

IN PRINT

# Nosotros

The Hispanic People Of Oregon

Oregon Council for the Humanities; 1995

EDITED BY ERASMO GAMBOA AND CAROLYN M. BUAN

## NOSOTROS THE HISPANIC PEOPLE OF OREGON

ESSAYS AND  
RECOLLECTIONS

EDITED BY  
ERASMO GAMBOA AND  
CAROLYN M. BUAN

PUBLISHED BY  
THE OREGON COUNCIL  
FOR THE HUMANITIES



At a time when challenges to immigration and multiculturalism dominate the American media, this new book from the Oregon Council for the Humanities offers a variety of perspectives on Oregon's multifaceted Hispanic community. Like the Council's highly successful *The First Oregonians*, *Nosotros* contains essays by a host of writers. Their topics range from Spanish explorers and vaqueros to analyses of modern government policy, from explanations of traditional cultural celebrations to examinations of works by exciting new artists, from accounts of migrant camp life to success stories

about the state's Hispanic entrepreneurs. *Nosotros* also features a special collection of personal narratives, gathered during a two-year, statewide oral history project. From this rich blend of essay and story emerges a picture of a community with deep roots and a promising future in Oregon.

Copies of this book can be purchased through the Oregon Council for the Humanities in Portland. OCH is located at 812 SW Washington St, Suite 225, Portland, OR 97205 or call 1-800-735-0543.

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September 23-29, 1999

**Aries**  
This is a good week to examine your connection with others. Ego vibrations are not as firm and so the extended self is more evident. Family, friends, workplace, community, nation, humankind will all seem a part of you. Use the time to appreciate all of these. *Affirmation: I give thanks for my link to people.*

**Taurus**  
Listen to the voice speaking from within the week. Smile first to signify your happiness in receiving the message. Don't try to translate the message into language. Simply enjoy the mood, knowing that it is speaking of wonderful aspects of you. *Affirmation: The most wonderful part of me need not be translated into words.*

**Gemini**  
Feel those creative vibes. They're for real. If you've rested well and are refreshed, creativity will flood through you this week. It'll make you flexible, agreeable and understanding. It's your option how you're going to use creativity to benefit your self and others. *Affirmation: I am a mood master.*

**Cancer**  
You more than any others know the value of the past. Your problem has always been creating fresh starts. Starting clean without the past hanging on is certainly impossible for you this week. However, by seeing the past in a new light you can bring freshness to the present and future. *Affirmation: Past hardships are steppingstones to a joyous present.*

**Leo**  
"Why Do Fools Fall in Love," Frankie Lyman used to sing. The real fools are those who do not fall. Life is a school and love is its best teacher. Your vibes are calling to you this week to think fondly of all the love you are now giving and have given. Love itself makes you a better you. *Affirmation: I find glory in the rich emotions of my life.*

**Virgo**  
Feel good about yourself because of your ability to work hard. Results are important to you this week, and you may not see how your work is getting you to where you want to go. Look deeply into what you are doing and find joy in doing it for its own sake. *Affirmation:*

*What I do is valuable just because I am who I am.*

**Libra**  
Going it alone is not what you prize most, but you might have to find joy in solitary tasks this week. Be two people - the one doing the job and the one keeping the doer company. Promote a conversation between the two while the job is being done. *Affirmation: I am my own good friend.*

**Scorpio**  
Electric light is produced by generators that are sometimes underground. This week think of your personal spiritual power as a hidden generator giving light even to those who take your existence for granted. *Affirmation: I find self-acceptance as a hidden source of light.*

**Sagittarius**  
Look for a person with whom you can form "the odd couple" this week. An alliance with someone very different than you are will add what you are missing. It can only be brought by someone who thinks very differently than you do. *Affirmation: I open myself up to an attraction of opposites.*

**Capricorn**  
If you've gotten deeply into your personal vibrations over the last two weeks, you've noticed that your leadership abilities have been needed in a wide variety of activities. You can extend the range by being modest, by seeming not to want to lead. *Affirmation: People laugh when I say I don't want to be in charge.*

**Aquarius**  
It's your sense of spiritual freedom that makes you so attractive this week. It's your ability to embrace the future now that makes other want to be with you. The bright picture of what has not yet unfolded gives you your glow. *Affirmation: The more I think about time-to-come the brighter I am now.*

**Pisces**  
People will wonder about you this week. The mystique created by your smile will make them ask: "What's up." When you tell them you don't know, they'll think that you do know. Your ability to enjoy without knowing is key to your charm. *Affirmation: I am amused by the riddle of life if I remember it is all good.*

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