

# Family Living

## Fundraiser for Loaves & Fishes

McMenamins Pubs & Breweries is hosting a fundraiser for Loaves & Fishes, the Meals On Wheels people, Tuesday, August 3rd, 5PM to closing.

Take a night off from doing the dishes and help Loaves & Fishes! We heartily welcome the entire neighborhood and business community to bring their friends and family to one of the eight locations listed below for a great meal and lots of fun! Children are most welcome!

McMenamins is donating 1/2 of all proceeds raised on this evening to Loaves & Fishes / The Meals On Wheels People. This includes all take-out orders of food, wine and ales.

This is a fun way to support such a great cause! So please, mark your calendars and plan to join us for dinner and fun at one of the following locations:

**McMenamins Pub at 205**  
9710 SE Washington St.  
Portland, OR • 254-5411

**Highland Brewery & Pub**  
4225 SE 182nd Ave.  
Gresham • 665-3015

**McMenamins on Broadway**  
1504 NE Broadway, #900  
Portland • 299-9498

**McMenamins Market Street Pub**  
1526 SW 10th Ave.  
Portland • 497-0160

**John Barleycorns**  
14610 SW Sequoia Pkwy  
Tigard • 684-2688

**McMenamins Tavern & Pool**  
1716 NW 23rd  
Portland • 227-0929

**McMenamins at Cedar Hills**  
2927 SW Cedar Hills Blvd.  
Beaverton • 641-0151

**McMenamins St. Johns Pub**  
8203 N. Ivanchoe  
Portland • 283-8520

## Airport MAX



The Port of Portland, TriMet, the City of Portland, the Portland Development Commission and Bechtel have joined together to form a unique public/private venture. It's the first of its kind to use public and private funds to build light rail in connection with developing a high-density, transit-oriented project on airport property. The \$125 million project extends from the Gateway Transit Center, along I-205 to the PDX terminal's south baggage claim area. Major construction of the project began in June after the financing plan was finalized.

## WomenStrength Program Turns Twenty

This month, the Portland Police Bureau's WomenStrength Program proudly celebrates its twentieth year. Since July 1979, WomenStrength has

provided free training in personal safety to the public, with a focus on sexual assault, domestic violence, and danger on the street. WomenStrength educates the public in primarily two formats: nine-hour physical self-defense classes for women and teen girls, and one and a half-hour non-physical personal safety workshops for women, men, and teens. WomenStrength is the only free, city-sponsored, ongoing self-defense program in the United States.

During these past two decades, many citizens around the Portland area have learned valuable safety skills through WomenStrength. Over 18,000 women and girls have taken the self-defense class, and over 67,000 women, men, and teens have attended a personal safety workshop. The following are typical of the comments on class evaluations: "I feel much better. What a gift. Thank you." "All instructors were very effective, compassionate, and professional. I had no idea until the last class that they were all volunteers!" "Great class. Well worth the time and effort. And free! Wow!"

Highly trained volunteer instructors have provided most of Women Strength's services for the past twenty years, making it possible to offer the program to the public free of charge. Since the program's inception, there have been 223 volunteers and four program directors. The volunteers are mostly graduates of the

WomenStrength self-defense class who had such a life-changing experience that they wanted to share the knowledge and skills with others. The four directors of the program have been Lynne Landau (1979-1981), Teri Poppino (1981-1984), Mary Otto

(1984-1997), and Stephanie Reynolds (1997-present).

For more information about WomenStrength, call Stephanie Reynolds at (503) 823-0296 or visit the website at [www.teleport.com/~police/womenstrength.html](http://www.teleport.com/~police/womenstrength.html).

## WORLD VILLAGE BOUTIQUE HOSTS

# "A Caribbean Cruise Affair" Fashion Show

As more African Americans prepare to take cruises this summer, local merchants say these vacationers are looking for versatile, colorful clothing for the occasion.

Diana McKnight, owner of World Village Boutique, will showcase an array of colorful cruise wear during a free fashion show entitled, "A Caribbean Cruise Affair" from 3 p.m. to 5 p.m. on July 31 at World Village, 5126 N.E. Martin Luther King Blvd. Refreshments will be served.

McKnight, whose store carries a variety of ethnic styles, decided to host a Caribbean cruise fashion show because an increasing number of her customers are shopping for upcoming cruises.

Janet Hames, owner of Statements Cruise and Travel, said McKnight's instincts are on target. Hames, who has been involved with the travel industry for 10 years, said more African Americans are taking cruises than in previous years. "Cruising was once only for the elite," said Hames, "but now, some cruise lines have made it affordable."

McKnight's show will feature the work of New York designers who have created bold, colorful ethnic clothing that is made with hand-painted fabrics. "With the influx of people from other countries, designers have influenced new concepts, new cuts and new styles," McKnight said.

For example, the fashion show will feature dresses that can be worn four different ways and converted from daytime to nighttime with the adjustment of a button, McKnight said. The show also will feature scarves that make great accessories because they can be worn different ways such as headwraps and bodywraps.

McKnight said the fashion show will be a great event to attend before residents leave for their summer getaways. "With the increase in travel today, the avid traveler would love clothing from World Village."

To reserve a seat at the fashion show call 503-249-3790. Call now. Seating is limited.

## Title Wave Bookstore To Close For Three Weeks Of Filming

Multnomah County Library's Title Wave Used Bookstore, located at 216 N.E. Knott, will be closed to the public from Monday, August 2, through Saturday, August 21.

During its three-week closure, the bookstore will be come one of several Portland film sets for the taping of "Navy Diver," a new mul-

timillion-dollar feature film from 20th Century Fox. Starring Robert DeNiro and Cuba Gooding, Jr., "Navy Diver" is the story of the first African American inducted into the U.S. Navy's diving program.

The volunteer-operated Title Wave Used Bookstore recycles old library materials, offering shop-

pers a selection of over 20,000 used books, records, magazines and cassettes at bargain prices. Regular hours of operation, which will resume Monday, August 23, are Monday - Saturday from 10 a.m. - 4 p.m. The store is closed on Sundays.

## Sale! Sale! Sale!

Earrings <b>99c</b>	Motions 4 Application No-Lye Relaxers <b>\$10.99</b>	10" Disco Two-Tone Weaving Hair <b>\$17.95</b> Reg. \$23.95
Tree Braids <b>\$2.95</b>	Oster Adjustable Clippers <b>\$25.95</b>	

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## DOG DAYS OF SUMMER SALE!




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