Portland Observer Family

Sauerkraut Festival

Family Party Features Food, Crafts, Entertainment

Steinfeld's Scappoose Sauerkraut Festival will mark 12 years of celebrating sauerkraut on Saturday, Oct. 14 from 10 a.m. to 6 p.m. on the grounds of Scappoose City Hall, 33568 E. Columbia Ave.

This year's family-friendly event will feature nearly 100 food and craft booths, a petting zoo, mini stock car races, kids' stage and a main stage featuring talent from around the Pacific Northwest. Souvenir sauerkraut festival T-shirts, as well as gift packs of Steinfeld's products, will be available at Steinfeld's booth.

This year's entertainment includes something for everyone. Pat O'Neal Riverboat Jazz will perform New Orleans style jazz; Sam Bamboo will play Caribbean calypso, soca, and reggae; and Johnny Martin will croon American classics. Other performers include tap dancing saxophone player Michael "Shoehorn" Conley and Rhys Thomas, who combines juggling, acrobatics and comedy.

In keeping with the theme of the festival, each food vendor will feature at least one item containing sauerkrant, sauerkraut chicken; fish tacos with sauerkraut, buffalo polish dogs with sauerkraut-and for dessert, sauerkrant ice cream, of course.

Proceeds from Steinfeld's Scappoose Sauerkrant Festival will benefit the Scappoose Community Club, which sponsors projects to enhance the image of the city. Donations will be accepted at the gate.

Steinfield's Products, founded in 1922, produces sauerkraut, winekraut pickles and relishes. Pickles are produced at Steinfeld's Rivergate plant in Portland and sauerkraut is made in its Scappoose plant, the largest sauerkraut plant west of the Mississippi. Scappoose is 30 minutes Northwest of downtown Portland on Highway 30.

Senior Adults Needed

The Foster Grandparent Program is looking for senior adults, at least 60 years of age to help at-risk children in Washington, Multnomah and Clackamas counties. Children need positive role models to assist them with reading, developing social skills, and more. Foster Grandparents serve 20 hours a week and receive $200 a month tax-free plus other, incentives including meal and travel compensation, paid time-off, and sick leave. No experience needed, just a desire to help children. Call (503) 232-0007 extension 202 for details.

Alzheimer's Association Memory Walk

The Oregon Trail Chapter of the Alzheimer's Association is preparing for their Ninth Annual Memory Walk, to be held Sunday, Oct. 8 at 10 a.m., starting and ending at Pioneer Courthouse Square at SW Broadway and Morrison in downtown Portland. Close to 2,000 people are expected to participate.

Memory Walks is a 5K (3.1 miles) non-competitive pledge walk and is the primary fundraiser for the Alzheimer's Association.

This year's theme is "Celebrating Caregivers" to honor professionals and family members who care for persons with Alzheimer's disease.

Jamila, age 6

Delightful Girl Awaits Bonding to New Family

Jamila's beautiful smile reveals the social spark she harbors inside. Described as a joy to be around, Jamila is both polite and well behaved.

Physically agile, she has been rollerblading since age four and can already ride a bike! Other favorite activities and interests include Barbs, RugRats and the color pink.

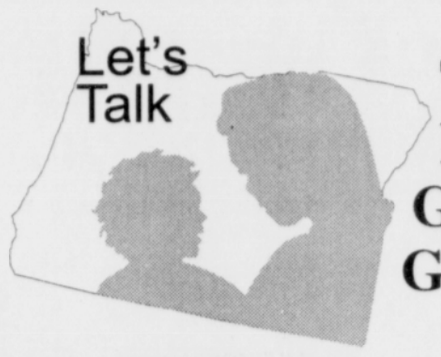
Jamila also has a particularly hearty appetite. Her fondness for food probably stems from her previous living situation where meals were not always reliably provided.

She is a loving little girl with the ability to attach and bond to a new family. Jamila would be a wonderful addition to a family as an only or youngest child.

Adoptive parents will need to actively advocate for her educational needs as she progresses through school. Continued counseling will also be of great benefit for Jamila as she further resolves her feelings about her past.

Jamila is a delightful girl with a lot to offer the right family.

To learn more about adoption and the more than 500 children who await adoption, call the Special Needs Adoption Coalition at The Boys & Girls Aid Society at 1-800-342-6688 or (503) 222-9661. Agencies waive or reduce fees for adoption of children in the state care. Singe adults as well as couples are encouraged to call.



Tips for Parents: Growing Good Kids

Raising children ranges from the simplest of tasks, such as a kind touch, to the dauntingly complex, such as character formation.

"Along with wanting our kids to grow, learn, and develop, our society also wants our youngsters to become good citizens, to become people that are responsible, honest, have respect for others, and so forth," says Carlos Sundermann, Director of the National Resource Center for Safe Schools at the Northwest Regional Educational Laboratory.

"These are the kinds of values that cross religious and cultural boundaries. They are conveyed—that is, taught—parent to child. And in the majority of families they are. Sadly, in some families, they aren't. But if we consciously carry out character education in our schools and society, model these generally accepted values in all that we do, then we accomplish two things:

"We reinforce and strengthen ethical home values, and we encourage those who don't have that example in their personal lives to acquire these important ways of behaving during their schooling years." While these principles don't belong to any one culture or religion, Carlos reemphasizes, they are foundations of just about all cultures and religions.

Parents, educators, and other members of the community are increasingly looking for information on this topic. "On our safe-schools resource center's Web site (www. safetyzone. org), we have a list of 'Hot Topics,'" Carlos notes, "and character education is among them. The Web site points to two character-education links that we find to be objective, nonsectarian, and nonpartisan."

One link is to the Character Education Partnership (www.character. org) and the other is to Character Counts! (www.charactercounts.org). Character Counts! establishes Six Pillars of Character:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Citizenship

Buttressing each pillar are contributing traits. For example, under Responsibility is Accountability, Pursuit of Excellence, and Self-restraint.

Parents and others can find many helpful character-building tips on Character Counts!

The Character Education Partnership, says Carlos, divides its approach into 11 principles of character education. In its very first principle, notes Carlos, the partnership cites "caring, honesty, fairness, responsibility, and respect for self and others" as essential ethical values. The partnership advocates for the school as a caring community where "caring relationships will foster both the desire to learn and the desire to be a good person." At the same time, the partnership recognizes parents as the primary instructor of morality, and encourages parental participation in the school's efforts.

This column by Karen Lytle Blaha is provided as a public service by the Northwest Regional Educational Laboratory, a nonprofit institution working with schools and communities in Alaska, Idaho, Montana, Oregon, and Washington.

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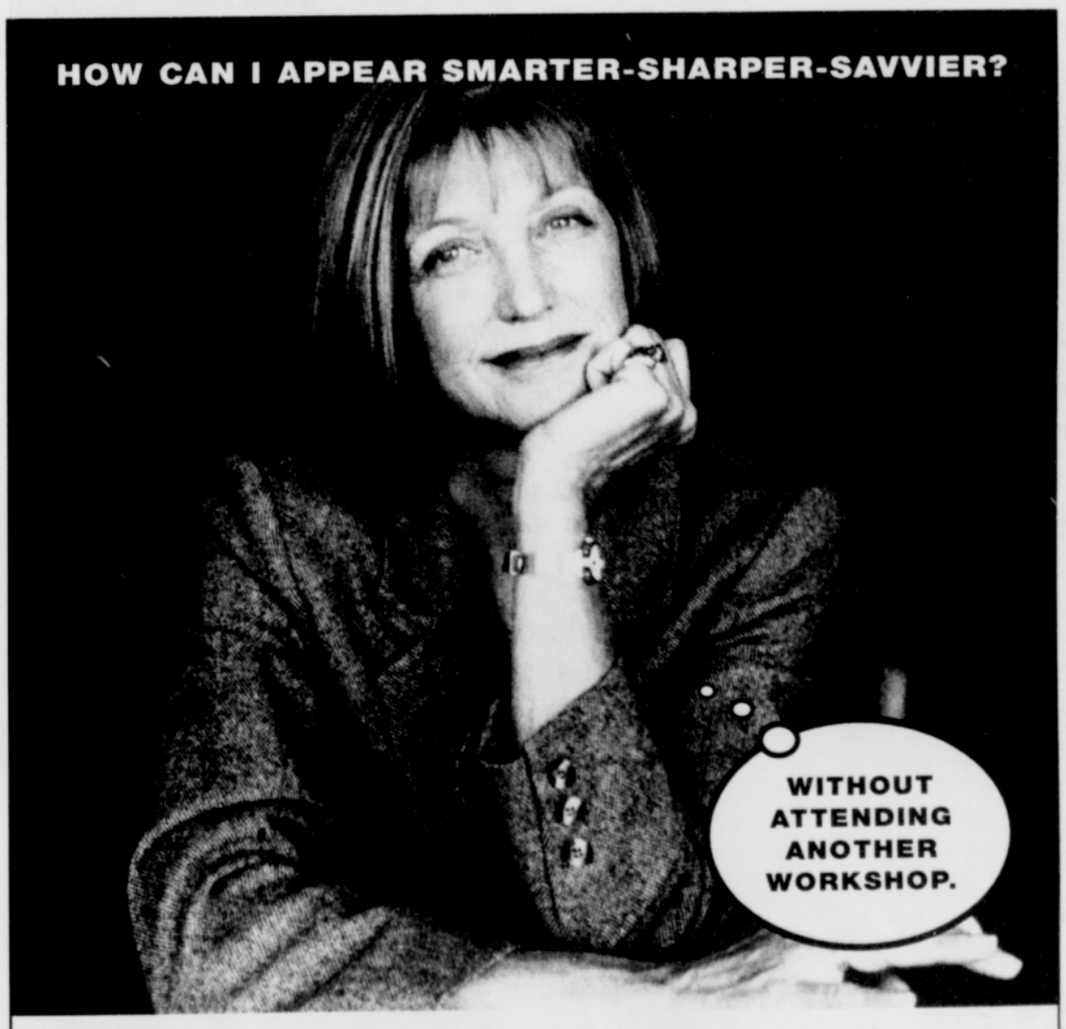

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