

Heavy Load Benefits Area Kids



Lawrence Brown of Kaiser Permanente and Stevie Dwyer of Beach Elementary School, 1710 N. Humboldt, unload boxes of donated school supply items, everything from colored pencils to crayons, backpacks, brushes and rules. Children attending school at four north Portland elementary schools received help with needed school supplies thanks to the generosity of Kaiser Permanente employees and members. About 95 boxes of the supplies, including many backpacks, were donated at several Kaiser Permanente buildings. The materials were distributed Thursday at Ball, Beach, Clarendon and Humboldt elementary schools.

PHOTO BY MARK WASHINGTON/THE PORTLAND OBSERVER

Personal Stories of Recovery

Oregonians from all walks of life are telling their personal stories of addiction and recovery this month to increase public understanding of this disease and support for treatment.

"Alcohol and drug addiction contributes to countless social problems, from child abuse to poor public health," says Barbara Cimaglio, who heads alcohol and drug prevention and

treatment for the Oregon Department of Human Services. "Without these addictions, our agency, Oregon's largest, could probably cut its \$4.2 billion annual budget in half."

September is designated nationally as "recovery month," an opportunity to learn from those who overcome their addiction and to recognize those who help them.

"We've asked a group of Oregonians who have undergone successful treatment to step forward and share their stories," Cimaglio says.

Special activities during the month include a campaign of billboards and radio ads to promote a help line run by the Oregon Partnership, and outreach to minority, religious and other communities.

Oregon Tribes Share Diversity

Television lifestyles guru Martha Stewart learned about the lifestyles and living fashions of native Americans during a summer visit to the Oregon coast.

Leaving the East Coast with a 10-member crew, she spent 5 days filming for a one-hour television special on the wild and scenic Rogue and Illinois rivers.

Martha explored canyons and forested headwaters, spending a day kayaking.

She and her crew were treated to traditional baked salmon and frybread, cooked by Agnes Baker-Pilgrim and her son Keith Taylor and family.

Baker-Pilgrim, an Elder of the Confederated Tribes of Siletz, is one of the last surviving descendants of the First Nation People, the Takelma Indians, who lived along the coast for 22,000 years.

After taking her first bite of salmon, cooked on redwood sticks around a fish pit in the sand on the river's bank, Martha said it was "...the best salmon I've ever tasted."

Agnes joked and said that Martha should "throw away her frying pan," and change to the traditional cooking methods that the First Nation Takelma had used for thousands of years.

The tribal elder said she felt honored to introduce Stewart to traditional ways of cooking.

An authentic canoe was carried to the river for Martha to be given a ride in, which she was really de-



Agnes Baker-Pilgrim, an elder of the Confederated Tribes of the Siletz, explains the significance of her buckskin dress and the materials used in the native attire to Cooking and Home TV personality Martha Stewart.

lighted to do, tribal leaders said.

George Fence, a full-blood Indian of Selma, Ore. along with Gray Eagle and other Takelma Indians constructed the canoe.

At her request, Baker-Pilgrim brought out artifacts for Stewart

to see—a woven baby basket, cedar baskets, woven baby rattles, necklaces, hairties, medallions and various other woven and beaded articles. The television special is tentatively scheduled for mid-September.

Bright Beginnings
Childcare Center

"The staff is so loving and interested in each child that it's like leaving them with family."
Jenna Mason-Steinberg, parent

Ages: 6 weeks to 6 years
Hours: 6:30 am to 6 pm
Fees: Based on a sliding scale according to your income, and starting as low as \$400/month (full-time only)

Your child will enjoy... An individualized curriculum designed to develop age-appropriate social, motor, language and emotional skills. Organized daily recreation in our on-site gymnasium, padded playground and fenced ball field. Swimming lessons taught by certified instructors in our heated pool. Monthly field trips.

Bright Beginnings - The Salvation Army Moore Street Corps and Community Center
5325 N Williams Avenue, Portland, Oregon 97217

For information, call 503-493-3928

Do the Right Thing... and Read!

Children's Book Fair

Make a Book!

Make Jewelry!

Make a Button!

Meet our mascot, Bookman!

Listen to Music and Stories!

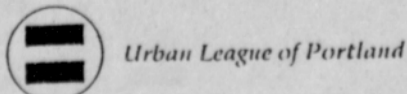
Fun for the whole Family!

Saturday, September 15, 2001
11 a.m. - 2 p.m.
North Portland Branch Library's
back yard
512 N. Killingsworth St.

VOLUNTEERS ARE NEEDED!

Contact Arleta Ward at 503-988-5470.

Assistance and donations generously provided by:
Powell's Books, McDonalds, Scholastic, Borders,
and Reflections Bookstore.



Meals-On-Wheels Eyes New Kitchen

Loaves and Fishes, the Meals-On-Wheels People, has kicked off a capital campaign for a new central kitchen. "Delivering More than a Meal," is the theme of the drive, reflect-

ing the fact that in addition to serving nutritious meals, Loaves and Fishes provides social contact, education, volunteer experience and resource referrals.

SEPTEMBER EVENTS

Thursday, September 6
THE JIMMY ROBB BAND
Blues

Thursday, September 13
OBO ADDY
Master drummer from Ghana
Benefit night for **HOMOWO African Arts & Cultures**
in the Courtyard Restaurant

Sunday, September 16 · 6pm
TALL JAZZ CD RELEASE PARTY
Ode to a Vibes Generation
Kennedy School Theater · \$10 cover

Thursday, September 20
JOHN COLTRANE BIRTHDAY TRIBUTE
featuring
BRYAN DICKERSON & FRIENDS

Thursday, September 27
JACKSTRAW
Bluegrass

Unless otherwise noted, shows begin at 7pm in the Gymnasium, and all ages are welcome at no cover charge.

5736 NE 33rd · Portland, Oregon
(503) 249-3983 · www.mcmenamins.com

Parents Face Child Care Shortage

Low wages in the child care industry and stricter state regulations have greatly contributed to the decreased number of child care providers in the Portland metropolitan area, but the demand for child care is growing, state officials and child care experts say.

In 1998, the state of Oregon had 10,500 registered child care providers. But this year, only 7,500 registered child care providers exist, said Tom Olsen, administrator of the state's child care division.

Without stronger financial incentives, Olsen expects even fewer providers next year.

"I know so many child care providers who have had to get out of the child care business and find a job that would give them a steady monthly income," said Sarah Pearmine, programs coordinator for a housing development agency working to provide financial incentives in addition to quality child care by state certified providers.