

IN PRINT

La Belle Cuisine; recipes to sing about

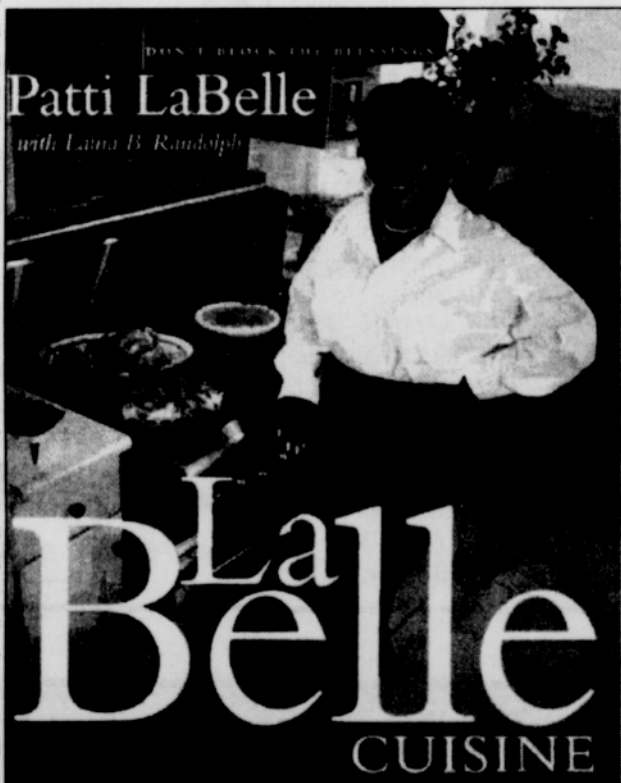
Broadway Books; 1999
By Patti LaBelle with Laura B. Randolph

For Patti, cooking is about love. Taught by great Southern cooks in her family – her mother, father, and aunts Hattie Mae and Joshia Mae

– Patti LaBelle has kept these family heirlooms close to her heart. But now, she invites you into her kitchen and serves up more than 100 of her favorite recipes, from treasured down-home favorites – Say-My-Name Smothered Chicken and Gravy,

Fierce Fried Corn, and Aunt Hattie’s Scruptious Sweet Tater Bread – to good-enough-for-dinner-parties dishes – Shrimp Etouffée, Roast Leg of Lamb with Rosemary-Lemon Rub, and Aunt Mary’s Philadelphia Buttercake.

Wherever Patti goes, so do her electric frying pans and bottles of hot sauce. After her raise-the-roof shows, she often goes back to her hotel room and whips up a meal for her band of celebrity visitors. When she’s home – at holiday time and at family gatherings – or just after one of her sole-out concert tours, Patti likes nothing more than to head for her kitchen and cook her Geechee Geechee Ya Ya Gumbo, Pass-It-On Pot Roast, or Burnin’ Babyback Ribs. And like her bestselling memoir, *Don’t Block the Blessings*, her accompanying personal reminiscences will fill your heart just as her recipes will fill your stomach. Patti LaBelle Cuisine has the recipes you’ll want to cook, eat, and share with friends. Filled with the legendary diva’s favorite dishes and step-by-step instructions on how to prepare them, LaBelle Cuisine makes you feel like Patti’s in the kitchen with you, demonstrating the recipes and techniques that can turn anybody into a fabulous cook.



The Tae Bo Way

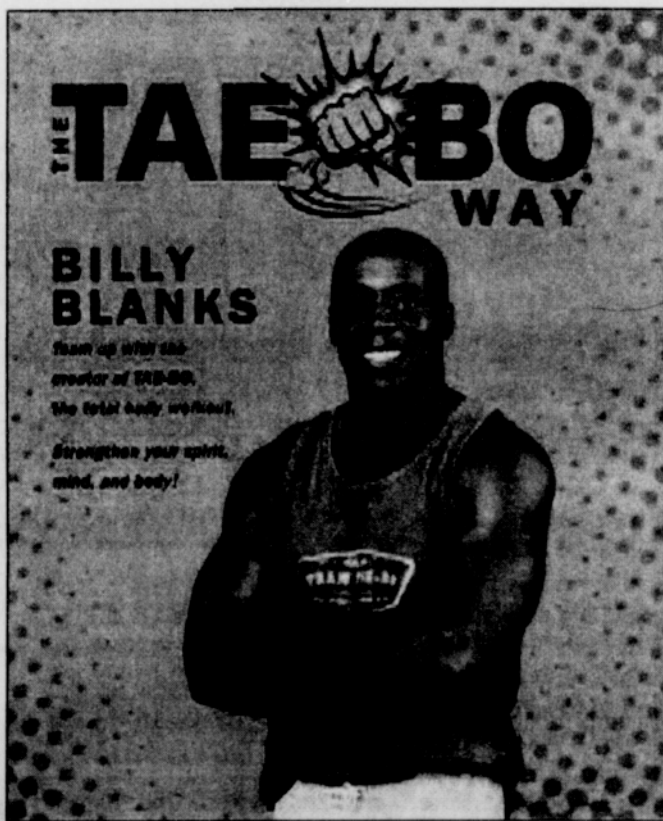
A Bantam Book; 1999
By Billy Blanks

Tae-Bo is Billy Blanks’ dynamic, personal blend of martial arts, dance, and boxing. No matter what your fitness level, it’s simple to learn and fun to do.

You already have the strength inside you to start TAE-BO, so if you have the will, Billy Blanks can show you the way:

- To lose weight
- To firm up

To increase your stamina
 Like TAE-BO itself, the name is a hybrid: “Tae” means leg, indicating the lower-body portion of a workout. “Bo” comes from the boxing moves that provide the upper-body punch to this unique program. Everything you need to begin is in this book. Learn why TAE-BO is America’s #1 fitness program.



New York Times Bestsellers

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- 1 'TIS, by Frank McCourt.
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- 3 TUESDAYS WITH MORRIE, by Mitch Albom.
- 4 A MAN NAMED DAVE, by Dave Pelzer.
- 5 THE ART OF HAPPINESS, by the Dalai Lama and Howard C. Cutler.
- 6 WHEN PRIDE STILL MATTERED, by David Maraniss.
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- 10 THE GREATEST GENERATION, by Tom Brokaw.

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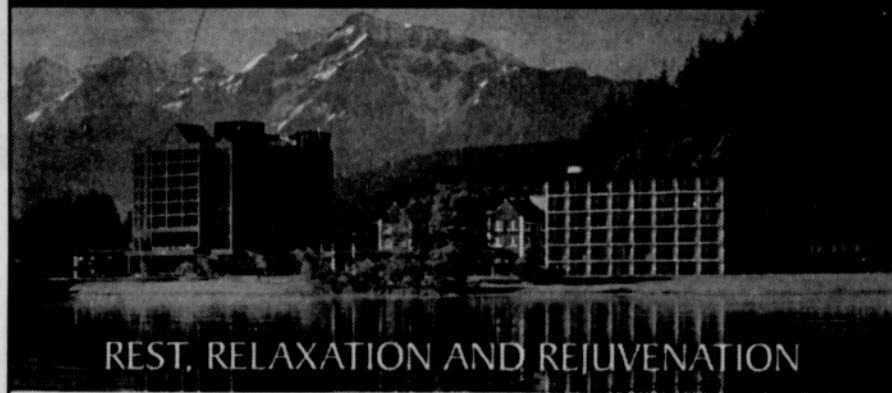
Paperback Non-fiction

- 1 ANGELA'S ASHES, by Frank McCourt.
- 2 BLIND MAN'S BLUFF, by Sherry Sontag and Christopher Drew with Annette Lawrence Drew.
- 3 THE SEAT OF THE SOUL, by Gary Zukav.
- 4 A CHILD CALLED "IT," by Dave Pelzer.
- 5 THE LOST BOY, by Dave Pelzer.
- 6 PERFECT MURDER, PERFECT TOWN, by Lawrence Schiller.
- 7 A WALK IN THE WOODS, by Bill Bryson.
- 8 THE PERFECT STORM, by Sebastian Junger.
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Paperback fiction

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- 4 BILLY STRAIGHT, by Jonathan Kellerman.
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- 6 RANSOM, by Julie Garwood.
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