

**Holy Redeemer -  
The Venue for  
Good In The Hood**



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**SA Will Rely on The  
Twin Towers to Get  
Them Out of the Series**



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# The Portland Observer

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## Nature's New Fremont Store Now Open

### THE WEEK IN REVIEW

#### Serbs Withdraw

A Pentagon representative recently announced that Serb forces in Kosovo are making preparations to withdraw from the Yugoslav province. There are no signs that the troops have begun moving or assembling for a pullout.

#### Theaters Ask for ID

President Clinton challenged the movie industry to enforce the rating system more strictly. The National Association of Theaters will be adopting a new policy requiring youths unaccompanied by an adult to produce a photo ID before being admitted to R-rated films. They represent about 20,000 screens - 65 percent of the motion picture screens in the United States.

#### Summer Flights Discounted

Ticket prices for off-peak summer travel were slashed 25 percent by United Airlines, Delta Air Lines, Continental Airlines and Northwest Airlines were among the first to slash the United promotion on domestic and international travel.

#### Burnside Bridge to Close

The Burnside Bridge will close to river traffic for two events in June. The bridge will close from 9 AM to 2 PM on Saturday, June 12 for the Portland Rose Festival Grand Floral Parade. On Sunday, June 27 the bridge will close from 6 AM to 8:15 AM for the 6th annual River City Distance Classic.

#### Overtime Law

Up to five-thousand employees of the State of Oregon may be in line for a larger paycheck. The Oregon Court of Appeals has ruled the state must pay several million dollars in overtime to salaried employees and managers. The decision involves people working for the state between 1995 and 1997 and a new overtime law enacted by the legislature in 1995.

#### Gun Safety Courses

Oregon children in grades K-through-Six could soon be exposed to an NRA gun safety course in school. Oregon's House has passed legislation that would require school districts to acquire the "Eddie Eagle" gun safety course from the National Rifle Association. Supporters of the bill say the course could help save lives.

#### Light Rail Goes to Airport

Another expansion of the light rail system in the metro Portland area has been approved. The Federal Aviation Administration has O-K's plans by the Port of Portland to use passenger facility charges to help pay for the five-mile extension of the light rail from the Gateway district to the airport terminal. The money will be used to pay for bonds sold for the project.

NATURE'S NORTHWEST announced the opening of its newest store at 3535 NE 15th. The Fremont Nature's opened June 22, 1999, and will be open everyday from 8 A.M. to 10 P.M.

A benefit bar-b-que will be held during the opening weekend, June 26 & 27, noon to 5 P.M., to raise funds for Self Enhancement incorporated, dedicated to helping inner-city youth realize their full potential by providing opportunities for personal and academic success.

Additionally, a percentage of proceeds from Nature's Last Wednesday program for both June and July will benefit the Multnomah County Library Summer Reading Program. More than 20,000 youth participate in the program, which encourages them to sharpen their literacy skills through a variety of fun activities and incentives.

The new Fremont Nature's encompasses

34,000 sq. feet and offers expanded off-street parking, as well as additional products and services not available before at the former location, 3449 NE 24th Avenue, which has been a part of the Fremont neighborhood for nearly two decades.

The new Nature's Marketplace on Fremont offers an innovative mix of goods and services, including a day spa salon; a pharmacy with a consulting pharmacist and a naturopath; a Salfcare center offering exercise and menu consultation; a Café; an information resource center with free Internet access; and one of the largest selections of natural and specialty foods in the region.

Nature's mission is to help people enjoy healthful eating; to live more lightly on the earth by finding quality and satisfaction in everyday living; and to vote with their purchase for socially and environmentally responsible food production and distribution.

needs of our customers.

#### Café

Our Café includes a salad bar, pizza oven, panini sandwiches, all of your favorite Nature's Salads and hot dishes. Plus, in our "What's for Dinner" area we have the answer to that question with a complete selection of hot dishes, rotisserie chicken, side dishes, fresh bread and more.

#### Beverage Bar

Our beverage bar serves fresh juices, coffee drinks and tea.

#### Nature's Hearth Bakery

Our Hearth bakery bakes fresh bread every day using organic ingredients and a European style of baking. The European oven conducts heat through brick instead of metal, allowing the bread to be baked to perfection with a crusty outside and spongy inside. Our bakers bake specialty breads as well as traditional varieties.

#### Produce

Nature's is famous for our produce. We carry the largest selection of organic and specialty produce in the Northwest. Our produce buyer searches the world as well as our own backyard for produce that meets our product standards and fills the shopping

Our Pharmacy has a registered pharmacist to fill all of your medical prescriptions like insulin, antibiotics, birth control pills, cough syrup and more. We also have a Naturopathic Doctor available to help with alternative health care solutions and prescriptions.

#### Nutrition

In our nutrition department we have vitamins, supplements and herbs to support living well as well as a very knowledgeable staff to assist you.

#### Body Care

Our body care department features a fresh face food bar with masks and washes made from natural ingredients. You choose the perfect mask for your skin type. We also carry a broad assortment of natural body care products, including cosmetics.

Continued on Focus page 8



Nature's Northwest opened its newest store at 3535 NE 15th opened June 22., Photo by M. Washington

## Coalition of Black Men Joined by Urban League and Bridge Builders for Annual Golf Tourney

The Coalition of Black Men announced it will hold its Eighth Annual Golf Tournament and Awards Dinner on Monday, August 30, 1999 at Columbia Edgewater Country Club, one of Oregon's premier courses. This year, the Urban League of Portland joins the Coalition and the Bridge Builders Program in sponsoring the event. Proceeds from the fundraiser will financially support the Coalition of Black Men and Urban League, and the scholarship fund of Bridge Builders.

"The Coalition's golf tournament seeks contributions from individuals and businesses while promoting fellowship, sportsmanship, and competition," said Bruce Watts, Executive Director of the Coalition. "We also promise everyone a lot of fun."

The growing list of sponsors for the event includes US West Communications, Washington Mutual Bank, Eli Lilly, American Airlines, Ramussen BMW, KOIN-TV, Oregon State Lottery, Albina Community Bank, Honeybake Ham, Bonjour Travel, Total Service Solutions, and Gresham Nissan & Dodge. In addition, African-American businessman James Winters, president of United Energy, Inc., will participate as a corporate sponsor. Winters was instrumental in moving the tournament to Columbia Edgewater this year.

Columbia Edgewater is rated as "one of the top 10 courses in the U.S." Golf

Digest Magazine. The course is also Oregon's home to the LPGA Tournament. With its bunkers and water traps coming into play on many holes, Columbia Edgewater offers golfers at all skill levels a significant challenge.

The Coalition of Black Men was founded in 1988 as a community-based, nonpolitical organization whose mission is to "improve the quality of life for African-Americans and the overall community. The group seeks to accomplish this through "advocacy, empowerment, social education, and economic programs that inspire youth, family and institutions."

Since 1945, the Urban League of Portland has worked to improve conditions for the poor and disenfranchised in the communities it serves. Also a community-based organization, the Urban League maintains services and programs for youths, families, students, job seekers and seniors in the Portland Metro area. The Urban League is home to Multnomah County's Northeast Family Center, Northeast Senior Services Center, and the Northeast One-Stop Career Center.

The Bridge Builders Program was started in 1996 to offer young African-American men guidance and encouragement that would lead them to make the right choices to meet the high expectations of their community. In the first year, Bridge Builders enrolled 125 students into the program. Young men are taught to

become whole - scholastically, spiritually, and culturally - and to recognize the benefits of community service and academic achievement.

One highlight of the Coalition's annual tournament is the prizes. This year, there are four holes-in-one contest. Players have a chance to win \$10,000 or one of three new cars. Auction items include roundtrip airline tickets, several getaway vacations, and two special golf trips to France. Prizes also will be awarded for longest drive, straightest drive, closest to the hole; there's also a putting contest. Trophies will be presented for first, second and third place finishers in the adult team challenges, and youth division categories.

The entry fee for adults is \$175. The cost includes fees for 18 holes, golf cart, and dinner. Tickets to the Award Dinner can be purchased separately for \$25. Youth players, ages 14 to 18 with an intermediate to advance skill level, are invited to play. The cost is \$125; includes green fees, cart and dinner. On tournament day, registration begins at 11 am and tee off is at 12 noon from a shotgun start.

The tournament is limited to the first 144 adult golfers who register. Twenty-four youth, ages 14 to 18, with intermediate to advance skill, are also eligible to play in the tournament.

The evening's celebration begins at 5:30 p.m. with a happy hour reception



James Winters II

featuring live music. The music Award Dinner & Auction follow at 7 p.m. KOIN-TV newsman Ken Bodie will serve as master of ceremonies. Several fabulous door prizes can be won at the dinner.

For more information, or for advance registration, call the Coalition of Black Men at (503) 286-2188.