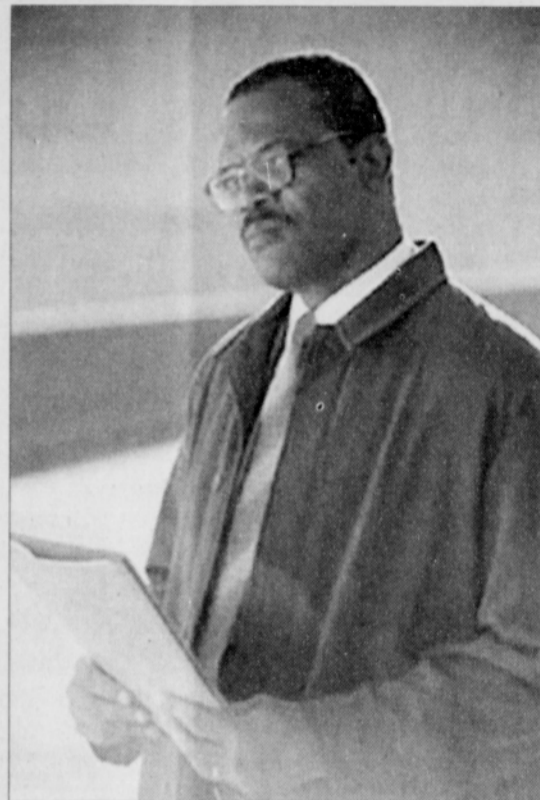


FOCUS

At the Movies



(Above) Samuel L. Jackson as Doyle Gipson.

(Left) The Rock plays hired assassin Mathayus in "The Scorpion King."

The Scorpion King

In the notorious city of Gomorrah, evil warlord Memnon is determined to lay to waste all the nomadic peoples of the desert. Because the few remaining tribes are virtually powerless against him, they decide to hire skilled assassin, Mathayus, to eliminate Memnon's most prized asset who lies at the root of Memnon's power: the sorceress, Cassandra. Mathayus's plan however, is to kidnap Cassandra rather than kill her. He knows that if he takes her hostage deep into the desert badlands, Memnon's henchman will stop at nothing to rescue her and bring her back, thus providing the perfect opportunity for Mathayus and Memnon to face only each other at a final confrontation. (Genre: sequel, action, adventure, horror; Rating: PG-13)

Changing Lanes

Late for court, high-powered attorney Gavin Banek weaves in and out of heavy traffic. In a different lane is Doyle Gipson, a father whose right to see his children rests on the decision of a judge with a full docket and no time to spare. On the surface, Banek and Gipson are two very different men: one seems to have life by the reigns while the other is struggling to find peace of mind. But a minor accident will drive these two strangers to the brink of self-destruction, with rage turning them both into beasts. (Genre: psychodrama, thriller)

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In Print

Make Positive Lifestyle Changes

BY JANE ALEXANDER
A FIRESIDE BOOK; 2002

It's a rare moment when we can find respite from the day-to-day rush. Even during the weekend, we often feel locked into a fast-paced groove; the last thing we're thinking of is our health. Coming to the rescue is "The Weekend Healer," an inspiring collection of seventeen programs designed to boost physical fitness and lift our spirits—all in the space of a weekend, and all in the comfort and privacy of our own home.

Fun, easy to follow, and beautifully illustrated in color, each plan offers natural and effective ways to make positive lifestyle changes that can last far beyond three days. Among the weekends presented here, you'll find ways to detox your body; all-natural beauty remedies; exercises ranging from yoga to chi kung; and simple meditation techniques to ease undue anxiety or stress.

The Weekend
HEALER

More Than a Dozen 3-Day Plans to Relax, Relieve Stress, and Re-energize

JANE ALEXANDER

The Musical Genius of Marian Anderson

BY ALLAN KEILER
UNIVERSITY OF ILLINOIS PRESS; 2002

Marian Anderson was a woman with two disparate voices. The first—a powerful, majestic contralto spanning four octaves—catapulted her from Philadelphia poverty to international fame. A second, softer voice emanated from her mere presence: an unwavering refrain of opportunity and accomplishment in the face of racial prejudice.

Anderson first garnered major acclaim while studying in London and Berlin. Her breakthrough in America commenced when impresario Sol Hurok took her under his wing, and her broad repertoire included Bach and Handel, spirituals, and German lieder. In 1955, she became the first African-American to perform at the Metropolitan Opera.

From meetings with Anderson before her death in 1993, Allan Keiler has assembled a magnificent study of Anderson's life in "Marian Anderson, A Singer's Journey."

Marian Anderson

A Singer's Journey

ALLAN KEILER

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