

IN PRINT

# Lakota Woman

Mary Brave Bird grew up fatherless in a one-room cabin, without running water or electricity, on a South Dakota reservation. Rebellious against the aimless drinking, punishing missionary school, narrow strictures for women, and violence and hopelessness of reservation life, she joined the new movement of tribal pride sweeping Native American communities in the sixties and seventies and eventually married Leonard Crow

Dog, the movement's chief medicine man, who revived the sacred but outlawed Ghost Dance. Lakota Woman is a unique document unparalleled in American Indian literature, a story of death, of determination against all odds, and of the cruelties perpetrated against American Indians during the last several decades. It is also a deeply moving account of a woman's triumphant struggle to survive in a hostile world.

*An Excerpt: The Aztec word for the sacred herb was peyotl, meaning caterpillar. Our Sioux word for medicine is pejuta. Peyote, pejuta, that sounds very close. Maybe it is just a coincidence. It is certain that peyote came to us out of Mexico. In the 1870s the Kiowas and Comanches prayed with this medicine and established what they called the Native American Church. By not the peyote religion is common among most tribes all the way up to Alaska. Since peyote does not grow farther north than the Rio Grande, we must get our medicine*

*from the border region. It is in the Southwest that we have our "peyote garden."*

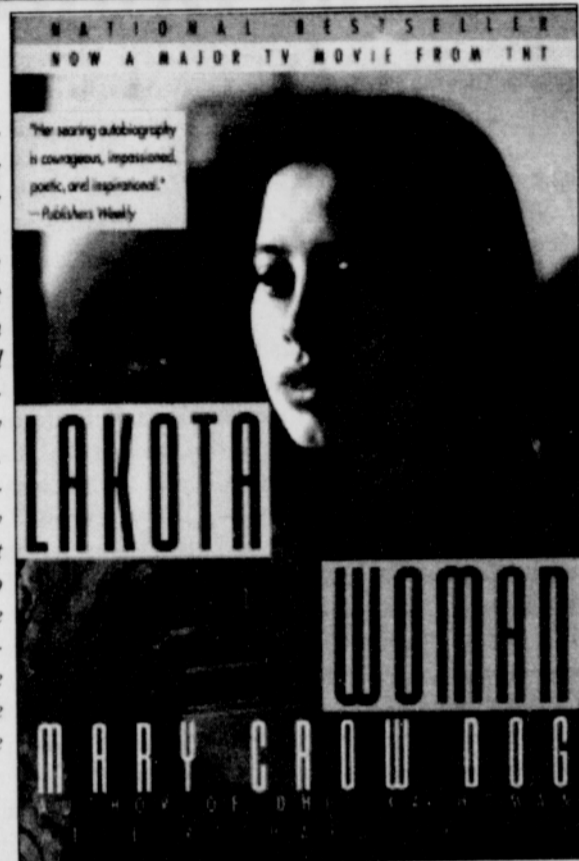
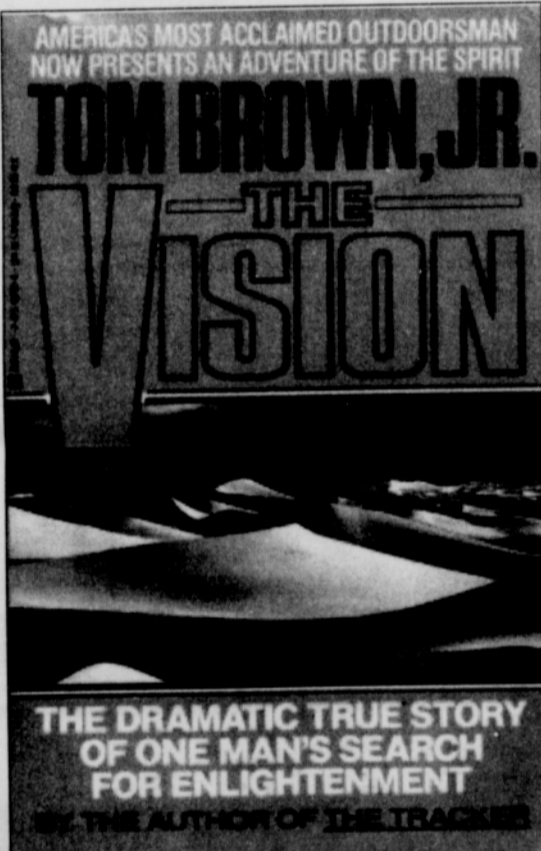
## The Vision

An ancient mystical experience, the Vision Quest was undertaken by Native American Indians as an odyssey of self-knowledge and fulfillment - a spiritual journey into the wilderness and the soul. The peace, insight and sense of well-being they gained on the Vision Quest is a lasting testament to man's relationship with nature.

Now, America's most respected outdoorsman reveals the secrets of this dramatic and profoundly moving ritual. Tom Brown, Jr., who has completed many Vision Quests, simply and eloquently shares the beauty and enlightenment of his own spiritual awakening...

*An Excerpt: I met Stalking Wolf, whom I have always called Grandfather, when I was seven. I called him Grandfather, not only out of respect for his age and knowledge, but also because, to me, he was, and remains, my spiritual Grandfather and guardian; for years he was both my teacher and my best friend.*

*For ten years, from the ages of seven to seventeen, I was taught by him the skills of survival in the woods: how to stalk, how to observe the flow of life, how to track and read signs, and how to heal with wild plants. Grandfather's lessons of survival were, however, only a small part of what he sought to teach me. For him, the greatest teachings were of matters of the ancient spiritual world. True life was far greater than the existence of the physical and mental, logical or intellectual. It was not life outside of the self that mattered so much as the life beyond the self. And so life at its fullest was to be found, almost entirely, in the realm of spirit. Each and every lesson he taught led ultimately to a greater understanding of the guiding forces behind creation, of the Creator.*



Say It With Color  
When Color Says it Better



Let us meet your  
Business, Entertainment and Individual  
Color Copying and Graphic Needs!  
**Tightwad Tuesday**

69 cents color copy day

Bring in this flier to receive Tightwad Tuesday Discount. This promotion applies to stand paper size (8.5x 11) only. Limited to Tuesdays. And valid through October 1999. Quantity is not limited. Contact Vernell West for additional information.  
(503) 493-6027. Located at 309 N.E. Wygant, Portland, Oregon.

Order Your  
Halloween Baskets Today!

- BASKETS INCLUDE:  
BOOKS  
TOYS  
CRAYONS  
STUFFED ANIMALS  
CANDY  
GAMES  
GLOW STICKS



\$20.00 WHILE SUPPLIES LAST

TO ORDER CALL TALUNAKA @ 284-2155

Trick or Treat



Papa Murphy's

TAKE N BAKE PIZZA

LARGE PEPPERONI PIZZA \$4.99

Valid through Oct. 1999

OPENING IN NOVEMBER

On 15th & Fremont!

41st & Fremont  
503-281-6833

71st & Fremont  
503-287-5520