

IN PRINT

Y2K PREPAREDNESS BOOKS

Y2K Citizen's Action Guide

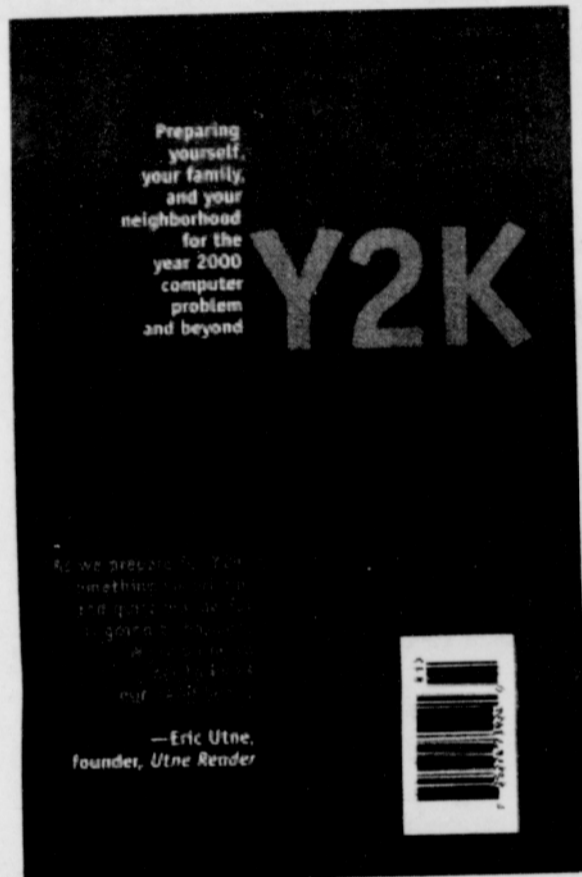
(Lens Publishing; 1998)

BY UTNE READER

An excerpt: By the time you read this there will be little more than a year to prepare for what I have come to believe will be the social equivalent of a worldwide earthquake. The exact date and

time of this earthquake is already known - the stroke of midnight, December 31, 1999. What we don't know is where the earthquake will fall on the Richter scale. Will it just be a little hiccup, barely noticeable as the world wakes up on the morning of January 1, 2000, as some knowledgeable people of goodwill predict? Or will it be cataclysmic, causing genuine hardship to millions around the world, as increasing numbers of others are now saying?

This guide hopes for the best while planning for the worst. The Y2K's Citizen's Action Guide doesn't engage in the debate over whether or not to be concerned about Y2K. The following pages focus instead on what you can do to prepare for possible disruptions; as a public citizen, as a member of a neighborhood, as a householder, and as an individual. The guide is filled with checklists and inventories to help you take stock of your assets and your liabilities, the skills and supplies you have, and those that you need, to help you and others get through a crisis. And it offers ideas and guidelines for communicating with public officials and others who need to be addressing Y2K in their spheres of influence. The operative watchwords are: "Be prepared."



Where There Is No Doctor A Village Health Care Handbook

(The Hesperian Foundation; 1977)

BY DAVID WERNER

Where There Is No Doctor is more than a book on first aid. It covers a wide range of things that affect the health of the villager - from diarrhea to tuberculosis, from helpful and harmful home remedies to the cautious use of certain modern medicines. Special importance is placed on cleanliness, a health diet, and vaccinations. The book also covers in detail both childbirth and family planning. Not only does it help the reader realize what he can do for himself, but it helps him recognize which problems need the attention of an experienced health worker.



The Encyclopedia of Country Living

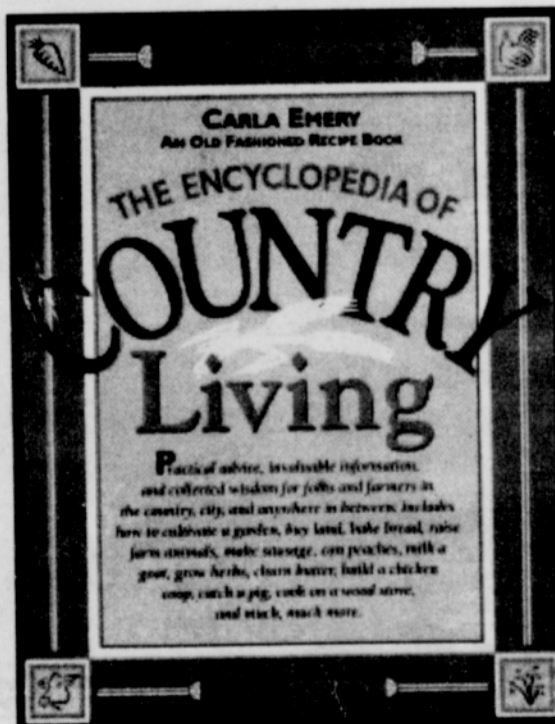
More than 300,000 sold

(Sasquatch Books; 1994)

BY CARLA EMERY

This book is the essential resource! No home is complete without this one-of-a-kind encyclopedia! For more than twenty years, people have relied on the hundreds of recipes, detailed instructions, and personal advice provided in this definitive classic. You won't find a more complete source of step-by-step information about growing, processing, cooking, and preserving every kind of food - from the garden, the orchard, the field, or the barnyard. Carla Emery's Encyclopedia of Country Living is so basic, so thorough, so reliable, it deserves a place in every home - whether in the country, the city, or somewhere in between.

Learn how to sew a quilt, save seeds, breed rabbits, make cheese, forage for wild food, and much much more!



KENNEDY SCHOOL McMenamins

SUMMER EVENTS

Flatlands

Thursday, July 15

Theresa Demerest & Good Company

Thursday, July 22

Songwriters in the Round with Craig Carothers

Sunday, July 25 at 7:30pm - \$7.00 admission

The Jack McMahon Band

Thursday, July 29

The Jessie Samsel Band

Thursday, August 5 at 7pm

Retta & the Smart Fellas

Thursday, August 12

UNCF Fundraiser with Tom Grant

Tuesday, August 17

I & I

Thursday, August 19



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