

Focus

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Publisher

Chuck Washington

Editor

Larry J. Jackson, Sr.

Copy Editor

Joy Ramos

Director of Advertising

Tony Washington

Creative Director

Sequence Designs

4747 NE Martin Luther
King, Jr., Blvd.
Portland, OR 97211

503-288-0033
Fax 503-288-0015

e-mail:
news@
portlandobserver.net

Deadlines for
submitted material:

Articles: Friday by 5 P.M.
Ads: Monday by Noon

Focus welcomes freelance submissions. Manuscripts and photographs can be returned if accompanied by a self-addressed stamped envelope.

All created display ads become the sole property of the newspaper and cannot be used in other publications or personal usage without the written consent of the general manager, unless the client has purchased the composition of the ad.

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Walk As One

Walk as One is a national walk program through which corporate, community, and family teams of walkers will raise dollars to support NCCJ Youth Leadership Programs and create awareness of NCCJ's work with youth.

Walk as One will fund NCCJ Youth Leadership programs, developing young people who will lead as our communities work through their biases and open their minds to differences. Through its Regional Offices, NCCJ reaches more than 300,000 youth each year from elementary school through college in programs designed to break down stereotypes and build respect.

The Portland Walk is planned to start at 9 AM on Sunday, October 24th in the Rose Garden Commons Area. Walkers will cross the Steel Bridge, walk through the north and south park blocks, follow Harrison Street down to the Waterfront Area and then will cross back over the Steel Bridge. Following the walk, a Multicultural Festival will be held in the Rose Garden Commons Area featuring live entertainment by Northwest artists and food and beverages from local sponsors. Walk activities are planned to end at approximately 2 PM.

After the walk, join us for a Multicultural Festival in the Rose Garden Commons Area.

Eat and drink food and refreshments provided by local sponsors while you sit back and enjoy music and live entertainment by Northwest artists.

It's a great opportunity to spend time with family and co-workers as well as build a sense of community with other walkers!

For more information, call 503/231-2436.

Domestic Violence Awareness Month

Mt. Hood Community college is offering two public screenings of an Oscar-award-winning documentary as well as collecting blankets and goods to donate to victims in recognition of National Domestic Violence Awareness Month.

The documentary film "Defending Our Lives" chronicles the stories of women imprisoned for killing their batterers, which provides the viewer a firsthand look at domestic violence. The first showing is Oct. 26 from 7 to 8 PM in Room AC 1657, and another screening is scheduled for Oct. 27 from noon to 1 PM in Room 2755. Both screenings are on the main campus and are free and open to the public. A short discussion will follow each viewing of the 45-minute film. The screenings are hosted by MHCC's Criminal Justice Department of the Social Sciences division.

The Criminal Justice Department is also hosting a donation drive on campus to collect items for the Bradley-Angle House, a domestic violence shelter serving women and children in the Portland Metro area. Needed items include blankets, twin sheets, and pillows; books in Spanish, Russian and Chinese; and gift certificates for clothing stores.

For more information, contact Chris Gorsek at 503/491-7321.



OCTOBER

Garden hints from your OSU Extension Agent

- Plant garlic for harvesting next summer.
- Clean and paint greenhouses and cold frames for plant storage and winter growth.
- Harvest sunflower heads; use seed for birdseed or roast for personal use.
- Dig and store potatoes; keep in darkness, moderate humidity, temperature about 40°F.
- Recycle disease-free plant material and kitchen vegetable scraps into compost.
- Control lawn weeds while they are small.
- *Western Oregon:* Harvest squash and pumpkins; keep in dry area at 55° to 60°F.
- Harvest and immediately dry filberts and walnuts; dry at 95° to 100°F.
- Ripen green tomatoes indoors.
- Take care of soil drainage needs of lawns before rain begins.
- Harvest and store apples; keep at about 40°F, moderate humidity.
- Spray stone fruit trees to prevent various fungus and bacterial diseases. Use copper fungicides.
- Place mulch around berries for winter protection.
- Save seeds from the vegetable and flower garden, dry and store.
- Plant ground covers and shrubs.
- Place mulch over roots of roses, azaleas, rhododendrons for winter protection.
- Dig and store geraniums, tuberous begonias, dahlias, gladiolas.
- Place hanging pots of fuchsias where they won't freeze.
- Propagate chrysanthemums, fuchsias, geraniums by stem-cuttings.
- *Western Oregon:* Fertilize lawn for last time this year.
- Stake bushy herbaceous perennials to prevent wind damage.
- *Western Oregon:* Bring houseplants indoors.
- Pot and store tulips and daffodils to force into early bloom in December and January.
- *Early October:* Begin manipulating light to force Christmas cactus to bloom in late December.
- *Western Oregon:* Treat for moss on roofs during dry periods.
- Store garden supplies, fertilizers in safe, dry place out of reach of children.
- Dig and divide rhubarb. (Should be done about every 4 years.)
- *Western Oregon:* If weather permits, spade organic material and lime into garden soil.
- Cover asparagus and rhubarb beds with a mulch of manure or compost.
- Rake and destroy disease-infested leaves (apple, cherry, rose, etc.).
- Trap moles and gophers.
- Clean up annual flower beds and mulch with manure or compost.
- Remove windfall apples that may be harboring apple maggot or codling moth larvae.
- Clean and oil tools and equipment before storing for winter.

Recommendations in this calendar are not necessarily applicable to all areas and varying climates of Oregon. For more information, contact your county office of the OSU Extension Service.



OREGON STATE UNIVERSITY EXTENSION SERVICE

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