

# NBA Legend Bill Russell Visits Portland to Support The B.E.A.T Arthritis Campaign

*Voted Most Valuable NBA player five times, Bill Russell takes time out from the court to deliver his message to Portlanders about the importance of arthritis treatment.*

Boston Celtics legend and NBA Hall of Famer Bill Russell is bringing his Boost Education of Arthritis Treatment campaign to Portland Thursday, Feb. 14 and Friday, Feb. 15 at the Greenwood Inn, 10700 S.W. Allen Blvd. in Beaverton, from 2 p.m. - 3 p.m. Russell, in partnership with local health organizations across the country, is helping people identify the signs and symptoms of arthritis.

Russell revolutionized the game of basketball with his defen-

sive wizardry and was voted one of the top 50 basketball players of all time. Now he looks forward to taking his message about the importance of arthritis treatment to the American public.

While arthritis affects more than 2.8 million, or nearly 15 percent of Oregon residents, many sufferers are not seeking diagnosis and treatment for their joint aches and pains.

Russell, a long time sufferer of osteoarthritis who leads an active lifestyle, had to limit his daily activities because of his arthritis

joint pain.

Now, with the help of treatment, Russell can keep up with his active travel and speaking schedule, as well as play golf several times a week.

In partnership with local healthcare organizations and facilities nationwide, the B.E.A.T. Arthritis educational campaign will reach various communities across the country over the next several months. Educational materials are available by calling toll-free 1-877-480-BEAT(2328).

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# Backhoe Smashes Bank, Safe Stolen

(AP)—A person drove a backhoe through the wall of a credit union in Salem last week to rob the bank.

When police arrived at the scene of the crime, they found the backhoe parked outside and a 3-foot by 4-foot gray metal safe was missing.

Thursday, the safe was recovered at a nearby vacant residence.

Police received a tip that a suspicious object was being moved into the residence, said Lt. Chuck Bennett.

Investigators have identified people they believe might be connected to the robbery, but have not made their names public.

"This is truly one of the more unusual robberies we've investigated," said Gordon Compton of



*FBI investigators gather evidence from a credit union heist in Salem where someone drove this backhoe through the wall of the bank to steal a safe. (AP Photo)*

the FBI.

Compton said the backhoe was stolen from a construction firm a few doors away.

A construction crew working on a temporary wall at the credit union said the backhoe shredded electrical wires inside and lights were cracked and broken and heating ducts were sev-

ered.

"It took out almost everything," said worker Bob Andreason. "It did lots and lots of damage."

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# HealthyChats

A series of informal sessions with Oregon Health & Science University faculty and staff that address health care issues of interest to the neighborhood.

**Huh? What Can Be Done About Hearing Loss?**  
Robert Folmer, Ph.D., shares current methods used to evaluate hearing and discusses recent advances in hearing aid technology.  
**Friday, February 8 • 10 - 11 a.m.**  
King City Town Hall 15245 S.W. 116th Ave., King City (just off Royalty Parkway)

**Menopause: It's My Life - Options for Health**  
Jane Harrison-Hohner, W.H.C.N.P., talks about the newest advances in "menopause medicine" and health choices for the second half of a woman's life.  
**Wednesday, February 13 • 10:30 - 11:30 a.m.**  
Westmoreland's Union Manor 6404 S.E. 23rd Ave., Portland

**What's New in Diabetes Care**  
Janice Voukidis, R.N., presents new information about diabetes care, including education on diet, and the latest devices and medications now available.  
**Wednesday, February 13 • 7 - 8 p.m.**  
OHSU Health Center - Beaverton 2935 S.W. Cedar Hills Blvd., Beaverton (north end of Beaverton Mall)

**From Injured to Healthy Knees**  
J.J. Flentke, physical therapist, discusses the latest in home treatment, including stretching and strengthening for common sports-related knee injuries.  
**Wednesday, February 20 • 7 - 8 p.m.**  
OHSU Family Health Center - Richmond 3930 S.E. Division, Portland

**Update on Cataract Surgery**  
Damien Macaluso, M.D., will review the past, present "state-of-the-art," and future modalities in cataract, surgery with plenty of time for your questions.  
**Thursday, February 21 • 7 - 8 p.m.**  
St. Barnabas Episcopal Church 2201 S.W. Vermont St., Portland (Grife Hall)

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