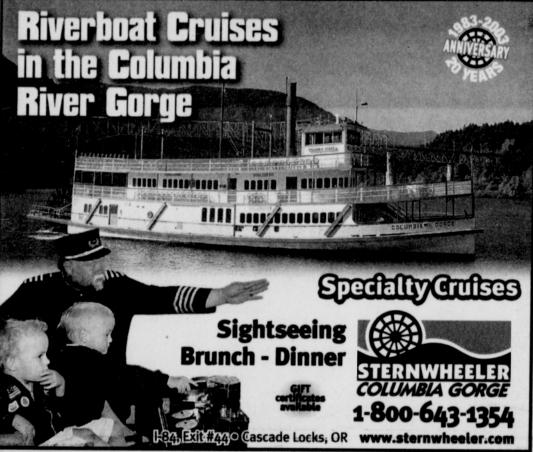
Participants receive free refreshments, a free Columbia Slough access guide and a free t-shirt.

Donations are appreciated. For more information, call 503-823-



Friends Enjoy Sternwheeler **Sights**

Corliss McKeever of the African American Health Coalition and friends Enrique Godreau, Miriam Naini and Ali Arjomand of Seattle enjoy a summer brunch cruise on the Columbia Sternwheeler.



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Be Responsible, **Know Where You Stand**

FREE HIV TESTING

Open to the Community

iland United Church of Christ

Corner of NE Going and 9th Avenue

Wednesday Evening August 6, 2003 5pm - 8pm



African American Health Coalition, Inc.

Contact AAHC at: 2800 N. Vancouver Ave Portland, OR 97227, 503-413-1850, lukusar@aahc-portland.org