

METRO *Life*

The Portland Observer

SECTION B

Community Calendar

Cascade Head Preserve

The Nature Conservancy of Oregon invites anyone interested in preserving Cascade Head to participate in a volunteer work party taking place on Saturday, September 25. Located near Lincoln City, this spectacular coastal headland provides critical habitat for native prairie grasses, rare wildflowers, the rare Oregon silverspot butterfly and one of the few populations of the Cascade head catchfly. During this work party, volunteers will be removing Queen Anne's lace while enjoying the preserve's beautiful scenery and breathtaking views. Call 503/230-1221.

Dream Ring

Kassab Jewelers and Keepsake Diamond Jewelry is making it simple for young couples to find the ring of their dreams. They will be having a fine jewelry trunk show at the Clackamas Town Center on Friday, October 8th from 5-7 PM. The fine jewelry trunk show will allow guests the opportunity to preview a variety of new and classic diamond engagement and wedding rings styles. You can also speak with a staff of experts on what to look for when buying a diamond.

Vancouver/Williams Corridor

Please join your neighbors, businesses, property owners, community-based organizations, and others as we begin the Vancouver/Williams Corridor Infill Strategy. The kick-off meeting is on Thursday, September 23rd from 6:30 - 8 PM at OAME on 4134 N. Vancouver.

The Wellness Village

The African American Health Coalition need volunteers to staff the 4th Annual Wellness Village, scheduled for Oct. 23rd at the Center of Self Enhancement. The Wellness Village is a one day event drawing people from the community for interactive activities such as health screenings, physical fitness, healthy cooking demonstrations, dynamic speakers, health education workshops and children's activities. Call 503/413-1850.

Dream Ceremony and Workshop

Ed Fox will be in Portland giving a special dream awareness workshop and ceremony based on native Toltec practices from ancient Mexico. Fox is an apprentice to the best-selling author and nagual, Don Miguel Ruiz who wrote "The Four Agreements" and "The Mastery of Love". An introductory lecture on the indigenous, Toltec Path will be given on September 24 and will precede the workshop and ceremony. All are invited to attend. Call Katie at 503/234-9946.

Having Problems Renting?

Having problems renting because of past rental, criminal or credit history? Do you have questions about what these records contain? Learn your rights at a free workshop sponsored by the Community Alliance of Tenants and Oregon Law Center on Monday, Oct. 18th at 7 to 8:30 PM at 2710 NE 14th Ave. in Portland. Call 460-9702.

AIDS Walk Returns

Over 1,500 youth and adults will gather at Pioneer Courthouse Square on Saturday, October 2nd to remind Oregon and Southwest Washington that the AIDS epidemic is not over. The 13th annual AIDS WALK will also raise \$100,000 for HIV prevention education, services, housing and advocacy programs of Cascade AIDS Project (CAP). Registration will begin at 9 AM with coffee, juice and fresh fruit. To register, call 503/223-WALK, or pick up a brochure at the Nautica Shop for Men at all area Meier & Frank stores.

Business Cybersense

Learn proactive computer management strategies and how to avoid technology lawsuits and computer fraud on Oct. 13 at a conference entitled New Millennium CyberSense: Manage Your Company by Plugging into Your Computer. The conference is scheduled to take place at the Edward Jones Office, 4111 SE Division Street from 8 AM to 12 PM. For reservations, call 503/239-5404 or email at www.fwob.org.

Drug-Free Apartments

CODA Treatment Recovery Prevention, Oregon and SW. WA's largest and most comprehensive non-profit drug and alcohol abuse treatment and prevention agency, announces a ground-breaking ceremony on Friday, Oct. 1, at 9 AM. This event will be held at the 22 unit apartments across the street from the CODA Alpha Family Treatment Center on SE 182nd Avenue and SE. Market Street in Gresham.

SEMISSIONS: Community Calendar information will be given priority if dated two weeks before the event date.

DePreist Contracts Kidney Disease Dialysis Required

James DePreist, music director of the Oregon Symphony, has been diagnosed with kidney disease. He started dialysis treatments Monday.

The disease, officially called focal segmental glomerulosclerosis, is incurable and irreversible, but dialysis treatments allow about 100,000 Americans to live reasonably normal lives. DePreist, 62, promises he will continue to lead the Oregon Symphony with no interruptions to his schedule.

DePreist plans to conduct the orchestra's opening subscription concerts this weekend.

Although doctors don't know how DePreist contracted the disease, his prognosis is excellent, said Dr. Frank Kelly, assistant professor in the division of nephrology at Oregon Health Sciences University. "This does get better, but he can be on dialysis indefinitely," Kelly said.

The Philadelphia-born conductor, who has led the orchestra for 19 years, will undergo three dialysis treatments a week at Oregon Health Sciences Uni-

versity. Dialysis is a process that removes toxins that the kidneys filter out of the blood. Each treatment lasts four hours. "It's an oil and filter change," DePreist said, joking.

Orchestra members learned of DePreist's condition at a morning rehearsal Sunday in the Arlene Schnitzer Concert Hall.

"I told them, because of my relative success in dealing with polio, I've been entrusted with kidney disease," he said.

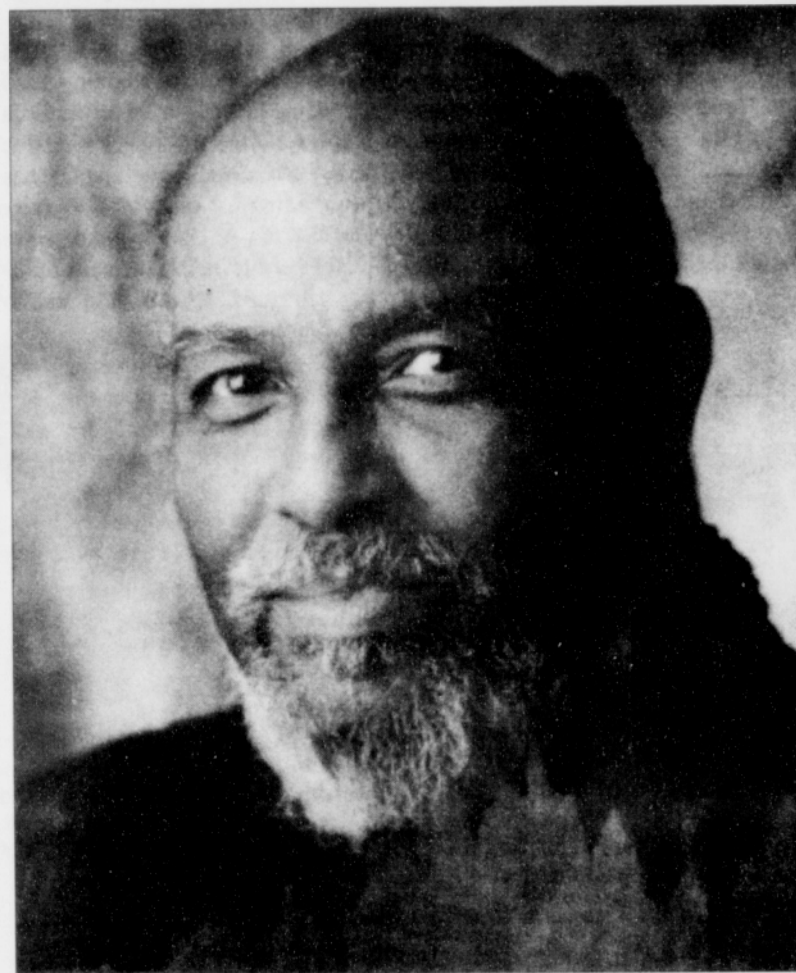
DePreist contracted polio after visiting Asia in the early 1960s. He wears leg braces and conducts while sitting on a stool.

Orchestra players were surprised to hear the news, cellist Tim Scott said. "We had no idea there was anything wrong with his kidneys. He's very stoic, very proud, and it's not easy for him to tell us."

DePreist learned about his failing kidneys 18 months ago, after his legs swelled, he became acutely tired and his cholesterol abruptly rose, he said. Doctors performed a biopsy and discovered

the disease. His kidneys were functioning well enough to avoid dialysis until now.

"It's something you have to adapt to," DePreist said. "There wasn't a frame of reference in dealing with polio, no frame of reference for having a career. You just do it."



Interstate Job Fair Boosted By PGE



PGE steps up to do a community service by helping the Interstate Job Fair Committee hang banners across Martin Luther King Jr. Blvd. Just south of Alberta Street, and over North. Lombard, west of I-5.

The 2nd annual Interstate Job Fair is a major event being put on by the North Portland Employer Council, The State of Oregon Employment Department and The State of Washington WorkSource. The concept is unique because it is two state agencies and the Oregon Employer Council who came together to help give qualified employees an opportunity to meet over 60 outstanding public and private sector employers from Washington and Oregon.

This year the Interstate Job Fair is being held at the Jantzen Beach SuperCenter on Wednesday October 6th from 10 am to 3 pm. If you have any questions concerning this event please call the North Portland Employment Department at 280-6046

Tri-Met wins 'Way to Go!' National Award

Cooperative Suburban Transportation Planning Recognized

Tri-Met has won the national "1999 Way to Go!" award from the US Environmental Protection Agency's Transportation and Environmental Network and Renew America. The award recognizes Tri-Met's Outreach efforts to learn how the agency could better serve outlying communities. It's Transit choice for Livability program - which has become Tri-Met's standard for developing new service. Tri-Met asked how they would like to see transit work in their own communities and set priorities for that service. Dozens of work sessions led to the creation of five innovative transit routes called "The Local" in Beaverton, Gresham and Oregon City. The Local provided new transit service to residents and businesses, some receiving transit for the first time. The program also served as the foundation for the largest transit service increase in the agency's history.

"This award reaffirms the importance of citizen input in designing and operating a successful transit system," said Tri-Met General Manager Fred Hansen.



A visual simulation of N Interstate at N Alnsworth facing north.