

METRO *Life*

The Portland Observer

SECTION B

Community Calendar

First Annual Autumn Equinox Festival

Revel in the vibrancy of fall on Thursday, September 21, at the first annual Grand Lodge Autumn Equinox Festival. Come out with friends and family between 4 p.m. and 10 p.m. for seasonal food and drink specials, live entertainment, and lots of fun. Admission is free. The grand lodge is located in the heart of Forest Grove at 3505 Pacific Ave. in Forest Grove, Oregon. Call 503/992-9533.

Coast Guard Academy Nationwide Competition

The United States Coast Guard Academy is now accepting and processing applications to the Class of 2005. Appointments are tendered solely on the basis of an annual nationwide competition with no congressional nominations or geographical quotas. Applications must be submitted to the Director of Admissions prior to December 15, 2000. To obtain an application or further information, call 1-800-883-8724 or visit their website at www.cga.edu.

Walk on the Wild Side

Join the Sierra Club on Sunday, September 24 to "Walk on the Wild Side" Forest Park Walk along Wildwood Trail. Families with children are welcome. Five and ten-mile walks begin at 9 and 10 a.m. A two mile guided "nature walk" begins at 11 a.m. The walk begins just southeast of the intersection of Fisher and Kingston near the Vietnam Veterans Memorial in Forest Park. Call Tim Hahn at 288-1043 to register.

How New Beliefs Can Double Your Sales

Join a personal success coach to help double your sales. You will learn such things as converting limitations and fears into achieving your goals and aspirations; overcome fears and disempowering beliefs which disrupt and cease forward motion; discover the driving force behind human behavior and systemically utilize it for constant improvement and much more! The event will be held at the Oregon Convention Center on September 27. The cost is \$99. Call 503/471-2954.

Sample Acupuncture & Herbal Remedies

Residents in the Portland metropolitan area have many choices in traditional and alternative health care. If you would like to learn more about alternative medicine, consider the free Saturday seminars for the public sponsored by the Oregon College of Oriental Medicine, 10525 SE. Cherry Blossom Dr. in Portland. The 90-minute seminars will be on September 16, 23 and 30. Each free seminar starts at 10 a.m. Sample treatments will be offered along with the talks. Call 253-3443.

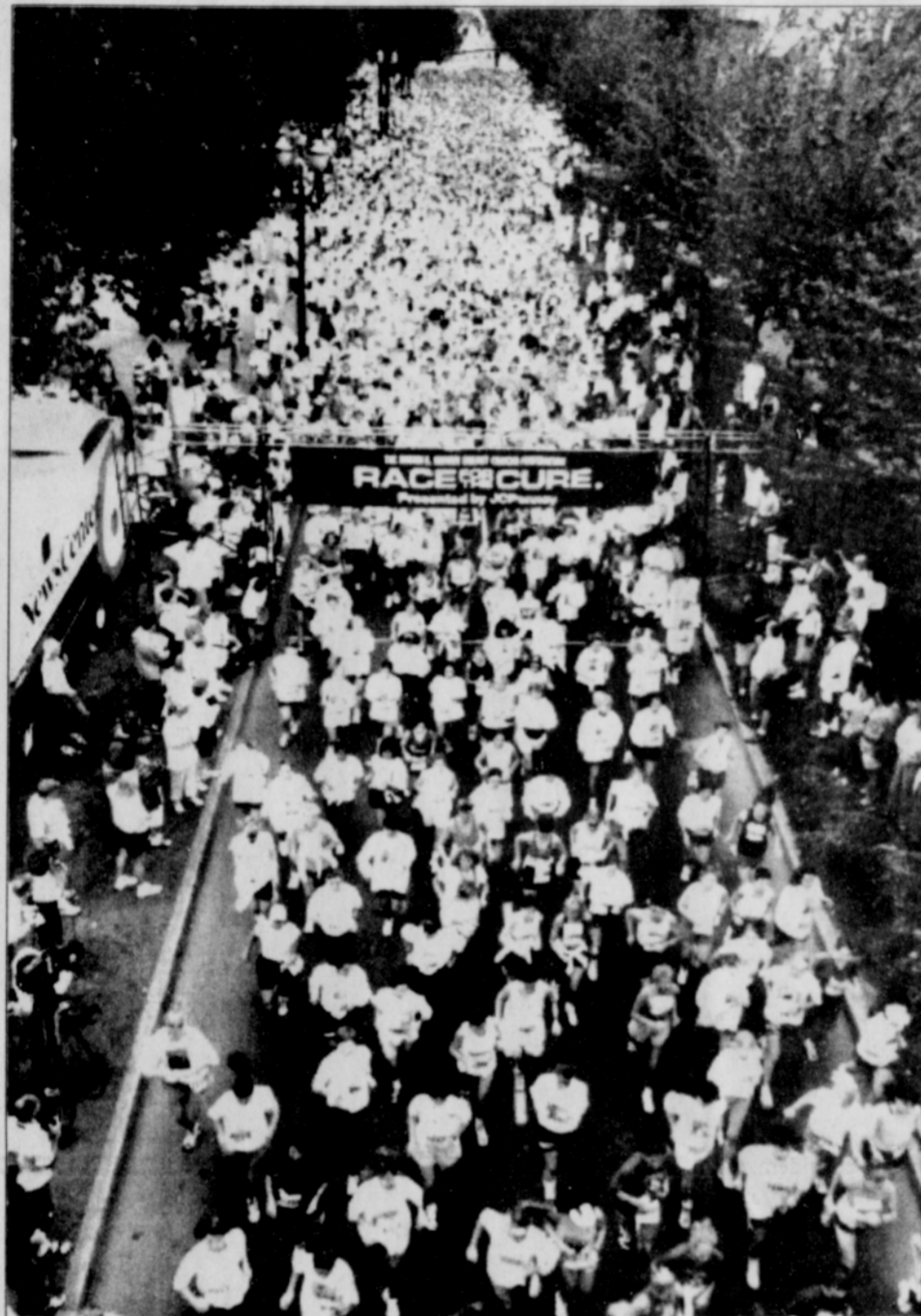
Marvelous Manicures

Your hands speak volumes about you, so take pride in your nails. Learn natural techniques for filing, taking care of your cuticles, and polish selection. Discover solutions to common hand and nail problems - splitting, breaking, tearing and dryness on Wednesday, October 18 from 5:45 - 7:30 p.m. for \$10 at the Montavilla Community Center. Open to all ages and seniors. Call Abbe MacFarlane at 823-4101.

Learn How to Make Incense

Healing Waters, located at 2426 NE Broadway will be conducting an Incense Workshop on Saturday, September 30. Learn how to make incense from scratch with supplies on hand to practice. Instruction provided by Buddhist monk, Vajracarya Daijo. Cost is \$15. For more information, call 503/528-1430.

Race for the Cure to jam Portland streets



Big crowds fill the Portland waterfront at last year's Race for the Cure. This year's race takes place Sunday and is expected to draw as many as 40,000 people.

• Women's Event Now Touches Men, Families

BY MICHAEL LEIGHTON
FOR THE PORTLAND OBSERVER

It's now an event for the entire family! Portland is preparing for the 2000 Komen Portland Race for the Cure with some exciting changes this year.

The race to be held Sunday morning at Tom McCall Waterfront Park raises money to help eradicate breast cancer as a life-threatening disease. Donations further the mission of the Susan G. Komen Breast Cancer Foundation for research, education, screening and treatment.

More than 40,000 people, including women, men and their families, are expected to show their support.

But many folks are still unaware of some new features added to this year's race, according to spokeswoman Melinda Merrill.

A co-ed 5K run and 5K walk has been added to the event.

The race also includes the women's 5K run and 5K walk, as well as the coed one mile walk.

Merrill said if you can't participate in the race, you can still sign-up as a "virtual runner" and receive an official race shirt and finisher pin through the mail.

A new survivor's tent will present cancer survivors participating in the race, with complimentary food and special treats, a chair massage and random drawings for prizes.

Prizes awarded for raising the highest number of donations, best team name, largest team and the team that has grown the most from last year.

A post race party includes food, music, dancing and other fun activities.

Registration is happening now online at www.cybersignup.com. You can also register at JC Penny; G.I. Joes; Nordstrom; Athletic Department at Beaverton Mall, Pace Setter Athletic at SE Woodstock and 43rd, Athletics' East in Gresham and the Portland Running Company on Progress Road.

On-site registration will be held at Waterfront Park near Pine and SW Naito Parkway starting at 6:30 a.m. Sunday.

For more information call the race hotline at 503.553.3680.



Construction site accident results in explosion on Killingsworth

A cutting torch used to dismantle an old underground gasoline tank sparked an explosion Monday at this former gas station at Northeast 15th and Killingsworth. The blast broke several windows in the immediate vicinity. Luckily, no one was injured.

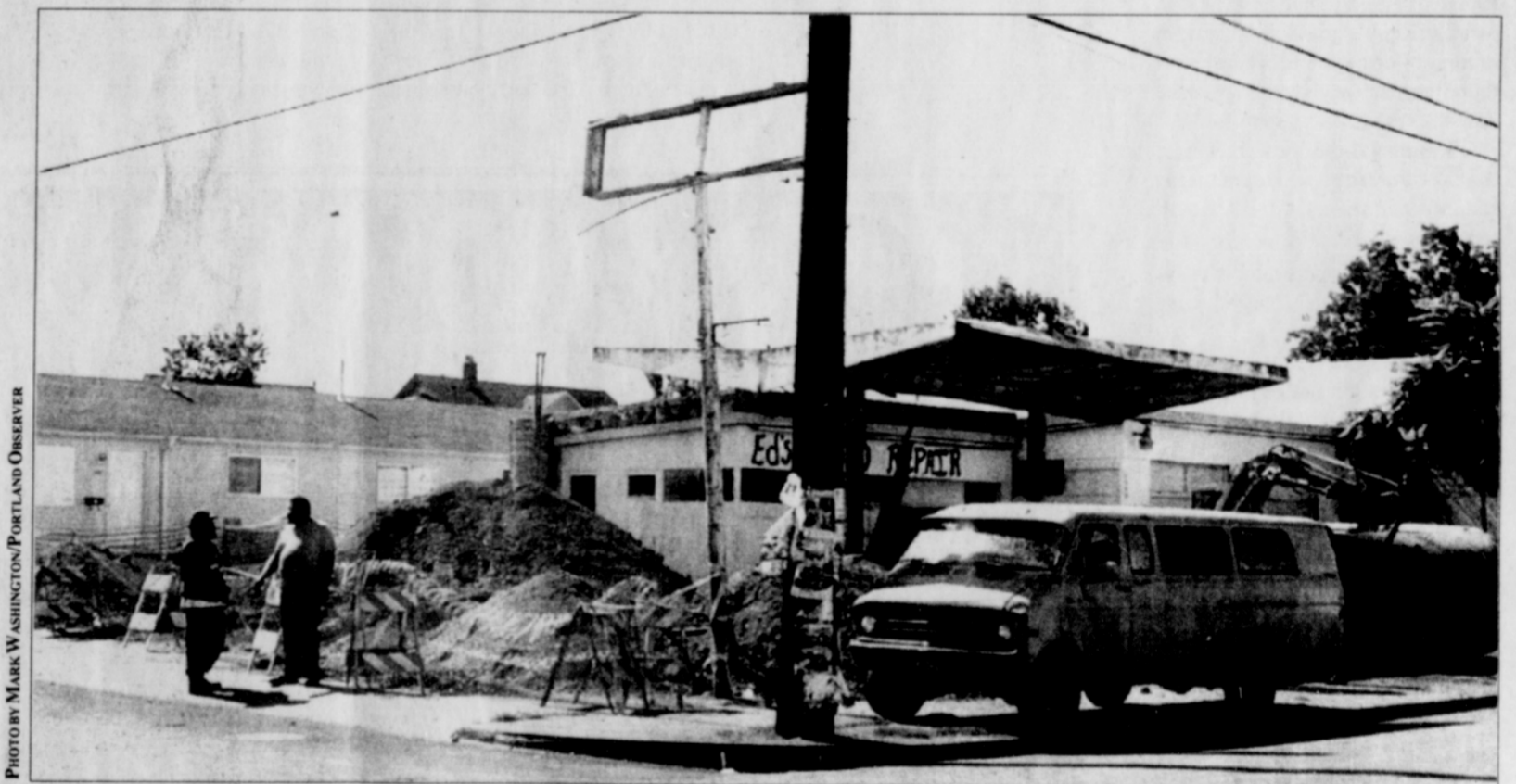


PHOTO BY MARK WASHINGTON/PORTLAND OBSERVER

Development takes shape on N Killingsworth

BY GIDEON LANTZ
FOR THE PORTLAND OBSERVER

Construction is expected to be completed between Christmas and New Year's Day on a 45,000 square foot retail and housing facility to be known as McCuller Crossing, located at 236 N. Killingsworth Street, said Developer John Kelly, who is working with his sister Jane Olberding to create the new facility.

The project was so named because it is on land formerly owned in the early 1990's by John and Marjorie McCuller, who ran Farmer John's Restaurant on the site. After that it was more recently the site of Delicious D's, a fast food restaurant. During the 1950's and 1960's it was a well known hot spot for teenagers in the neighborhood who spent time at Bun 'N Burgers, a local hangout.

So far only one business, Vinnie's Pizza, has bought space in the retail portion.

"We really would like to see more local tenants, but they need to be qualified tenants,"

said Property Owner Bill Leigh of Leigh Properties.

"There is 3,000 feet left of retail space. The community has constantly expressed an interest for more options for eating," Leigh said. He hopes to attract more upscale eating establishments.

At \$11 per gross square foot annually, retailers will likely pay quite a bit below the market rate to become part of the facility. Current market rates for retail space range from \$14 to \$25 per square foot, Leigh said.

"The owners are not making a lot of money at that rate. It's a very stripped down space to make it affordable. The attempt all along is to try to keep rent as low as possible in order to keep it viable."

The unit will also include 40 apartments which will be owned by a non-profit organization, Shelter America, Olberding said. The facility will include one to three bedroom

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A combined housing and retail complex rises from the corner of Vancouver and Killingsworth, a block once known as Delicious D's and formerly Bun 'N Burgers restaurant.

PHOTO BY MICHAEL LEIGHTON/THE PORTLAND OBSERVER