

METRO Life

The Portland Observer

SECTION B

Community Calendar

Take the Time Day at OMSI

Take the Time Day at OMSI will be on Saturday, August 19th. It is a celebration of adult and youth interaction with 1/2 price admission to OMSI for kids under 18. Activities include live music, storytellers, KOIN weather tower tours, face painting, treasure hunt, raffle and tips to help change a young person's life. Call K Factor at 280-1094.

Mel Brown Performing at Oregon Garden

Portland's own famed jazz drummer Mel Brown will lead an impressive jazz line-up in concert on Sunday, August 13, in The Oregon Garden's outdoor Teufel Amphitheater. Showtime is 7 pm, and tickets are still available. The concert series will end with performances by Nanci Griffith on Friday, August 18 and the Oregon Symphony on Tuesday, August 22. Call 503/874-8100 or 877/674-2733. Tickets are also available through FASTIXX at 800/992-8499.

Summer Fun and Fitness for Teens

Portland Parks and Recreation announces a new sports camp geared for teens ages 11-15. Held at the East Delta park Sports Complex (N. Denver & MLK, Jr. Blvd.), each one week camp will include activities to enhance sport skills, build self-confidence, and encourage cooperative team play. Nutrition and fitness principles are also included. Soccer, lacrosse, ultimate disc, softball, croquet, disc golf, and sand volleyball are just a few of the activities campers will experience. Call 823-5100.

Seaside Beach Volleyball Tournament

The 19th annual Bud Light Seaside Beach Volleyball Tournament will take place on August 11-13 in Seaside, Oregon. Since its inception in 1981, the Tournament has grown to be the largest beach volleyball tournament in the world. It draws over 2,000 participants and approximately 60,000 spectators and visitors over the course of the three-day event. This year's event will also include a large "Beach Party" held on Saturday, August 12. Call 800-899-0294.

Rhythm & Chews

Join the Children's Museum for their free concert series, presented by Portland General Electric, in Lair Hill Park (adjacent to the Museum). Thirty-minute performances start at 11 am and repeat at 12 noon. Bring a blanket and a picnic for a swinging lunch break! The Northwest African American Ballet Musicians will be performing on Thursday, August 10 and the Spotted Eagle Drum & Dance Group will perform on Thursday, August 17.

Free Acupuncture Clinic on Stress Reduction

If you want to maintain the feeling of peace and relaxation you achieved during summer vacation, plan to attend the free stress reduction clinic at the Oregon College of Oriental Medicine on Wednesday, August 23, at 7 pm. There will also be information about other methods used in traditional Chinese medicine for promoting relaxation and reducing the stress and strain of modern life through use of natural herbs and gentle meditative exercise. Call the college at 253-3443 to reserve a place. The college is located at 10525 SE. Cherry Blossom Dr. in east Portland, next to Mall 205.

The African American Health Coalition opens its doors for business



From left to right, Peter O. Kohler, M.D., president OHSU, Corliss McKeever, African American Health Coalition Inc., President/CEO, Bob Pallari, President/CEO Legacy Health Systems, John Lee, Senior Vice President and CEO/Oregon Region, Sisters of Providence Health System

The African American Health Coalition, Inc., the first of its kind in the nation, supported by a cast of the top health professionals in the State, from Legacy Health Systems, Oregon Health Sciences University, and Sisters of Providence Health Systems, hosted its open house August 4, 2000, with a vision to be, "The healthiest African American Community in the nation. Their challenge is, "A Healthy Community starts with You."

The AAHC sees that there are a number of issues that need to be addressed to achieve the goal.

- * Access to quality Health Care
 - * Information and Health Education
 - * Support in making healthy lifestyle choices
 - * Advocacy and Research specific to African American Men and Women
- They plan to approach the task through a host of concerted efforts, such as:
- * Coordinate the annual African American Wellness Village
 - * Creation of African American Wellness Week
 - * Sponsorship of The Sister Circle, a support

(Please see 'AAHC' page 2)

Two community centers selected To join worldwide network of Intel computer clubhouses

CONTRIBUTED STORY
FOR THE PORTLAND OBSERVER

Technology Centers for Underserved Youth aim to Build Skills, Ideas and Confidence. Aiming to make technology accessible to all communities, the Intel Oregon site selected the Beaverton Police Activities League (PAL) and the Salvation Army Moore Street Corps and Community Center in North Portland to join a worldwide network of Intel Computer Clubhouses that will provide underserved youth with access to high-end technology, industry mentors, and practical skills. Each organization will receive more than \$200,000 in cash, furniture and equipment as part of the Clubhouse grant.

"We can't wait to get our Clubhouse up and running," says Jill Showlater, PAL executive director. "The City of Beaverton has changed dramatically over the past decade and it has become a much more diverse community. As this change has occurred, we have also found a growing population of youth who have gone underserved due to their economic situation or cultural background."

Twenty five percent of the students in the Beaverton School District currently qualify for free or reduced meals at school under Federal guidelines for supporting low-income families. At Vose Elementary, one of the closest school's to the PAL center, more than 65% of the students qualify for the federal free lunch program.

"The Intel Computer Clubhouse grant will



Left to right: Suzanne H. Kruse, IT Enterprise Manager, Captain Douglas Riley, Corps Officer, Moore Street Community and Worship Center, Christee Sweeney, Community Affairs Manager, Intel Corporation celebrate the selection of a local technology clubhouse in North Portland, The Moore Street Community and Worship Center.

allow PAL to play a much larger role in serving these youth." Says Showlater. "The Clubhouse is going to fill a major void for these kids who don't have access to a lot of things including technology."

The Salvation Army Moore Street Corps and Community Center is located in North

Portland where a large percentage of the residents also fall in the low-income category.

"We're really excited about being able to add the Intel Computer Clubhouse Network to the Center's program menu, says Capt. Doug Riley, center administrator. "We recognize that without access to technology our youth

and their families are at risk of losing their ability to participate fully in the community, in education, in civic life and the workplace. In partnering with Intel as a Clubhouse Network member, we will bridge the technology gap

(Please see 'Intel' page 9)

Safeway hosts open house to present remodel plans for MLK jr. store



Safeway's architect points out the particulars of the new Safeway store design to Elise Marshall, deputy chief of staff for Mayor Vera Katz, and Lyle Waterman, President of Safeway.

CONTRIBUTED STORY
FOR THE PORTLAND OBSERVER

Safeway is inviting area residents to a "Community Open House" to view preliminary plans for the \$5 million expansion and

remodeling project recently announced for the Safeway store at 5920 NE Martin Luther King Jr. Boulevard.

Safeway will host the "Community Open House" on Thursday August 3, 2000 from 3:00 PM to 8:00 PM at King Elementary School

Cafeteria, Located at 4906 NE 6th Avenue, Portland, Oregon. Refreshments will be served. During Safeway's 5-hour Open-House, residents will have an opportunity to view store plans, layout designs and artist renderings, as well as meet and talk with

architects, design, construction and real estate staff. Senior management and marketing personnel will also be on hand.

"This Open house is an excellent opportunity for Safeway to meet community members and to share some exciting plans," said Safeway's Portland Division President Lyle Waterman. The company will expand the 35-year-old store from 33,000 to almost 39,000 square feet by adding to the north side and the front of the store. The remodeling project will also add a number of REDESIGNED and NEW departments to the store, including a new Delicatessen, China Cuisine, Floral, Bakery, Pharmacy, Service Seafood, Meat and Produce Departments. In addition, at least two more checkstands will be added, along with new freezer, refrigeration and cooler cases, new lighting, new floor tile, new interior décor and Safeway's latest exterior façade.

The remodeling and expansion will begin immediately after the city issues the necessary building permits. The permit process, which is a city-driven process, can take up to a year to receive approval. The store will remain open during the remodeling project.

Safeway has considered a remodel at this

(Please see 'Safeway' page 9)