

METRO *Life*

The Portland Observer

SECTION B

Community Calendar

Adopt a Pet

The Oregon Humane Society is extending its outreach efforts to several area pet stores this month. Help the Humane Society bring homeless pets into the community, call 503-285-7722, extension 204 for more information.

Radical Women Meeting

To celebrate the 30th anniversary of Roe vs. Wade the Portland's Radical Women will host a meeting to explore the history of the United State's reproductive rights struggle and how women can safeguard those rights on Wednesday, Jan. 8 at 7 p.m. at the Bread and Roses Center, 819 N Killingsworth. There will be a multi-ethnic buffet with Vegan and Vegetarian options served at 6:30 p.m. for a donation of \$6.

Being Healthy Discussion on Menopause

Being healthy is more than just pounds and inches. Dr. Neall will discuss vitamins, minerals and herbs that are supportive to a healthy and comfortable menopause at New Seasons Market - Concordia, Wednesday, Jan. 8 from 7 p.m. to 9 p.m. She will also describe fitness programs and answer questions.

Health for People of Color

The Center for Self-Enhancement, Inc. and Providence Health System are presenting a Health and Wellness Seminar for Communities of Color, Thursday, Jan. 9 from 6:30 p.m. to 8 p.m. at SEI, 3920 N Kerby Ave. No admission will be charged.

Mood Cure Lecture

Best-selling author of The Diet Cure, Julia Ross, M.A. will share her latest ideas about supporting emotional health from her new book The Mood Cure. New Seasons is committed to helping customers lead a healthy lifestyle. Come see Ross in person at New Seasons - Concordia, Tuesday, Jan. 14 at 7 p.m.

Body Symptom Clinic

The Multicultural Senior Center is presenting a free clinic with doctors Army and Amy Mindell that will discuss issues of illness, pain and varying physical abilities. The doctors will encourage participants to share their own experiences to find insight and create community Friday, Jan. 17 from 7 p.m. to 8:30 p.m.

Weatherization Workshop

Come and learn how to save energy through material installation, behavioral changes and simple maintenance around your home. Both homeowners and renters are welcome at The Community Energy Project, 422 NE Alberta St. Saturday, Jan. 18 from 10 a.m. to 12 p.m. Qualified participants receive free kit of materials worth \$150. To register, call 503 284-6827.

Free CPR Classes

The American Heart Association is offering free CPR classes on Saturday, Feb. 22, at 9 a.m. and 11 p.m. at four locations: OMSI, 1945 SE Water Ave., Clakamas Community College, 19600 South Molalla Ave., in Oregon City at Northwest Regional Training Center, 11606 NE 66th St., Suite 103, Vancouver. Classes in Spanish are offered at Centro Cultural, 1110 North Adair, Cornelius. Register online at <http://local.americanheart.org> or by calling 1-800-452-9445.

Warming the Winter

Heating oil deliveries warm up as weather cools down

BY DAVID PLECHL
THE PORTLAND OBSERVER

He is a hard-to-miss face in the community. When he drives down the street, drivers honk and pedestrians wave.

"Almost all my customers know me," said Ed Scarborough, owner of Dad's Oil.

Scarborough can often be found in his trademark, blue-green oil truck. He's delivered heating oil to some residents in Portland for over 40 years.

Business began when his father started delivering wood and coal to shivering tenants in Portland's working-class districts. But that was a long time ago.

"The oil picked up, and the wood and coal played out," Scarborough said.

Nowadays, gas is replacing oil, but the demand for diesel in home heating and commercial applications is still going strong.

"Normally I do 30 or 40 deliveries a day," Scarborough said. "It gets real hectic."

The need increases when the mercury falls and homeowners crank up their thermostats. When he drives his truck down the street he knows which houses take oil and which don't.

On a mild December day, Scarborough knocks off about a dozen deliveries before noon. Just as he cleans his slate, another call comes in. He follows it up immediately and as he tops off the tank, another call.

Summer brings some relief from the non-stop driving and filling.

"That's when I get some of my days back from working seven days a week," he said. Scarborough has two trucks but keeps



PHOTOS BY DAVID PLECHL/THE PORTLAND OBSERVER
Home deliveries of oil are really just the tip of the iceberg for Ed Scarborough. The longtime Portland business also supplies heating oil to construction projects and other commercial accounts.

the second only as a backup. His mother Zelma still answers the phones and plans his routes.

"I'd be lost without her," he said. "She knows how to get the orders down so I don't have any problems getting to them."

Even though Zelma is into her 90's, she still enjoys working with her son and talking with all the friends she's made through the business.

"She loves it. It keeps her going," Scarborough said. "She knows all the customers. Those construction guys just



Ed Scarborough has been delivering heating oil to Portland residents for over 40 years.

love her."

Scarborough was just 15 when he and his brother would make the oil deliveries and 'dad' would repair the furnaces.

"We've been doing it for so long, everyone knows the name," he said.

Home deliveries are really just the tip of the iceberg. Dad's supplied much of the oil used in the construction of the Rose Garden. The job kept Scarborough busy for over two years.

"I would drive my truck right down onto the court," he said.

On a typical day at that time, 40 or 50 pieces of oil-thirsty equipment might be dropped down to his truck from points around the arena. He'd fill them up and a crane operator would swing them back to their positions.

"Forklifts, compressors, night-lights and generators," he said, "I'd fill them all."

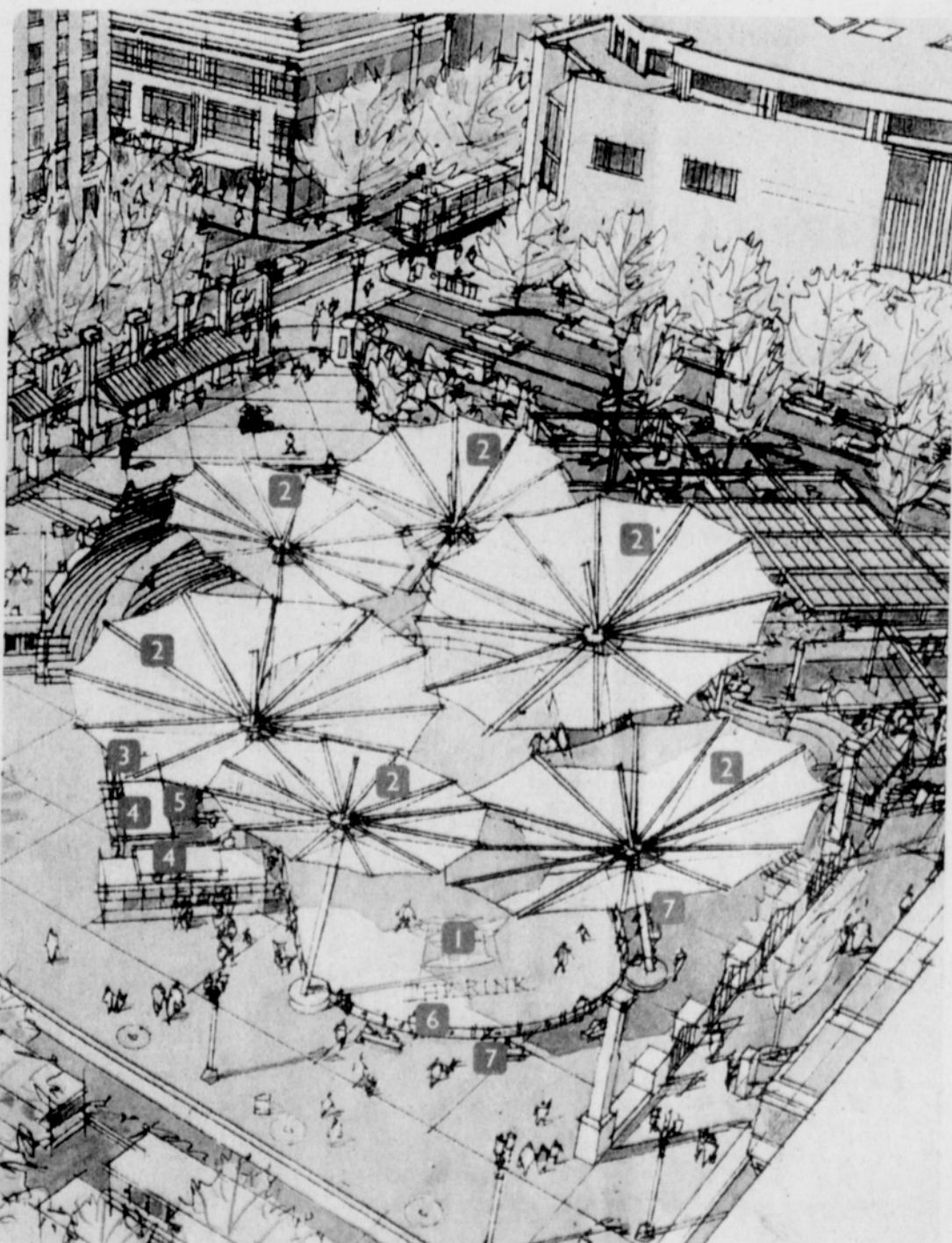
Scarborough finds much of his business through word of mouth. He keeps his customers with quick, reliable service.

"He's such a sweetheart," said long-time customer Nola Anderson. "You call him and he comes the same day."

Scarborough used to paint his trucks red, but when he got a new Chevy, it came blue-green from the factory. He liked the color.

"It gets a lot of compliments," he said.

It was about that same time that he named the business Dad's. Originally it was called Scarborough Oil, but he says when customers filled out their checks they never seemed to spell the name right. Besides, 'Dad' was the one that really started it all.



An artist's rendering shows a proposed skating rink at Pioneer Courthouse Square with umbrellas that would provide protection from the rain. Public meetings will help the city decide the fate of the proposal.

Icerink

Ice Skating Considered for Pioneer Square

Pioneer Courthouse Square and the City of Portland invite the public to attend five workshops in the next four weeks and comment on the proposed seasonal ice skating rink at Pioneer Courthouse Square.

The rink would be approximately the same size as a rink at New York City's Rockefeller Center, a 60 foot by 120 foot oval surface. It would be set on top of the brick floor, covering about 25 percent of the square's surface area from November to March each year.

By the end of every March, the square would return to its original, unobstructed design.

The estimated cost is \$7.9 million, to be paid mostly by private donors.

"The Square is a strong positive attractor in the community, currently hosting over 250 event days each year," said Greg Goodman, president of Pioneer Courthouse Square and chief executive officer of City Center Parking. "But only four of those events occur during the annual holiday tree lighting ceremony and spring break."

Goodman said the rink will increase public use of the square during the winter months, thereby

fulfilling the square's original mandate - to function as an integral part of the urban core in all seasons.

Opponents say the rink would interfere with public use and introduce commercialism to a square noted for its openness.

City Commissioner Jim Francesconi said he thinks the proposal can fly, but he knows there will not be 100 percent consensus. He wants to hear from the public,

and his instincts tell him people will warm to the idea once they understand it and can weigh in.

The public hearings will be held Jan. 15 at 3 p.m. at Pioneer Courthouse Square; Jan. 18 at

1 p.m., also at the square; Jan. 23 at 6:30 p.m. at the Portland Police East Precinct, 737 S.E. 106 St.; Jan. 28 at 6:30 p.m. at the Multnomah Center Auditorium, 7688 S.W. Capitol Hwy.; Jan. 29 at 6:30 p.m. at the Historic Kenton Firehouse, 8105 N. Brandon Ave.; and Feb. 4 at 6:30 p.m. at St. Philip Neri Catholic Church, 2408 S.E. 16th St.

The public may send written comments on the proposal to Pioneer Courthouse Square, 715 S.W. Morrison St., Suite 702, Portland, OR 97205.

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— Greg Goodman, president of Pioneer Courthouse Square