



Family Living

Have a Happy Mothers Day

The "Most Remarkable Mom I Know" Contest

CONTRIBUTED STORY
FOR THE PORTLAND OBSERVER

In celebration of exceptional moms everywhere and in recognition of the ever-increasing demands faced by moms, Whirlpool Home Appliances announces the "Most Remarkable Mom I Know" Contest.

Nominations for the most remarkable mom will be accepted until July 7. Winners and those who nominate them will be eligible to receive one of 35 prizes. Three grand-prize entrants and the remarkable moms they nominate will each receive their choice of any two Whirlpool appliances and an all-expense-paid weekend getaway to New York City, complete with air transportation, luxury hotel accommodations, meals, a spa day,

THE MAKING OF A REMARKABLE MOM!

What Moms Need Most...

More Time in the Day	31%
Patience	26%
Respect	15%

Moms Can't Live Without...

Washer & Dryer	67%
Microwave	29%
Dishwasher	19%

tickets to a Broadway show and a special luncheon honoring them with the staff of Ladies' Home Journal. Whirlpool created this contest to

acknowledge remarkable moms for going above and beyond the call of duty in providing for their families." Six second-prize winners and those who nominate them will each receive a Whirlpool Senseon washer and Catalyst dryer. Six third-prize winners and those who nominate them will each receive Whirlpool microwave ovens and one-year subscriptions to Ladies' Home Journal, and 20 fourth-

prize winners will each receive one-year Ladies' Home Journal subscriptions. To enter, contestants should explain in 75 words or less the most remarkable mother they know and why. Entries should be mailed to: Whirlpool's Most Remarkable Mom I Know, P.O. Box 39105, Chicago, IL, 60639, or sent via Whirlpool's Web site at www.whirlpool.com.

For additional contest details, readers can refer to the June issue of Ladies' Home Journal (on sale May 9) or visit www.whirlpool.com. All entries must be postmarked or submitted on the Whirlpool Web site by July 7, 2000. They will be judged on content, clarity of expression and general appeal by a panel selected by Whirlpool. Winners will be selected and notified by mail the week of Aug. 28.

Food-stamp rules for able-bodied adults change

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State officials are notifying able-bodied adults without children that they now are eligible for food stamps without regard to a three-month time limit as long as they participate in an employment and training program. The change, resulting from U.S. Department of Agriculture permission to exempt Oregon recipients, will be effective on Monday, May 1. The new rule applies to able-bodied adults ages 18 to 49 who have no dependents. Under 1996 federal welfare reform, these clients were required to work 20 hours a week or perform five hours of weekly community service to retain their eligibility for food stamps beyond three months. Waiver of that federal rule means these clients may continue

to receive food stamps indefinitely if they meet federal low-income requirements and participate in a broader employment and training program that may include work search, work preparation, "workfare" or related activities such as vocational or educational training. The waiver was proposed in late March to the Interagency Coordinating Council on Hunger by the Oregon Department of Human Services, which now will be able to operate a single food-stamp program for all recipients. The governor subsequently asked the federal government to designate 30 Oregon counties as "labor surplus" areas, meaning that special federal rules for able-bodied adults without children would not apply. In the rest of the

state, the DHS Adult and Family Services Division will use special exemptions to be able to offer the same range of employment and training services as well as eliminate the three-month time limit. AFS is using a variety of means to notify current and prospective recipients, such as fliers that will be mailed to all food stamp clients, including those whose cases have recently closed; fliers for food banks to put in food boxes; and posters that initially will be in English, Russian, Spanish and Vietnamese. About 116,000 Oregon households receive food stamps. The average benefit per household is about \$149. Benefit costs are paid by the federal government, which shares administrative costs with state government.

Tri-Met board votes on fare increase 5 cent increase helps keep pace with inflation

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On Wednesday, April 26, Tri-Met's Board of Directors will hold a public meeting to vote on a proposed 5-cent increase in cash/ticket fares, and a \$2 increase in monthly passes. The meeting begins at 9 AM and will be held at the Portland Building, 1120 SW Fifth, Room C.

Since 1990, the agency has increased fares a nickel every other year to help keep pace with inflation. If approved, the fares will go into effect September 1, 2000.

To comment on the fare increase, check out our website www.tri-met.org or call (503) 238-RIDE, TTY (503) 238-5811.

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MOTHER'S DAY PROMOTION
SUNDAY MAY 14

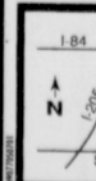
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