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JOIN THE JAMMIN 95.5 NIKE CHARITY BASKETBALL TEAM

SATURDAY APRIL 19TH AT 7PM AT S.E.I. 3920 N. KIRBY, PORTLAND

**THE JAMMIN 95.5 NIKE BIG BALLERS**

VS.

*The Portland Observer*  
**CORY COUGARS**

**\$1 Admission**  
**Children Under 8 Free**

Proceeds Will Go To Amateur Athletics and Education

Brought to you by The Portland Observer, GI Joe's and JAMMIN 95.5

Halftime Entertainment Provided by **JAMMIN 95.5**

FOURTEENTH ANNUAL

**Inner City Blues Festival**

Saturday, April 19<sup>th</sup>, MELODY BALLROOM, 615 SE Alder, 6:30 pm - 12:30 am

**"KEEPIN' IT REAL"**

Linda Hornbuckle Band  
Jim Mesi Band with Mel Solomon  
Norman Sylvester Band with La Rhonda Steele and Raydell Clay and Linda Madison  
Dave Fleschner Trio and MC Paul Knauls



BBQ ribs, chicken, red beans and rice on sale. Full-service bar, 21 and over. \$15 or 2/\$25 (CBA members \$1 off)

Co-sponsor: Cascade Blues Association

Benefit for the RAINBOW COALITION  
Ticket Outlets: Music Millenium, Genevas, Reflections, Doris' Cafe, Dale Ann's Ladds Inn



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**Focus**

**'When a Black Man Loves'**

*New book explores the emotional side of men*

Do you want to know how he feels when he loves you? Misses you? Or when he is heartbroken over you? Do you want to know how he felt when he was turned away from love?

"When a Black Man Loves" by Zachary Marcus Cesare Harris is a non-fiction romantic journey covering a bevy of relationship and their individual dynamics as experienced by a black man over the course of 12 years.

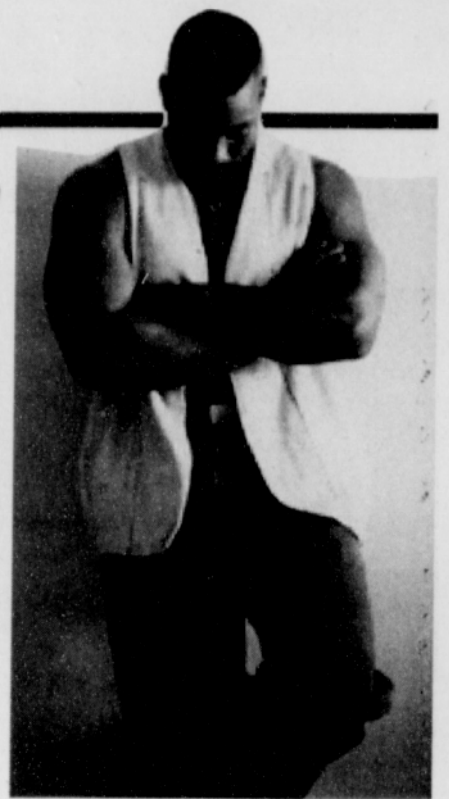
Insightful, brutally open and honest, the book is a statement regarding basic human dilemmas of love, lust, relationships, ecstasy, pain, risk and rewards. It deals with finding love, losing a relationship, rekindling a long-term romance and moving on when it doesn't work.

Although a black man wrote the book, the dynamics covered in it are applicable to anyone who has ever been in love, or in any type of intimate relationship with a member of the opposite sex.

It gives men some camaraderie



"When a Black Man Loves" by Zachary Marcus Cesare Harris is a non-fiction romantic journey guaranteed to give women more insight into their men. It is available for purchase online at [www.WhenABlackManLoves.com](http://www.WhenABlackManLoves.com).



and esprit de corps in exorcising - and exciting - some of the feelings that they've had while going through similar things.

It gives women more insight into the emotional side of men and sheds more light into a place where there is sometimes not much disclosure.

"When a Black Man Loves" is

the thoughts of men most women have never heard because their men couldn't find the right words to express them.

This book will read you and make you read yourself.

"When a Black Man Loves" can be purchased online at the authors site, [www.WhenABlackManLoves.com](http://www.WhenABlackManLoves.com).

**ENTERTAINMENT GUIDE**

**Alberta Art Hop Participants Wanted**

The Alberta Art Hop is a one-day festival to celebrate the arts and culture scene in the vibrant Alberta Street Community. On Saturday, May 10 the street will open up for music, dancing, theater, art and great food. There will be art exhibitions, a shrine contest, live music, a parade and hands-on art projects for adults and children. Volunteers, artists and performers are still needed. For more information, call 503-493-7246.

**Online Adopt-a-Pet**

The Oregon Humane Society has put a new twist on on-line personals. With just two clicks, those looking for a loving pet can find it with the dog, cat, rabbit or rodent of their choice by logging on to [www.oregonhumane.org](http://www.oregonhumane.org). Those interested in pet adoption can scroll through photos of all the pets available for adoption at the northeast Portland shelter and read pet profiles that are expanded daily.

**Alternative Medicine Classes**

Portland Community College will feature a non-credit lecture series that explains how natural medicine can help you rely on wholesome cures to prevent illnesses as well as heal them. Naturopathic physician Dr. Suzanne Lawton will lead a series of six lectures during which students can discover practical, safe and natural approaches that can be incorporated into the home. Each lecture will be held from 5:30 p.m. to 7:30 p.m. Wednesdays through May 7 at Tigard High School, 9000 S.W. Durham Rd. Cost is \$14 for individual lectures or \$66 for the series. For more information, call 503-538-9774.

**Ladybug Nature Walks**

Parents can discover the natural world with their pre-schoolers every Friday at 10 a.m. at Hoyt Arboretum. A naturalist will hand out magnifying glasses, bug boxes and other tools to explore the soil, water, bark, flowers and animals in Portland's parks. There is a \$2 charge for each child, but adults are free.

**Kate Spade Visit**

Kate Spade, one of America's leading accesso-

ries designer and style-makers, will celebrate the latest addition to the Kate Spade

Beauty collection 'Classic Pearls at Nordstrom's at Washington Square from 1 p.m. to 2 p.m. on Thursday, April 17. Shoppers will be able to have a bottle of the new perfume autographed by its originator.

**Earth Day Bike Blast**

On Tuesday, April 22 from 4 p.m. to 8 p.m. at Kaiser Permanente's Interstate South Medical Office, 3500 N Interstate Ave., there will be a Community Bike Blast in celebration of Earth Day. The event will feature free bike checkups and minor repairs, discount prices on Bell bicycle helmets, demonstrations on helmet fittings, live entertainment and free refreshments.

**Earth Day Garden Party**

The Patton Home Community Garden and the reopening of the Patton Home Kitchen as a community resource will be celebrated at an Earth Day Garden Party, Tuesday, April 22. Chef Tim Tommaso will serve up food and refreshments for guests from 4 p.m. to 7 p.m. at the Patton Home, located at 4619 N. Michigan. Activities will include painting of the fence around the garden, planting in the garden, a special speaker and a barbeque. For more information or to volunteer, call 503-221-1054, extension 276

**Timeless Treasures Benefit**

Area residents can bring one antique collectible to the Elders in Action Timeless Treasures benefit on Wednesday, April 30 and have it appraised by a professional to find out if it is treasure or trash. The event will be held at the Cascade Crest Banquet Center at the Oregon Zoo Rotunda. The cost for the benefit is \$30 for seniors and \$50 for general admission which includes a buffet dinner and live music.

**Homes for Pets Wanted**

The Oregon Humane Society is extending its outreach efforts to area pet stores this month. To help the Humane Society bring homeless pets into the community, call 503-285-7722, extension 204.

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