

'Premie' Reunion Draws Crowd



A reunion celebration for families with children born prematurely and cared for in the neonatal intensive care unit at Providence St. Vincent Hospital draws Barbara Stone and her daughter, Amber (from left), along with Barb Ratto.

Almost 700 people attended a 'preemie' reunion for all babies who were cared for in the Providence St. Vincent Neonatal Intensive Care Unit.

The recent event enabled parents to meet other parents and share advice and stories about raising these special babies. It

also allowed hospital staff to reunite with some of the children they have cared for and see their development.

The theme of this year's event was a "Western hoe-down" and activities included stick horse racing, stick cow roping, face painting, a fishing

booth, bowling and a clown, "Jolly Molly."

Providence St. Vincent's NICU is a state-of-the-art comprehensive facility that provides advanced respiratory support and surgical services to more than 700 newborns each year.

Wellness Village Promotes Healthcare

African American wellness is the emphasis for the 2002 Wellness Village scheduled for Saturday, Oct. 19 at the Oregon Association of Minority Entrepreneurs Plaza, 2800 N. Vancouver, Suite 100.

The event is expected to draw more than one thousand people. Participants can take advantage of free health screenings, free workshops, and free health exhibits.

The health fair is an all out effort to close the health gap on a variety of diseases that plague the African American community.

African Americans are 30 percent more likely to die of heart disease and 40 percent more likely to die of stroke than whites. African American babies are dying at twice the rate of non-African American babies and African Americans are 30 percent more likely to die from cancer than whites.

The Wellness Village will include dental screening and work; blood lead level testing; anemia testing; foot massage and foot care; testing for glucose, blood pressure and urine protein; flu and tetanus shots; HIV and hepatitis C testing; vision and hearing tests; stroke assessment; glaucoma screening; a bloodmobile, door prizes and music.

"This year we have more resources than ever to help educate the African American community and to change behavior and ultimately save lives," said Corliss McKeever the president of the African American Health Coalition. "We know through education and testing we can close the health gap on disease and death in this minority population."

PCC Cascade Celebrates Growth

continued from Front

Phase two construction is planned for late summer of next year and will include the Moriarty Arts and Humanities Building, the Technology Education Building and the Public Service Education Building.

In total, there will be 120,000 square feet of additional buildings and 3.57 acres of land expansion for the north Portland campus.

The expansion is needed for more students.

In the past five years, enrollment at Cascade has grown by 55 percent.

Denny's Supports Civil Rights

Denny's restaurants has presented a check for \$1 million to the National Civil Rights Museum in Memphis, Tenn.

The donation was made last week on Tom Joyner Morning Show. The audience of three thousand cheered and applauded enthusiastically when Hood-Phillips of Denny's announced that Tom Joyner, as well as others across the nation,

helped Denny's raise funds for the museum's expansion.

"This effort has received tremendous support from many individuals and organizations who joined us to help re-ignite Dr. Martin Luther King, Jr.'s dream of equality and justice for everyone," Phillips said.

The National Civil Rights Museum will host a Dedication Day on Sept. 28 for the expansion

project, which adds 12,800 square feet to the existing facility. The event is free and open to the public.

The National Civil Rights Museum, rated by USA Weekend magazine as "one of the Top 10 National American Treasures," is located in Memphis at the site of the Lorraine Motel, where Dr. Martin Luther King, Jr. was assassinated April 4, 1968.

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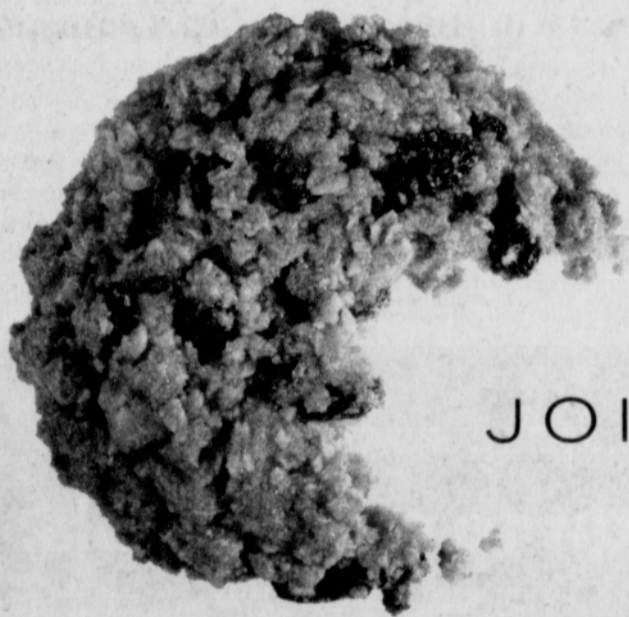


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6 hour coffee break

This weekend we'll be showcasing coffee from some of the Northwest's celebrated roasters. Explore our selection of 40 distinctive beans provided by Batdorf & Bronson, Equal Exchange, Montana Trading, Portland Roasting, Seattle's Best and Torrefazione. Sip organic, experiment with the medium body, dark roasted and espresso blends. See if you can find a decaf that "does it" for you.

This weekend also offers great promise for cookie connoisseurs. We'll open packages of about 100 different kinds of cookies for you to sample. Go for the gusto with Cougar Mountain's Triple Chocolate Walnut. Try the other end of the spectrum with Newman's Fat-Free Fig Newmans. Or just work your way down the list starting with Almond Anise Biscotti and finishing with White Chocolate Macadamia. Join us Saturday & Sunday, 11am-5pm.



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