

METRO Life

The Portland Observer

SECTION B

"Bridging Portland's Communities"

Community Calendar

The Bite of Portland

Safeway's Bite of Portland is the city's tastiest food, music and wine festival. There will be international cuisines, Oregon wine tasting and six stages of music. Lots of fun for the whole family. The event will be held at Waterfront Park, Aug. 17, 18 and 19. For more info., go online to www.biteofportland.com.

Oktoberfest Sports

Mt. Angel Oktoberfest 2001, from Sept. 13 through 16, offers a wide variety of sports for the visitor to watch or to take part in. There will be a softball tournament, golf tournament, high school volleyball tournament, volkswalk and ten-mile fun run. For more info., call 503/845-9440 or visit Oktoberfest on the Internet at www.oktoberfest.org.

Childbirth in a Nutshell

OHSU's Center for Women's Health classes will be having a talk on "Childbirth in a Nutshell" on Wednesday, Sept. 12 and 19, from 1-4 p.m. in the Outpatient Clinic Building, Room 1332. This class is for first-timers and a refresher course for experienced parents. Call 503/494-8231.

Energetic Healing

Learn a Chinese form of energetic self healing called "Heaven, Earth, Sun and Moon Qigong" from the originator of the exercise, Master Ou Wen Wei. Wei has taught the technique to thousands all over the world with great results. He will be demonstrating at Natures' Wellness Center, located at 3535 N.E. 15th and Fremont from Aug. 24-26. Call Donna Selby at 503/675-9809.

Senior Art Show & Sale

Showcasing artwork created by seniors who have taken part in Portland Parks & Recreation's wide variety of art classes, including drawing, painting, sculpture, textile, and mixed media. Seniors are encouraged to bring their work to the center on Aug. 18, between 10-11 a.m. Prizes will be awarded along with free fun, festivities and intergenerational activities. Call 503/659-4180 or 503/823-4328.

Open Hand

Open Hand is boldly moving into our third year with a celebration of their fabulous youth and innovative programs. They will be having a youth performance and fund raising party to help support their scholarship fund. Food and drinks will be provided. Join them on Aug. 28, from 6:30-8:30 p.m. Call 503/493-1000.

Car Seat Safety Clinic

The Providence St. Vincent Medical Center will be offering a free car seat safety clinic for parents, grandparents, babysitters and anyone who uses child car seats in their vehicles. The clinic will be held on Saturday, Sept. 15, from 10 a.m. to 2 p.m. at the hospital, located at 9205 S.W. Barnes Rd.

Summer Fresh Salsa

Preserve the summer fresh and flavorful salsa at Kruger's Farm Market, located at 17100 S.W. Sauvie Island Rd., where visitors can learn the basics of canning on Aug. 18 and 19, with classes taught by master food preservers on site at 1 p.m. and 3 p.m. each day. Call 503/621-3489. There will be live music and hayrides.

A Holy Ghost Block Party

The Fellowship Missionary Baptist Church Youth Anti-Gang Ministry will be presenting "A Holy Ghost Block Party" on Saturday, Aug. 18, from Noon - 6 p.m. at 4009 N. Missouri Ave. There will be BBQ, games, music, dance, rap, balloons, prizes and more. All are welcome.

Kids Create, Edit and Produce TV Spots

AT&T Broadband and Portland Cable Access have teamed up to host "Adventures in Television," a collaborative project to help the children of Boys & Girls Clubs improve their communication skills.

A one-week summer camp was held last week featuring lessons in interviewing people, identifying and assembling compelling video and other media skills.

Teams of students produced and edited five 30-second public service announcements for their respective clubs, which will air on Portland Cable Access channels 11, 22 and 23, as well as other select cable channels from October to December.

"The quality programs that we provide for Portland area youth are made possible by the generous donations of our community partners," said Virginia Hensen, executive director of Boys & Girls Clubs of Portland.

"Investing in our children and the communities we serve is a top priority for us at AT&T Broadband," said Curt Henninger, senior vice president for AT&T Broadband in Oregon and Southwest Washington. "The lessons in communicating and working in teams, as well as the wonderful feeling of accomplishment will stay with these kids long after this camp is over."

Rob Skelton, executive director of Portland Cable Access TV, added, "This is a wonderful opportunity for the youth of Portland to learn how the media has the power to increase awareness of issues. They also begin to understand how effective communication influences the world around them."

Speakers at the camp included C.J. Glazer of Will Vinton Studios, Gary Nolton of Limbo Films, Ken Ackerman of KPTV's



PHOTO BY DEBORAH PLEVA

Tiffany Shimabukuro, a camp mentor, and Maurice Stroud, a young participant from the Blazers Boys & Girls Club use an umbrella to bounce light across a TV set.

Good Day Oregon, and other guests.

Tim Larson, director of Downstream Video Production showed the kids how to create storyboards. Students also received hands-on training from cable access volunteers and AT&T Broadband staff in using video equipment, cameras, editors, audio boards, video switchers,

and graphics.

The lessons learned may be applied to future jobs in the television and communications industry.

Portland Cable Access, a non-profit charitable organization, promotes broad participation in civic cultural life by encouraging effective use and understand-

ing of community media. PCA offers affordable classes in television production where people learn with hands-on experience about cameras, television studios and editing. Their flagship channel, CityNet 30, is dedicated to public affairs programming and is one of the largest of its kind in the country.

Summer Camp Delights

A counselor leads a camper on a horse ride at Camp Rosenbaum, one of the many activities during citizenship camp on the Oregon Coast, sponsored by the Housing Authority of Portland, Oregon National Guard and Portland Police Bureau. More than 100 children from Portland and about 60 other young campers from the area attended the Aug. 1 camp named in honor of Fred Rosenbaum, former Housing of Portland Commissioner and Oregon Air National Guard assistant Adjutant General, who helped transform the National Guard Camp at Rilea near Astoria into great summer camp experience for Housing Authority Children.

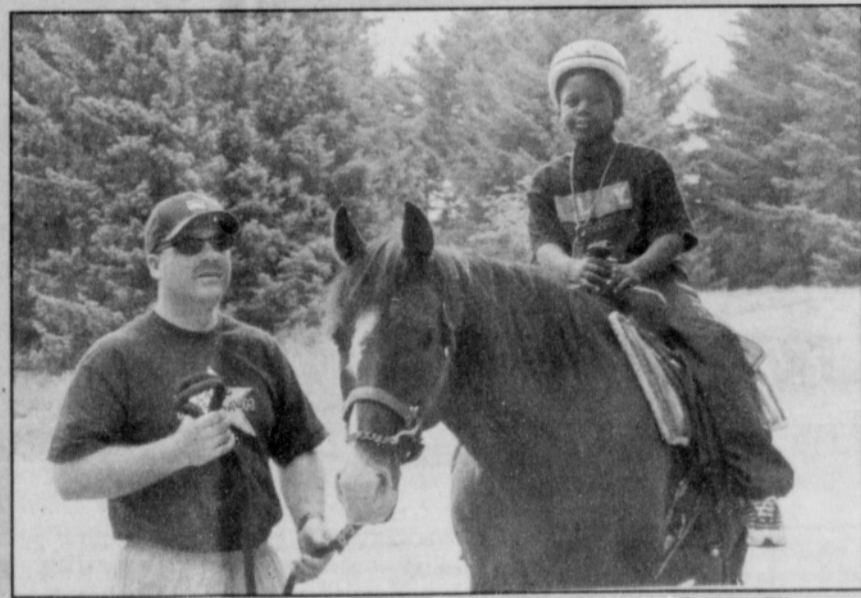


PHOTO BY JOLEEN COLOMBO

Group Wins Fight for Lower Bus Fares

Tri-Met has voted to cut monthly passes for students in half, thanks to the efforts of Sisters in Action for Power.

The multi-racial organization has fought for cheaper student passes for nearly four years. Members protested, held a rally and attended meetings to get

their demands met by the Tri-Met Transportation Board. The effort was done for the sake of low-income and minority students who couldn't easily afford to pay \$31 per month. Through their persistent efforts, student passes are now \$16 a month. Studies conducted by Tri-Met

determined that charging students \$31 per month was too high, compared with fares in other states. Tri-Met officials say the new rate change could result in a loss of \$1 million in revenues each year - forcing the transportation provider to spend less on new products.

Fiesta Coming to 42nd Avenue

A fiesta to celebrate the diversity and uniqueness of the 42nd Avenue community will be held outdoors on the campus of the PCC Metropolitan Workforce Training Center, 5600 N.E. 42nd Ave. and Killingsworth, Saturday, Aug. 25, from 11 a.m. to 3 p.m.

The party will include local food

vendors, a live Latin band, salsa dancing lessons, special activities for children, a dog wash and lots of community fun.

The new director of the Portland Bureau of Housing and Community Development, Tonya Parker, will open the fiesta. Everyone is invited

to attend. Event sponsors include the 42nd Avenue Target Area businesses, Central Northeast Neighbors, the Bureau of Housing and Community Development, Portland Community College, the Hacienda Development Corporation, St. Charles Church and Whitaker SUN School.

Fewer Women Smoke During Pregnancy

Oregon is making headway in reducing tobacco use among expectant mothers, according to data that appears in the Oregon Vital Statistics Annual Report for 1999, recently published by the state Department of Human Services.

"We found some positive changes in the 1999 birth data," says Mel Kohn, M.D., state epidemiologist at the Health Division. "We are especially encouraged by a decline in the number of women who smoked while they were pregnant."

"The fact that fewer mothers are smoking means they are getting the message that tobacco is harmful to them and to their babies," says Kohn. "But we need to redouble our efforts, because far too many women continue to smoke."

The Health Division is planning a new program that will enhance current tobacco cessation efforts, according to Donald Dodson, director of child and family health programs. "We are working with health care providers to increase their use of interventions to help pregnant women stop smoking," Dodson says. The program has support from the Robert Wood Johnson Foundation's Smoke Free Families program.