



Family Living

Volunteerism: you get what you deserve

BY LYDIA BASS
FOR THE PORTLAND OBSERVER

The secret to happiness is not in doing what one likes to do, but in liking what one has to do.

-Bessie B. Williams, aunt
Sacrifice is giving up something good for something better.

-P.M. Richardson, mom

By volunteering, you tap into the greatness that lies within you to do good.

-Lester Bass, dad

Those were adages I grew up with, from three of the most influential people in my life. I love

quotations, because they're like little short stories that provoke thought and inspire. My mother was an active participant with March of Dimes, my father even in his 60's worked hard with the military's Retired Men's Officer Club to help build the first children's youth center in Seaside, Ca., and every summer when I came to Portland I'd work with my aunt at Oregon's Fair Share. The greatest legacy my family passed on was that of volunteerism. Volunteering broadens a child's world and provides meaningful opportunities to help others. Instead of thinking of volunteering as something you do for people who are not as fortunate as yourself, consider it an exchange. The benefits of volunteering come not just in the giving but also in the receiving. Volunteerism offers a change of pace and through volunteerism, you get to know your community, gain leadership skills, assure progress,

learn new skills and keep existing ones alive, establish networks, friendships and a reverence for humanity that brings about a sense of joy, peace and contentment.

There are many volunteer assignments available and you should take the time to find the one that best matches you. Start by asking yourself the following questions:

- What causes or issues matter to you the most?
- Do you want an ongoing, regularly scheduled assignment, or a short-term assignment, or a one-time assignment?

- Do you want to volunteer for something that uses the skills you apply in your paying job or do you want to do something completely different?
- Do you want to work alone, with a group, with friends or family?
- What kind of people do you want to work with - both in terms of who is receiving services and who your co-workers might be?
- Are you willing to participate in a training course or do you want to start your volunteer work immediately?

- To find out about volunteer opportunities, you can do several of the following:
- Call the agency that interests you: think local; think global
- Check with your employer. Many companies have a tradition of supporting certain organizations.

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Lydia Bass

Scholarship from page 1

Phil Reynolds gave much of his self to his work at the Portland Terminal Company in service to the public over the years. More particularly, he took special interest in the young people who came to work at the Terminal Company under his supervision. At that time in the 1940's and 50's the Union Station or the railroad were two of the few employment opportunities available to young Black students seeking to extend their education beyond high school. Phil Reynolds encouraged and counseled these young people to take advantage of educational opportunities in the area of higher education.

Before Phil Reynolds retired from the Terminal Company in 1957, he had given, for a number of years, many hours of time and effort to the NAACP,

Urban League and numerous other civic groups for the overall betterment of the community.

The inspiration, dedication and commitment Mr. Phil Reynolds gave these organizations is the essence of the man. His work in establishing contact in the Oregon Legislature as a Lobbyist for Civil Rights legislation clearly affected the course of the now current Equal Employment Act for the State of Oregon.

Phil Reynolds, and his wife, E'lise Reynolds, who was the Oregon Mother of the Year in 1957, have successfully raised four children who attended college: Jack, Walter, Robert and Phyllis.

It is in memory of Phil Reynolds dedication toward youth and their education that this Scholarship Fund was established. The Tradition

continues The Phil Reynolds Scholarship recipients are preparing to enter the world of academia. The year 2000 graduating high school seniors are proud to be winners of the \$500.00 scholarships awarded to them for their incredible dedication to learning and being outstanding citizens in their community.

The family members of Phil Reynolds are proud to announce the four recipients of the year 2000 Phil Reynolds Scholarship Award.

Ms. Emerald Armstrong outstanding student at Jefferson High School, Portland. 2000 Rose Festival Princess, attending Fisk University, Nashville, TN - Pre Medical Major.

Ms. Laleah Lambert, St. Mary's


Academy, Portland, honor student attending Spelman College, Atlanta, GA. - Computer Engineering Major. Ms. Jessica White, McMinnville High School, McMinnville, OR, honor student attending Oregon State University, Corvallis, OR - Business and Marketing Major.

Ms. Melissa Ballard, U.S. Grant High School, Portland, attending University of Oregon, Eugene OR - Journalism Major.

Each one of these college bound freshmen has shown to the world that they can reach high and achieve all they seek. Our best to all the students as they pursue their dreams and reach for the sky.

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 my featured listings

I am an experienced Real Estate Professional, member of the Million Dollar Club, retired from US West with 22 years of management experience, served as Board member of the Interstate Firehouse Culture Center, served as a Court Appointed Special Advocate for Children (CASA), United Way Volunteer, and a member of the Multnomah County Election Board. High energy and enthusiasm, expert in Residential Marketing and Promotion. My objective is to give the best possible service to market properties utilizing sound planning, professional ethics, and a strong company support system.

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