



Family

Help the Homebound on Thanksgiving

Loaves & Fishes Need Drivers to Serve Seniors

Loaves & Fishes, The Meals-On-Wheels People, need drivers to deliver Meal-On-Wheels to homebound seniors on Nov. 23, Thanksgiving Day.

This is an opportunity to bring smiles, conversation and a hot Thanksgiving meal to seniors in our community - many of whom are isolated. Drivers will be picking up meals from 11 a.m. to 12 p.m. Volunteers will

be using their own vehicles and should have good driving records. People who are interested in providing this vital service can call 503-736-6325, extension 239.

Loaves & Fishes is a non-profit nonsectarian agency that has met the nutritional needs of area seniors since 1970 by providing meals for on-site dining and Meals-on-Wheels delivery.

Loaves & Fishes seeks to enrich the lives of seniors and assist them in maintaining independence by making nutritious food, social contacts and other resources easily available.

The organization is community based, emphasizing volunteer involvement and is financially sound. Loaves & Fishes serves an average of 850,000 meals annually. The suggested donation per meal is \$2.25.



Seasonal Fun - Dan the Balloon Guy blows up a balloon for kids at last week's Halloween party at Self Enhancement, Inc. Hundreds of kids from north and northeast Portland enjoyed the night of festivities. (PHOTO BY MARK WASHINGTON/PORTLAND OBSERVER)

Creating a web site for your neighborhood organization

A workshop for Portland neighborhood activists on "Going Online! Creating a web site for your neighborhood organization" will be held Thursday, Nov. 9.

The workshop will take place from 6:30 PM to 9 PM at Portland City Hall located at 1221 SW 4th Ave., in the Lovejoy Room. The City of Portland Office of Neighborhood Involvement is sponsoring this workshop.

line for how to get started at setting up a web site for your organization. Use of e-technology is rapidly growing as almost all of Portland's neighborhood associations have initiated web sites, list serves, and/or organizational email addresses. Neighborhood leaders are attempting to utilize these technologies to maximize communication between residents about updates on meetings, release of official city public

of information on hot neighborhood topics. Leading the workshop will be three neighborhood leaders who are experts on the design and utilization of web technology.

Joining us will be John Bartley of the King Neighborhood Association, Paul Bingman of the Linnton Neighborhood Association, and Jere Retzer of the Crestwood Neighborhood Association. The workshop is free and

Artist Features Children at Reflections

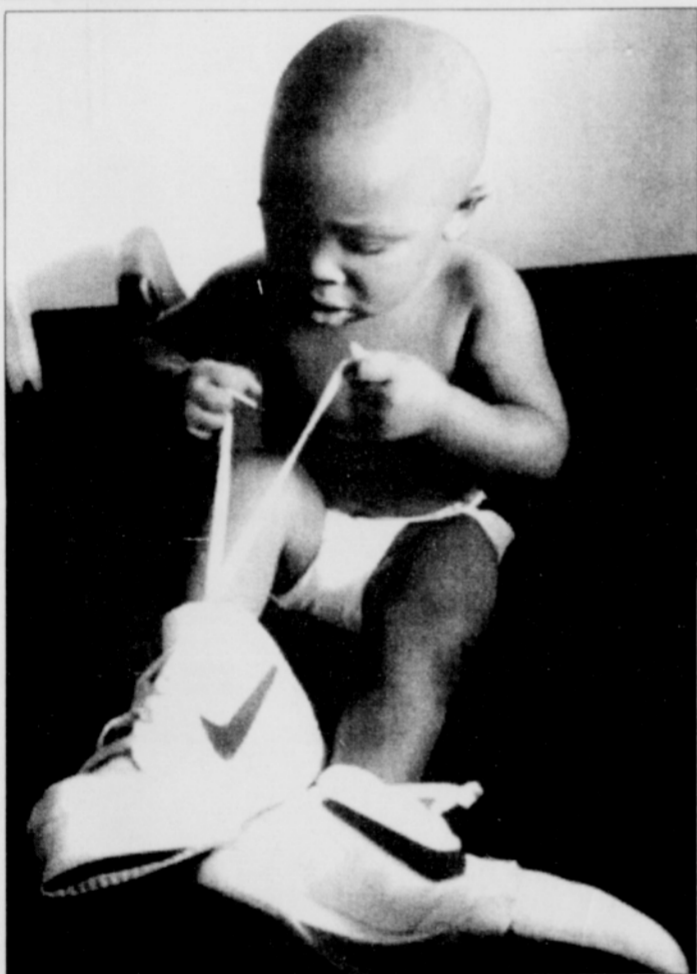
'Daddy's Shoes' by Portland Artist Kelly Johnson is a reproduction from an original photograph by Kelly Johnson.

Kelly Johnson, a local free-lance photographer, presents an exhibit this month at Reflections Coffee and Books.

The exhibit is titled "Beauty and Truth" and features African American youth.

"I started this project in the early 1990s and it has gone on to post, greeting and note cards and fine prints," Johnson said.

Her images will soon be featured in her first photographic children's book published by a New York Publishing House.



Neighborhood Associations Want Diversity

A workshop for Portland neighborhood activists on "Making Room at the Table: How to Build Inclusive and Diverse Neighborhood Associations" will be held Thursday, November 16. The workshop will take place from 6:30 to 9 at Floyd Light Middle School located at 10800 SE Washington, Room 18. The East Portland Neighborhood Office and the City of Portland Office of Neighborhood Involvement are sponsoring the event.

The workshop is designed for neighborhood activist who want to learn how to build neighborhood organizations that are accessible for low-income renters, people of color and immigrant communities. The highlight of the workshop will be a discussion with four community leaders who will share their perspectives on livability issues of importance to their constituencies. They will also be asked to speak about barriers to participation in neighborhood associations with the goal of beginning a dialogue on action steps that can be taken to building inclusive and diverse organizations.

Participants will also share ideas and learn how to do outreach that builds bridges with specific communities including with young people, renters, African-Americans, and others. The training will also examine the role of leaders to interrupt racist, sexist, and classist prejudiced comments to insure their neighborhood association fosters and inclusive and welcoming environment for all citizens.

Humane Society Celebrates Opening of New Shelter

Tails will wag as dogs and cats preside over a collar-cutting ceremony Friday at the Earnest C. Swigert Animal Shelter, the new home of the Oregon Humane Society. A community "shelter-warming" on Sunday, from noon until 7 p.m. will feature tours of the country's most state-of-the-art animal shelter.

The new shelter is the result of over 7,000 contributors. The \$8.3 million building was completed on time and under budget, without the use of government funds or taxes.

It expands available space for the housing and rehabilitation of

homeless companion animals. Space for humane education classes is increased five-fold.

"The new shelter reflects our commitment to remain at the forefront of animal sheltering, animal welfare issues, and humane education," said Sharon Harmon, OHS executive director.

"We can all be very proud of this community resource."

Sunday's shelter warming will give visitors a behind-the-scenes tour of the kennels, exam rooms, grooming suite.

Local author and animal experts will be present to answer questions about pet training,

behavior, and nutrition. Demonstrations by police and other working dogs are scheduled throughout the day, and Best Friends' Corner, the pet supply store located in the shelter's lobby, will hold a sale.

"After sixty years in a building that was dark, dank, and eventually was falling down around us, we can't wait to show the community what they have built," says Harmon.

The Oregon Humane Society is located at 1067 NE Columbia Blvd. Call 503.285.7722 for more information or visit the shelter's website at www.oregonhumane.org.

Shelters for Homeless Families Open

Six winter shelters for homeless families are now open.

Multnomah County expands its shelter network each winter to assist homeless families during the year's coldest months.

The number of homeless families in Multnomah County has not declined, even with a strong local economy.

"In a five-year study from 1993 to 1998, we counted an increase of 38

percent homeless families," notes Donna Shackelford, who coordinates the county's homeless services to families. "We estimate that 622 families are homeless in the county at any point in time."

The high cost of housing is the primary reason families become homeless. According to the federal government, the cost of an average rental for a two-bedroom apartment in Portland

is \$702. Three of the shelters operate only in winter and three are year-round facilities. Several provide day services. To access a shelter, families should contact one of the following referral numbers:

For downtown and inner Southeast Portland, call 503-721-1500; for east Multnomah County call 503-491-0578; and for inner North/Northeast Portland call 503-721-6760.



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