

# METRO *Life*

The Portland Observer

SECTION B

## Community Calendar

### The Salmon Festival

Salmon watching is a unique Northwest activity and the Salmon Festival on Saturday and Sunday, October 14 and 15, will offer guided salmon viewing tours at Metro's Oxbow Regional Park. Children games and activities, exhibits, arts, musical entertainment, horse-drawn wagon rides and great food round out the festival each day from 10:30 a.m. to 5 p.m. Call 797-1850.

### Doernbecher Jam

Get 'em before they're gone! Tickets are now on sale for the 3<sup>rd</sup> annual Doernbecher Generation Jam on Saturday. The Doernbecher Foundation Junior Executive Board is turning the Aero Air hangar at the Hillsboro Airport into a concert and dinner hall for the event, which features music by Hit Explosion. Tickets are \$50 (\$20 is tax deductible) and are available through the Doernbecher Foundation office by calling 503/294-7101 or 1-800-800-9583. Raffle tickets will be sold at the event.

### Deal Challenging People

The Hollywood Senior Center will be holding a workshop to provide neighborhood activists with a tool box of practical techniques for dealing with difficult people and difficult situations. They will examine why people can be "difficult" and methods you can use to control your own reactions. The workshop will be on Monday, October 23 from 7-9 p.m. at the Hollywood Senior Center located at 1820 NE. 40<sup>th</sup>. Call Joleen Classen at 823-3202 or Brian Hoop at 823-3075.

### Self-Healing With Qi Gong

A free lecture on an ancient Chinese self-healing technique called "Heaven, Earth, Sun & Moon Qi Gong" to strengthen one's Life Force and immune system for healing. The lecture will include a demonstration by Master Ou Wen-Wei on Friday, Oct. 6 at the Friendly House Community Center, 1737 NW. 26<sup>th</sup> & Thurman in the Keeton Lowrey Room in Portland. Call 503/675-9809.

### Self-Defense Workshop

Join One with Heart for a powerful and practical Mother/Daughter Self-Defense Workshop taught by Katherine White, a mother and certified women's self-defense instructor on Saturday, Oct. 14, from 10:30 - 2 p.m. Katherine has over eight years of martial arts experience and is currently an instructor in One With Heart's kids program. Call 503/231-1999 for information and registration.

### Farm Hosts Festival

Pumpkins, pumpkins, pumpkins, will be the weekend theme for Pomeroy Living History Farm's 7<sup>th</sup> Annual Pumpkin Festival Saturday and Sunday. Activities include hayrides to the Pumpkin Patch and down the enchanting Pumpkin Lane. Vendors with handcrafted goods and goodies, Scarecrow Making, Pumpkin Painting, a Haybale Maze, Animal Petting, food and entertainment. Gates open at 10 a.m. on Saturday, and 1 p.m. on Sunday, and close at 5 p.m. each day. Call 360/686-3537.

### Infant and Child CPR

Red Cross will offer Infant and Child CPR at American Red Cross, Oregon Trail Chapter, 3131 N. Vancouver Ave, Portland. The class will be held on Tuesday, Oct. 17 and Thursday, Oct. 19 from 6 p.m. to 9:30 p.m. Infant and Child CPR teaches how to care for an infant or child who stops breathing or is choking, give CPR, reduce the risk of injury and use the emergency medical services system effectively.

### Art Exhibit and Sale

The Portland Fine Arts Guild announces its 12<sup>th</sup> Annual Members Art Exhibit & Sale to be held on Saturday, Oct. 14, from 9 a.m. - 7 p.m. and Sunday, Oct. 15, from 10 a.m. - 5 p.m. at the Hollywood Senior Center located at 1820 NE. 40<sup>th</sup> Ave.

## River Renaissance Focuses on Willamette Future



Portland residents and civic leaders, including U.S. Rep. Earl Blumenhauer (from left), Tom Walsh, Gil Kelly and City Commissioner Erik Sten discuss the possibilities for a restored and vitalized Willamette River and its urban environment. (Photo by Larry Jackson/Portland Observer)

### A New Strategy for Healthy River, Vibrant Urban Environment

Mayor Vera Katz, along with the Portland's Bureau of Planning, have launched River Renaissance, a long-term strategy for restoration and revitalization in and along the Willamette River.

As a multi-objective strategy for a healthy river and vibrant urban environment, River Renaissance will coordinate and guide public and private investments towards a shared vision of the river's future.

"Now, more than ever, the river can bring us together," stated Mayor Vera Katz. "This project will challenge Portland citizens to create their future and point the spotlight on the heart of our history."

Many visions and plans that address the environmental, economic, and recreational aspects of the Willamette River already exist. This fall, River Renaissance will examine this past work, and create one integrated vision for the future.

Through Oct. 25, Portland residents, together with landowners and environmental and business communities are invited to participate in six visioning workshops to examine where Portland is headed and imagine how the river will look and function for future generations.

"Through these workshops and other activities, we have many opportunities to capture the community's visions of the Willamette, including how to reconnect business districts and neighborhoods to the river," added Gil Kelley, Director for the Bureau of Planning.

### Team Likes Freeway Cap

A strategy team says Mayor Katz's vision of capping I-405 downtown is doable, and recommends proceeding with a 2.5 block demonstration project.

"Replacing noisy vacant airspace with productive uses would transform the landscape and provide social benefits

that extend far beyond the adjacent neighborhoods and properties," said the team in their report. In addition, the team says the engineering and economics are sound and feasible and that, "if the city were to issue a Request for Proposal to create a platform and develop above the freeway, the development community would respond positively."

In 1998, Katz challenged the community to assist her in creating a 25-year vision for capping the I-405 freeway. Her challenge was accepted by the American Society of

Landscape Architects who managed the Bridge the Divide and Cap I-405 Vision Study. In 1999, Katz appointed the strategy team to conduct an economic and engineering analysis, assess market conditions, identify possible sources of funding and identify the critical issues that need to be addressed in order for the I-405 capping project to proceed.

"I am encouraged by the strategy team's enthusiastic response," said Katz. "Capping the freeway will help us knit together

neighborhoods torn apart by the freeway, while simultaneously helping us protect established single family neighborhoods by creating new land in the central city on which to focus growth. Building over the freeway may happen now, or it may happen in 10, 15 or 20 years, but it will happen as our supply of developable downtown land shrinks and land values rise. When that time comes, I want to make sure we have done the preparatory work to be ready."



Claudia Carter and Hong Kim of Living Color Beauty Supply, check the store shelves for personal care products that can be donated to the African American Providers Network and women in shelters. (Photo by Michael Leighton/Portland Observer)

## Care Baskets Assure Victims

### Providers Network Heals Emotional Wounds

By MICHAEL LEIGHTON  
PORTLAND OBSERVER

A new grass roots organization is showing women in Portland's domestic violence shelters that they haven't been forgotten.

African-American Providers Network is visiting African, African-American and Caribbean women in shelters to bring them hair care products and a reassuring connection with sisters who care.

Right now, the group is filling about 15 baskets weekly with non-perishable foods, hair care and personal care products, and community news to help women feel connected when they're in these desperate situations.

The idea is to "bring the community to

them and break the barrier of isolation," said Bridgett Jackson Fahnbulleah.

The Providers Network recently thanked Hong Kim, the owner of Living Color Beauty Supply, a northeast Alberta and Martin Luther King Junior Boulevard business, for a large donation of personal care products.

Still, more donations are urgently needed, Claudia Carter is overseeing the public service drive.

She said people can drop off their donations at Living Color, or at the offices of the Providers Network in the Standard Dairy plaza at 2808 N.E. Martin Luther King Jr. Blvd., Suite 21, or can call her at 503-493-8623 for more information.

## Urban League Wins Back United Way Money

Following an extensive review of new management and fiscal practices instituted by the Urban League of Portland, United Way will immediately resume funding for agency.

"We are pleased to continue our support of the Urban League in its mission to strengthen African Americans and all who strive toward economic self-reliance and social equality," United Way spokesman Jeremy Sarant said. "Under the leadership of Margaret Carter and with support from the current staff, the Urban League has proved once again it will serve as an effective, fiscally responsible service provider within our community."

After a report from Multnomah County last fall questioned financial expenditures within the Urban League, funding from the county and United Way was suspended while an audit of the agency was conducted. Since

that time, organizational leadership has changed and the Urban League has pledged full accountability for all spending during the remainder of this financial year, United Way will allocate \$90,538 to the agency.

The funding covers \$17,028 for a male/female responsibility program, \$29,438 toward the Whitney Young Learning Center and \$44,072 to finance adult and senior services. At the end of this fiscal year on June 30, 2001, the annual allocation to Urban League resume at \$108,647 annually.

Through an annual campaign that generates more than \$20 million annually, United Way funds 151 health and human service programs at members agencies and numerous programs at 2,200 donor-designated non-profit agencies. These programs strengthen families, invest in needs in Multnomah, Clackamas and Washington County in Oregon and Clark County in Washington



Giving SEI a Helping Hand- Sen. Avel Gordly (left) and Charlotte Rutherford enjoy the sold-out 7<sup>th</sup> Annual 'Art & soul' benefit gala, which raised over \$700,000 for Self Enhancement, Inc.'s youth programs.